

Need another word that means the same as “heartbreak”? Find 25 synonyms for “heartbreak” in this overview.

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**The synonyms of “Heartbreak” are: brokenheartedness, grief, heartache, distress, suffering, unhappiness, misery, sorrow, sadness, anguish, trauma, pain, hurt, agony, angst, wretchedness, bitterness, despondency, despair, woe, dejection, devastation, desolation, torment, torture**

## Heartbreak as a Noun

### Definitions of "Heartbreak" as a noun

According to the [Oxford Dictionary of English](#), “heartbreak” as a noun can have the following definitions:

- *Overwhelming distress.*
- *Intense sorrow caused by loss of a loved one (especially by death).*



## Synonyms of "Heartbreak" as a noun (25 Words)

### agony

Intense feelings of suffering; acute mental or physical pain.  
*His last **agony**.*

### angst

An acute but unspecific feeling of anxiety; usually reserved for philosophical anxiety about the world or about personal freedom.  
*Rock and pop have a tradition of celebrating adolescent **angst**.*

### anguish

Extreme mental distress.  
*She shut her eyes in **anguish**.*

### **bitterness**

The property of having a harsh unpleasant taste.  
*He expressed **bitterness** over his dismissal without notice.*

**brokenheartedness** Intense sorrow caused by loss of a loved one (especially by death).

### dejection

A sad and depressed state; low spirits.  
*He was slumped in deep **dejection**.*

### desolation

A bleak and desolate atmosphere.  
*In choked **desolation** she watched him leave.*

<b>despair</b>	A state in which all hope is lost or absent. <i>In <b>despair</b> I hit the bottle.</i>
<b>despondency</b>	Feeling downcast and disheartened and hopeless. <i>An air of <b>despondency</b>.</i>
<b>devastation</b>	The feeling of being confounded or overwhelmed. <i>The floods caused widespread <b>devastation</b>.</i>
<b>distress</b>	The seizure and holding of property as security for payment of a debt or satisfaction of a claim. <i>A ship in <b>distress</b>.</i>
<a href="#"><u><b>grief</b></u></a>	Intense sorrow caused by loss of a loved one (especially by death). <i>She was overcome with <b>grief</b>.</i>
<b>heartache</b>	Emotional anguish or grief, typically caused by the loss or absence of someone loved. <i>A good friend understands your <b>heartaches</b> as well as your joys.</i>
<b>hurt</b>	The act of damaging something or someone. <i>Rolling properly into a fall minimizes <b>hurt</b>.</i>
<a href="#"><u><b>misery</b></u></a>	A state of ill-being due to affliction or misfortune. <i>A man who had brought her nothing but <b>misery</b>.</i>
<b>pain</b>	An annoying or tedious person or thing. <i>It's not a huge problem just a bit of a <b>pain</b>.</i>
<b>sadness</b>	The quality of excessive mournfulness and uncheerfulness. <i>She tired of his perpetual <b>sadness</b>.</i>
<a href="#"><u><b>sorrow</b></u></a>	An event or circumstance that causes sorrow. <i>It was a great <b>sorrow</b> to her when they separated.</i>
<b>suffering</b>	Psychological suffering. <i>Weapons that cause unnecessary <b>suffering</b>.</i>
<b>torment</b>	A feeling of intense annoyance caused by being tormented. <i>So great was his harassment that he wanted to destroy his <b>tormentors</b>.</i>
<a href="#"><u><b>torture</b></u></a>	Unbearable physical pain. <i>The <b>torture</b> I've gone through because of loving you so.</i>
<a href="#"><u><b>trauma</b></u></a>	Emotional shock following a stressful event or a physical injury, which may lead to long-term neurosis. <i>Rupture of the diaphragm caused by blunt <b>trauma</b>.</i>
<b>unhappiness</b>	Emotions experienced when not in a state of well-being. <i>Residents expressed their <b>unhappiness</b> at the council's decision.</i>



**woe**

Things that cause sorrow or distress; troubles.

*The Everton tale of **woe** continued.*

**wretchedness**

The character of being uncomfortable and unpleasant.

*The misery and **wretchedness** of those slums is intolerable.*



## Usage Examples of "Heartbreak" as a noun

- *An unforgettable tale of joy and heartbreak.*



