

Need another word that means the same as “heartbreaking”? Find 12 synonyms for “heartbreaking” in this overview.

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The synonyms of “Heartbreaking” are: grievous, heartrending, distressing, upsetting, disturbing, sad, tragic, painful, traumatic, agonizing, harrowing, excruciating

Heartbreaking as an Adjective

Definitions of "Heartbreaking" as an adjective

According to the [Oxford Dictionary of English](#), “heartbreaking” as an adjective can have the following definitions:

- *Causing overwhelming distress; very upsetting.*
- *Causing or marked by grief or anguish.*



Synonyms of "Heartbreaking" as an adjective (12 Words)

agonizing	Extremely painful. <i>There is an agonizing choice to make.</i>
distressing	Causing distress or worry or anxiety. <i>Distressing or disturbing news.</i>
disturbing	Causing anxiety; worrying. <i>Disturbing unemployment figures.</i>
excruciating	Very embarrassing, awkward, or tedious. <i>Excruciating back pain.</i>
grievous	Of great gravity or crucial import; requiring serious thought. <i>His death was a grievous blow.</i>
harrowing	Acutely distressing. <i>It was a harrowing experience.</i>

heartrending	Causing or marked by grief or anguish. <i>The heartrending words of Rabin's granddaughter.</i>
<u>painful</u>	Causing physical or psychological pain. <i>Her ankle was very painful.</i>
sad	Of things that make you feel sad. Christina Rossetti. <i>She doesn't like sad movies.</i>
<u>tragic</u>	Very sad; especially involving grief or death or destruction. <i>The tragic parents reached the end of their tether.</i>
<u>traumatic</u>	Deeply disturbing or distressing. <i>She was going through a traumatic divorce.</i>
upsetting	Causing an emotional disturbance. <i>A painful and upsetting divorce.</i>



Usage Examples of "Heartbreaking" as an adjective

- *Her sigh was heartbreaking.*
- *It would be heartbreaking to see it all collapse.*

