

Need another word that means the same as “grueling”? Find 9 synonyms and 30 related words for “grueling” in this overview.

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The synonyms of “Grueling” are: arduous, backbreaking, gruelling, hard, heavy, laborious, operose, punishing, toilsome

Grueling as an Adjective

Definitions of "Grueling" as an adjective

According to the [Oxford Dictionary of English](#), “grueling” as an adjective can have the following definitions:

- *Characterized by effort to the point of exhaustion; especially physical effort.*



Synonyms of "Grueling" as an adjective (9 Words)

arduous	Involving or requiring strenuous effort; difficult and tiring. <i>Worked their arduous way up the mining valley.</i>
backbreaking	Characterized by effort to the point of exhaustion; especially physical effort.
gruelling	Extremely tiring and demanding. <i>A gruelling schedule.</i>
hard	Unfortunate or hard to bear. <i>Efforts to turn psychology into hard science.</i>
heavy	Large and powerful especially designed for heavy loads or rough work. <i>Branches heavy with blossoms.</i>
laborious	Requiring considerable time and effort. <i>Spent many laborious hours on the project.</i>
operose	Characterized by effort to the point of exhaustion; especially physical effort.

punishing

Physically and mentally demanding; arduous.

*The recession was having a **punishing** effect on our business.*

toilsome

Characterized by effort to the point of exhaustion; especially physical effort.

***Toilsome** chores.*



Usage Examples of "Grueling" as an adjective

- *A grueling campaign.*



Associations of "Grueling" (30 Words)

- arduous** Taxing to the utmost; testing powers of endurance- F.D.Roosevelt.
*The **arduous** work of preparing a dictionary.*
- backbreaking** Characterized by effort to the point of exhaustion; especially physical effort.
- bored** Uninterested because of frequent exposure or indulgence.
*John was soon **bored** to tears with the work.*
- burden** A duty or misfortune that causes worry, hardship, or distress.
*They were not yet **burdened** with adult responsibility.*
- burdensome** Not easily borne; wearing.
*The **burdensome** responsibilities of professional life.*
- cumbersome** Large or heavy and therefore difficult to carry or use; unwieldy.
*Organizations with **cumbersome** hierarchical structures.*

debilitating	Impairing the strength and vitality. <i>Debilitating back pain.</i>
demanding	(of a task) requiring much skill or effort. <i>He was a demanding baby and rarely slept through the night.</i>
difficult	Not easy; requiring great physical or mental effort to accomplish or comprehend or endure. <i>A difficult economic climate.</i>
draining	Having a debilitating effect.
effort	The result of an attempt. <i>Achieving independence requires some effort and self discipline.</i>
exacting	Having complicated nutritional requirements; especially growing only in special artificial cultures. <i>Certain highly specialized xerophytes are extremely exacting in their requirements.</i>
exhausting	Producing exhaustion. <i>An exhausting march.</i>
hard	Causing great damage or hardship. <i>He d been a hard worker all his life.</i>
heavy	Large and powerful especially designed for heavy loads or rough work. <i>A heavy truck.</i>
labored	Lacking natural ease. <i>The subject made for labored reading.</i>
laborious	Characterized by effort to the point of exhaustion; especially physical effort. <i>Years of laborious training.</i>
leaden	Of the colour of lead; dull grey. <i>A leaden conversation.</i>
onerous	Not easily borne; wearing. <i>My duties weren t onerous I only had to greet the guests.</i>
onus	An onerous or difficult concern. <i>The onus is on you to show that you have suffered loss.</i>
overtax	Make excessive demands on (a person's strength, abilities, etc). <i>The UK is not overtaxed compared to other countries.</i>
physical	Impelled by physical force especially against resistance. <i>A reflex response to physical stimuli.</i>

strenuous	Characterized by or performed with much energy or force. <i>The government made strenuous efforts to upgrade the quality of the teaching profession.</i>
taxing	Not easily borne; wearing. <i>A taxing schedule.</i>
tedious	So lacking in interest as to cause mental weariness. <i>A tedious journey.</i>
tiring	Producing exhaustion. <i>It had been a tiring day.</i>
toilsome	Characterized by effort to the point of exhaustion; especially physical effort. <i>Toilsome chores.</i>
trek	Fish using a trek net. <i>A trek to the South Pole.</i>
troublesome	Difficult to deal with. <i>A troublesome infection.</i>
wearing	The mechanical process of wearing or grinding something down as by particles washing over it. <i>A plan of action will make the whole event a less wearing experience.</i>