

Need another word that means the same as “grinding”? Find 26 synonyms and 30 related words for “grinding” in this overview.

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The synonyms of “Grinding” are: overwhelming, overpowering, hard to bear, unbearable, burdensome, unendurable, intolerable, heavy, grating, jarring, rasping, raspy, strident, raucous, brassy, jangling, metallic, discordant, dissonant, disagreeable, unharmonious, cacophonous, unmelodious, abrasion, attrition, detrition

Grinding as a Noun

Definitions of "Grinding" as a noun

According to the [Oxford Dictionary of English](#), “grinding” as a noun can have the following definitions:

- *Material resulting from the process of grinding.*
- *The reduction of something to small particles or powder by crushing it.*
- *The wearing down of rock particles by friction due to water or wind or ice.*
- *The action of rubbing things together gratingly.*
- *A harsh and strident sound (as of the grinding of gears).*



Synonyms of "Grinding" as a noun (3 Words)

abrasion An area damaged by scraping or wearing away.
*The metal is resistant to **abrasion**.*

attrition The gradual reduction of a workforce by employees leaving and not being replaced rather than by redundancy.
*The council is trying to wear down the opposition by **attrition**.*

detrition Effort expended in moving one object over another with pressure.



Usage Examples of "Grinding" as a noun

- *Vegetable grindings clogged the drain.*
- *Crush it and add it to the honey with a grinding of pepper and salt.*
- *The roasting and grinding of grain, usually barley, for use in brewing.*
- *It's a question that has caused much grinding of teeth among scientists and medics over the last 50 years.*

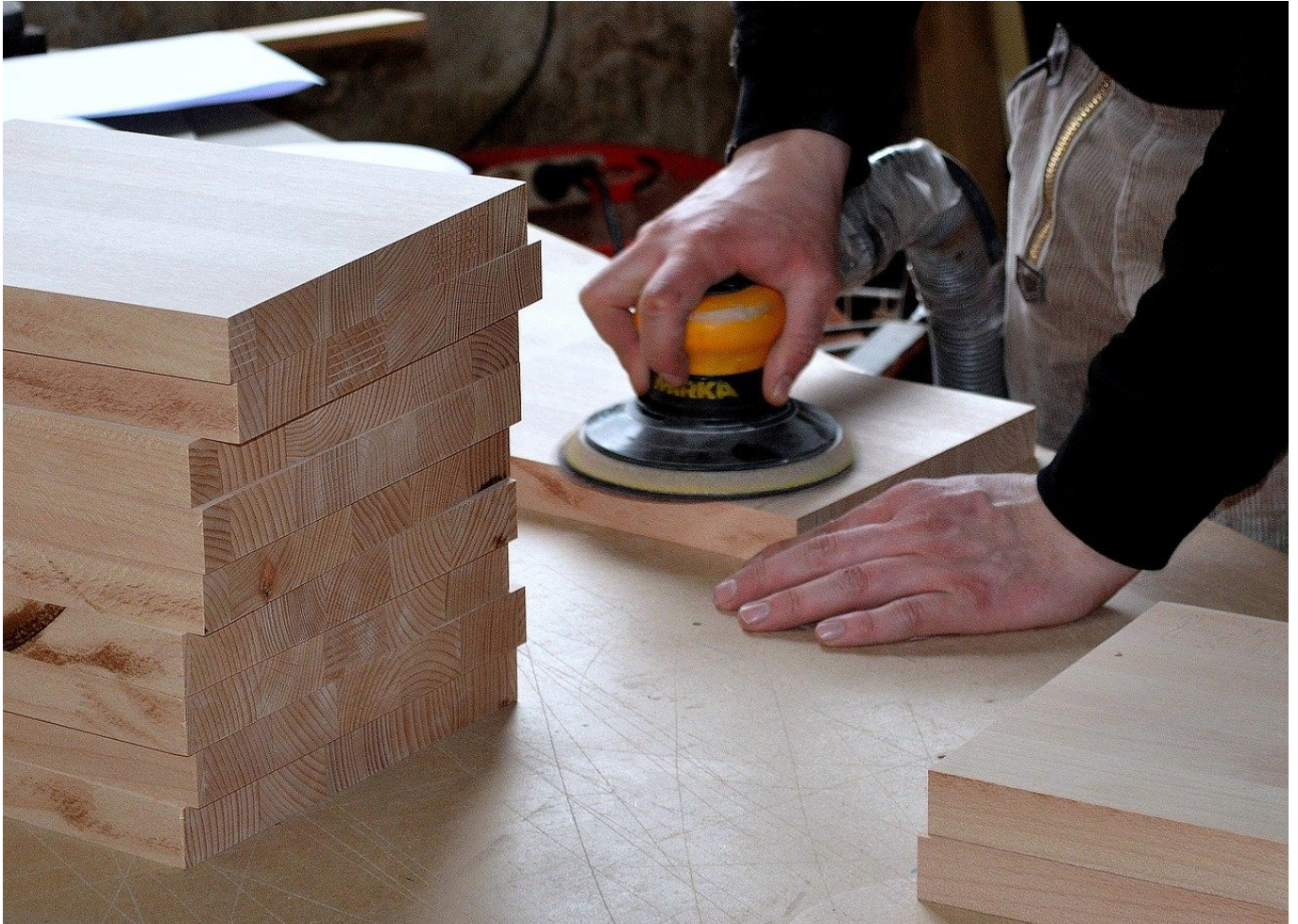


Grinding as an Adjective

Definitions of "Grinding" as an adjective

According to the [Oxford Dictionary of English](#), "grinding" as an adjective can have the following definitions:

