

Need another word that means the same as “held back”? Find 30 related words for “held back” in this overview.

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## Associations of "Held back" (30 Words)

<a href="#">anachronism</a>	A thing belonging or appropriate to a period other than that in which it exists, especially a thing that is conspicuously old-fashioned. <i>The town is a throwback to medieval times an <b>anachronism</b> that has survived the passing years.</i>
<b>backslide</b>	Relapse into bad ways or error. <i>There are many things that can cause slimmers to <b>backslide</b>.</i>
<b>backward</b>	In a manner or order or direction the reverse of normal. <i><b>Backward</b> square leg.</i>
<b>backwards</b>	Towards or into a worse state. <i>Count <b>backwards</b> from twenty to ten.</i>
<b>behind</b>	A kick that sends the ball over a behind line or a touch that sends it between the inner posts scoring one point. <i>Don t leave me <b>behind</b>.</i>
<b>degeneracy</b>	The state of being degenerate in mental or moral qualities. <i>A slide into moral <b>degeneracy</b>.</i>
<b>degeneration</b>	Deterioration and loss of function in the cells of a tissue or organ. <i><b>Degeneration</b> of the muscle fibres.</i>
<b>discontinuity</b>	Lack of connection or continuity. <i>There is no significant <b>discontinuity</b> between modern and primitive societies.</i>
<a href="#">grab</a>	Make a grasping or snatching motion with the hand. <i>She <b>grabbed</b> her keys and rushed out.</i>
<b>inverse</b>	Something that is the opposite or reverse of something else. <i><b>Inverse</b> logarithms.</i>
<b>obtain</b>	Receive a specified treatment (abstract). <i>The price of silver fell to that <b>obtaining</b> elsewhere in the ancient world.</i>
<b>posthumous</b>	(of a child) born after the death of its father. <i>A <b>posthumous</b> collection of his articles.</i>

<b>regain</b>	Reach (a place, position, or thing) again; get back to. <i>They were unable to <b>regain</b> their boats.</i>
<b>regress</b>	Calculate the coefficient or coefficients of regression of a variable against or on another variable. <i>I <b>regressed</b> Sylvia to early childhood.</i>
<b>regression</b>	An abnormal state in which development has stopped prematurely. <i>There was 46.7 per cent complete <b>regression</b> in the placebo group.</i>
<b>regressive</b>	(of a tax) taking a proportionally greater amount from those on lower incomes. <i>Indirect taxes are as a group <b>regressive</b>.</i>
<b>relapse</b>	Deteriorate in health. <i>He <b>relapsed</b>.</i>
<b>restitution</b>	The restoration of something to its original state. <i>The coefficient of <b>restitution</b>.</i>
<b>retention</b>	The continued possession, use, or control of something. <i>The children's <b>retention</b> of facts.</i>
<b>retreat</b>	Make a retreat from an earlier commitment or activity. <i>It becomes so hot that the lizards <b>retreat</b> into the shade.</i>
<b>retroactive</b>	Affecting things past. <i>A big <b>retroactive</b> tax increase.</i>
<b>retrograde</b>	Show retrograde motion. <i>The glacier <b>retrogrades</b>.</i>
<b>retrogression</b>	The process of returning to an earlier state, typically a worse one. <i>A <b>retrogression</b> to 19th century attitudes.</i>
<b>retrospect</b>	Contemplation of things past. <i>In <b>retrospect</b>.</i>
<b>retrospective</b>	Concerned with or related to the past. <i><b>Retrospective</b> self justification.</i>
<b>return</b>	The action of returning something. <i>It might be worth checking with the box office for <b>returns</b>.</i>
<b>reversion</b>	A property to which someone has the right of reversion. <i>The <b>reversion</b> of property.</i>
<b>revert</b>	Return to (a former or ancestral type). <i>He ignored her words by <b>reverting</b> to the former subject.</i>
<b>throwback</b>	Characteristic of an atavist. <i>The eyes could be an ancestral <b>throwback</b>.</i>