

Need another word that means the same as “grueling”? Find 9 synonyms and 30 related words for “grueling” in this overview.

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**The synonyms of “Grueling” are: arduous, backbreaking, gruelling, hard, heavy, laborious, operose, punishing, toilsome**

## **Grueling as an Adjective**

### **Definitions of "Grueling" as an adjective**

According to the [Oxford Dictionary of English](#), “grueling” as an adjective can have the following definitions:

- *Characterized by effort to the point of exhaustion; especially physical effort.*



## Synonyms of "Grueling" as an adjective (9 Words)

<b><u>arduous</u></b>	Involving or requiring strenuous effort; difficult and tiring. <i>Worked their <b>arduous</b> way up the mining valley.</i>
<b>backbreaking</b>	Characterized by effort to the point of exhaustion; especially physical effort.
<b>gruelling</b>	Extremely tiring and demanding. <i>A <b>gruelling</b> schedule.</i>
<b>hard</b>	Unfortunate or hard to bear. <i>Efforts to turn psychology into <b>hard</b> science.</i>
<b>heavy</b>	Large and powerful especially designed for heavy loads or rough work. <i>Branches <b>heavy</b> with blossoms.</i>
<b>laborious</b>	Requiring considerable time and effort. <i>Spent many <b>laborious</b> hours on the project.</i>
<b>operose</b>	Characterized by effort to the point of exhaustion; especially physical effort.

**punishing**

Physically and mentally demanding; arduous.

*The recession was having a **punishing** effect on our business.*

**toilsome**

Characterized by effort to the point of exhaustion; especially physical effort.

***Toilsome** chores.*



**Usage Examples of "Grueling" as an adjective**

- *A grueling campaign.*



## Associations of "Grueling" (30 Words)

- arduous** Taxing to the utmost; testing powers of endurance- F.D.Roosevelt.  
*The **arduous** work of preparing a dictionary.*
- backbreaking** Characterized by effort to the point of exhaustion; especially physical effort.
- bored** Uninterested because of frequent exposure or indulgence.  
*John was soon **bored** to tears with the work.*
- burden** A duty or misfortune that causes worry, hardship, or distress.  
*They were not yet **burdened** with adult responsibility.*
- burdensome** Not easily borne; wearing.  
*The **burdensome** responsibilities of professional life.*
- cumbersome** Large or heavy and therefore difficult to carry or use; unwieldy.  
*Organizations with **cumbersome** hierarchical structures.*

<b>debilitating</b>	Impairing the strength and vitality. <i><b>Debilitating</b> back pain.</i>
<b>demanding</b>	(of a task) requiring much skill or effort. <i>He was a <b>demanding</b> baby and rarely slept through the night.</i>
<b>difficult</b>	Not easy; requiring great physical or mental effort to accomplish or comprehend or endure. <i>A <b>difficult</b> economic climate.</i>
<b>draining</b>	Having a debilitating effect.
<b>effort</b>	The result of an attempt. <i>Achieving independence requires some <b>effort</b> and self discipline.</i>
<b>exacting</b>	Having complicated nutritional requirements; especially growing only in special artificial cultures. <i>Certain highly specialized xerophytes are extremely <b>exacting</b> in their requirements.</i>
<b>exhausting</b>	Producing exhaustion. <i>An <b>exhausting</b> march.</i>
<b>hard</b>	Causing great damage or hardship. <i>He d been a <b>hard</b> worker all his life.</i>
<b>heavy</b>	Large and powerful especially designed for heavy loads or rough work. <i>A <b>heavy</b> truck.</i>
<b>labored</b>	Lacking natural ease. <i>The subject made for <b>labored</b> reading.</i>
<b>laborious</b>	Characterized by effort to the point of exhaustion; especially physical effort. <i>Years of <b>laborious</b> training.</i>
<b>leaden</b>	Of the colour of lead; dull grey. <i>A <b>leaden</b> conversation.</i>
<b>onerous</b>	Not easily borne; wearing. <i>My duties weren t <b>onerous</b> I only had to greet the guests.</i>
<b>onus</b>	An onerous or difficult concern. <i>The <b>onus</b> is on you to show that you have suffered loss.</i>
<b>overtax</b>	Make excessive demands on (a person's strength, abilities, etc). <i>The UK is not <b>overtaxed</b> compared to other countries.</i>
<b>physical</b>	Impelled by physical force especially against resistance. <i>A reflex response to <b>physical</b> stimuli.</i>

<b>strenuous</b>	Characterized by or performed with much energy or force. <i>The government made <b>strenuous</b> efforts to upgrade the quality of the teaching profession.</i>
<b>taxing</b>	Not easily borne; wearing. <i>A <b>taxing</b> schedule.</i>
<b>tedious</b>	So lacking in interest as to cause mental weariness. <i>A <b>tedious</b> journey.</i>
<b>tiring</b>	Producing exhaustion. <i>It had been a <b>tiring</b> day.</i>
<b>toilsome</b>	Characterized by effort to the point of exhaustion; especially physical effort. <i><b>Toilsome</b> chores.</i>
<b>trek</b>	Fish using a trek net. <i>A <b>trek</b> to the South Pole.</i>
<b>troublesome</b>	Difficult to deal with. <i>A <b>troublesome</b> infection.</i>
<b>wearing</b>	The mechanical process of wearing or grinding something down as by particles washing over it. <i>A plan of action will make the whole event a less <b>wearing</b> experience.</i>