

helmed

The past tense of helm is helmed

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The Forms of Helm

Infinitive	to helm
Present Tense	helm / helms
Past Tense	helmed
Present Participle	helming
Past Participle	helmed

Conjugate Helm

Helm in Present Simple (Indefinite) Tense

Singular Plural

I **helm** We **helm**
You **helm** You **helm**
He/She/It **helms** They **helm**

Helm in Present Continuous (Progressive) Tense

Singular Plural

I **am helming** We **are helming**
You **are helming** You **are helming**
He/She/It **is helming** They **are helming**

Helm in Present Perfect Tense

Singular Plural

I **have helmed** We **have helmed**
You **have helmed** You **have helmed**
He/She/It **has helmed** They **have helmed**

Helm in Present Perfect Continuous Tense

Singular Plural

I **have been helming** We **have been helming**
You **have been helming** You **have been helming**
He/She/It **has been helming** They **have been helming**

Helm in Past Simple (Indefinite) Tense

Singular Plural

I **helmed** We **helmed**
You **helmed** You **helmed**
He/She/It **helmed** They **helmed**

Helm in Past Continuous (Progressive) Tense

Singular

Plural

I was helming We were helming
You were helming You were helming
He/She/It was helming They were helming

Helm in Past Perfect Tense

Singular

Plural

I had helmed We had helmed
You had helmed You had helmed
He/She/It had helmed They had helmed

Helm in Past Perfect Continuous Tense

Singular

Plural

I had been helming We had been helming
You had been helming You had been helming
He/She/It had been helming They had been helming

Helm in Future Simple (Indefinite) Tense

Singular

Plural

I will helm We will helm
You will helm You will helm
He/She/It will helm They will helm

Helm in Future Continuous (Progressive) Tense

Singular

Plural

I will be helming We will be helming
You will be helming You will be helming
He/She/It will be helming They will be helming

Helm in Future Perfect Tense

Singular

Plural

I will have helmed

We will have helmed

You will have helmed

You will have helmed

He/She/It will have helmed

They will have helmed

Helm in Future Perfect Continuous Tense

Singular

Plural

I will have been helming

We will have been helming

You will have been helming

You will have been helming

He/She/It will have been helming

They will have been helming