

hamstrung

The past tense of hamstring is hamstrung

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The Forms of Hamstring

Infinitive	to hamstring
Present Tense	hamstring / hamstrings
Past Tense	hamstrung
Present Participle	hamstringing
Past Participle	hamstrung

Conjugate Hamstring

Hamstring in Present Simple (Indefinite) Tense

Singular

Plural

I **hamstring** We **hamstring**
You **hamstring** You **hamstring**
He/She/It **hamstrings** They **hamstring**

Hamstring in Present Continuous (Progressive) Tense

Singular

Plural

I **am hamstringing** We **are hamstringing**
You **are hamstringing** You **are hamstringing**
He/She/It **is hamstringing** They **are hamstringing**

Hamstring in Present Perfect Tense

Singular

Plural

I **have hamstrung** We **have hamstrung**
You **have hamstrung** You **have hamstrung**
He/She/It **has hamstrung** They **have hamstrung**

Hamstring in Present Perfect Continuous Tense

Singular

Plural

I **have been hamstringing** We **have been hamstringing**
You **have been hamstringing** You **have been hamstringing**
He/She/It **has been hamstringing** They **have been hamstringing**

Hamstring in Past Simple (Indefinite) Tense

Singular

Plural

I **hamstrung** We **hamstrung**
You **hamstrung** You **hamstrung**
He/She/It **hamstrung** They **hamstrung**

Hamstring in Past Continuous (Progressive) Tense

Singular

Plural

I was hamstringing

We were hamstringing

You were hamstringing

You were hamstringing

He/She/It was hamstringing **They were hamstringing**

Hamstring in Past Perfect Tense

Singular

Plural

I had hamstrung

We had hamstrung

You had hamstrung

You had hamstrung

He/She/It had hamstrung **They had hamstrung**

Hamstring in Past Perfect Continuous Tense

Singular

Plural

I had been hamstringing

We had been hamstringing

You had been hamstringing

You had been hamstringing

He/She/It had been hamstringing **They had been hamstringing**

Hamstring in Future Simple (Indefinite) Tense

Singular

Plural

I will hamstring

We will hamstring

You will hamstring

You will hamstring

He/She/It will hamstring **They will hamstring**

Hamstring in Future Continuous (Progressive) Tense

Singular

Plural

I will be hamstringing

We will be hamstringing

You will be hamstringing

You will be hamstringing

He/She/It will be hamstringing **They will be hamstringing**

Hamstring in Future Perfect Tense

Singular

Plural

I will have hamstrung	We will have hamstrung
You will have hamstrung	You will have hamstrung
He/She/It will have hamstrung	They will have hamstrung

Hamstring in Future Perfect Continuous Tense

Singular

Plural

I will have been hamstringing	We will have been hamstringing
You will have been hamstringing	You will have been hamstringing
He/She/It will have been hamstringing	They will have been hamstringing