- *(of a sound or movement) harsh and grating.*
- *(of a difficult situation) oppressive and seemingly without end.*



Synonyms of "Grinding" as an adjective (23 Words)

- brassy** Unrestrained by convention or propriety- Los Angeles Times.
*Audience members are tapping their feet to the **brassy** music of the band.*
- burdensome** Difficult to carry out or fulfil; taxing.
*Bureaucratically **burdensome** assessment procedures.*
- cacophonous** Having an unpleasant sound.
*The **cacophonous** sound of slot machines.*
- disagreeable** Unfriendly and bad-tempered.
*Found the task **disagreeable** and decided to abandon it.*
- discordant** Characterized by conflict.
*A study of children in **discordant** homes.*
- dissonant** Lacking harmony.
*Jackson employs both harmonious and **dissonant** colour choices.*

grating	Unpleasantly harsh or grating in sound. <i>The continual praise of the good old days can become grating.</i>
hard to bear	Unfortunate or hard to bear.
heavy	Large and powerful especially designed for heavy loads or rough work. A heavy sky.
intolerable	Unable to be endured. <i>The intolerable pressures of his work.</i>
jangling	Like the discordant ringing of nonmusical metallic objects striking together. <i>Cowboys with jangling spurs.</i>
jarring	Causing a physical shock, jolt, or vibration. <i>The jarring noise of the iron gate scraping on the sidewalk.</i>
metallic	(of sound) resembling that produced by metal objects striking each other; sharp and ringing. <i>Metallic alloys.</i>
overpowering	Extremely strong or intense; overwhelming. <i>A feeling of overpowering sadness.</i>
overwhelming	(especially of an emotion) very strong. <i>Overwhelming joy.</i>
rasping	Harsh-sounding and unpleasant; grating. <i>His cracked rasping voice narrates the story.</i>
raspy	Unpleasantly harsh or grating in sound. <i>A persistent raspy cough.</i>
raucous	Disturbing the public peace; loud and rough. <i>Raucous youths.</i>
strident	(of a sound) loud and harsh; grating. <i>His voice had become increasingly strident.</i>
unbearable	Not able to be endured or tolerated. <i>The heat was getting unbearable.</i>
unendurable	Incapable of being tolerated or endured. <i>Cries of unendurable suffering.</i>
unharmonious	Not harmonious. <i>The unharmonious noise of town life.</i>
unmelodious	Lacking melody. <i>An unmelodious chorus of horns.</i>



Usage Examples of "Grinding" as an adjective

- *Grinding poverty.*
- *The grinding roar of the lorries.*



Associations of "Grinding" (30 Words)

- boundless** Seemingly boundless in amount number degree or especially extent.
*Children with **boundless** energy.*
- ceaseless** Constant and unending.
*The fort was subjected to **ceaseless** bombardment.*
- changeless** Unvarying in nature.
***Changeless** truths.*
- constant** Occurring continuously over a period of time.
*In **constant** pain.*
- continually** Seemingly without interruption.
*I was **continually** moving around.*
- continue** Continue after an interruption.
*The bad weather **continued** for two more weeks.*

continuous	Continuing in time or space without interruption. <i>A continuous bout of illness lasting six months.</i>
continuously	At every point. <i>Their performance has continuously improved.</i>
endless	Having or seeming to have no end or limit. <i>An endless conversation.</i>
enduring	Patiently bearing continual wrongs or trouble. <i>An enduring disposition.</i>
eternal	Used to refer to an everlasting or universal spirit, as represented by God. <i>She is an eternal optimist.</i>
eternity	Infinite or unending time. <i>Immortal souls destined for eternity.</i>
ever	At all times all the time and on every occasion. <i>They lived happily ever after.</i>
everlasting	Continuing forever or indefinitely. <i>An everlasting reminder of this evening.</i>
forever	Without interruption. <i>These puppies need a forever home.</i>
immortal	An immortal being especially a god of ancient Greece or Rome. <i>The immortal children's classic <i>The Wind in the Willows</i>.</i>
incessant	(of something regarded as unpleasant) continuing without pause or interruption. <i>Night and day we live with the incessant noise of the city.</i>
incessantly	With unflagging resolve. <i>She talked about him incessantly.</i>
infinite	A space or quantity that is infinite. <i>He bathed the wound with infinite care.</i>
interminable	Tiresomely long; seemingly without end. <i>An interminable sermon.</i>
limitless	Seemingly boundless in amount, number, degree, or especially extent. <i>The limitless reaches of outer space.</i>
permanent	Lasting or continuing without interruption. <i>A permanent ban on the dumping of radioactive waste at sea.</i>
perpetual	Continuing forever or indefinitely. <i>He grows perpetual flowering carnations.</i>
perpetuity	A bond or other security with no fixed maturity date. <i>He did not believe in the perpetuity of military rule.</i>

- timeless** Unaffected by time.
*Helen s **timeless** beauty.*
- unceasing** Uninterrupted in time and indefinitely long continuing.
*The **unceasing** efforts of the staff.*
- unceasingly** With unflagging resolve.
- unchecked** Not examined or checked.
*Prices rose **unchecked** hitting the poor worst of all.*
- undying** (especially of an emotion) lasting forever.
*Promises of **undying** love.*
- unlimited** Not limited or restricted in terms of number, quantity, or extent.
*Offshore reserves of gas and oil are not **unlimited**.*

