

# helped or (archaic) holp

**The past tense of help is helped or (archaic) holp**

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## The Forms of Help

Infinitive	<b>to help</b>
Present Tense	<b>help / helps</b>
Past Tense	<b>helped or (archaic) holp</b>
Present Participle	<b>helping</b>
Past Participle	<b>helped or (archaic) holpen</b>

## Conjugate Help

**Help in Present Simple (Indefinite) Tense**

**Singular      Plural**

I **help**                      We **help**  
You **help**                  You **help**  
He/She/It **helps**      They **help**

### **Help in Present Continuous (Progressive) Tense**

**Singular                      Plural**

I **am helping**              We **are helping**  
You **are helping**          You **are helping**  
He/She/It **is helping**      They **are helping**

### **Help in Present Perfect Tense**

**Singular**

**Plural**

I **have helped or (archaic) holpen**              We **have helped or (archaic) holpen**  
You **have helped or (archaic) holpen**          You **have helped or (archaic) holpen**  
He/She/It **has helped or (archaic) holpen**      They **have helped or (archaic) holpen**

### **Help in Present Perfect Continuous Tense**

**Singular**

**Plural**

I **have been helping**              We **have been helping**  
You **have been helping**          You **have been helping**  
He/She/It **has been helping**      They **have been helping**

### **Help in Past Simple (Indefinite) Tense**

**Singular**

**Plural**

I **helped or (archaic) holp**              We **helped or (archaic) holp**  
You **helped or (archaic) holp**          You **helped or (archaic) holp**  
He/She/It **helped or (archaic) holp**      They **helped or (archaic) holp**

### **Help in Past Continuous (Progressive) Tense**

**Singular**

**Plural**

I was helping                      We were helping  
You were helping                You were helping  
He/She/It was helping        They were helping

**Help in Past Perfect Tense**

**Singular**

**Plural**

I had helped or (archaic) holpen                      We had helped or (archaic) holpen  
You had helped or (archaic) holpen                You had helped or (archaic) holpen  
He/She/It had helped or (archaic) holpen        They had helped or (archaic) holpen

**Help in Past Perfect Continuous Tense**

**Singular**

**Plural**

I had been helping                      We had been helping  
You had been helping                You had been helping  
He/She/It had been helping        They had been helping

**Help in Future Simple (Indefinite) Tense**

**Singular**

**Plural**

I will help                      We will help  
You will help                You will help  
He/She/It will help        They will help

**Help in Future Continuous (Progressive) Tense**

**Singular**

**Plural**

I will be helping                      We will be helping  
You will be helping                You will be helping  
He/She/It will be helping        They will be helping

**Help in Future Perfect Tense**

**Singular**

**I will have helped or (archaic) holpen**  
**You will have helped or (archaic) holpen**  
**He/She/It will have helped or (archaic)**  
**holpen**

**Plural**

**We will have helped or (archaic) holpen**  
**You will have helped or (archaic) holpen**  
**They will have helped or (archaic)**  
**holpen**

**Help in Future Perfect Continuous Tense**

**Singular**

**I will have been helping**  
**You will have been helping**  
**He/She/It will have been helping**

**Plural**

**We will have been helping**  
**You will have been helping**  
**They will have been helping**