

helped or (archaic) holp

The past tense of help is helped or (archaic) holp

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The Forms of Help

Infinitive	to help
Present Tense	help / helps
Past Tense	helped or (archaic) holp
Present Participle	helping
Past Participle	helped or (archaic) holpen

Conjugate Help

Help in Present Simple (Indefinite) Tense

Singular Plural

I **help** We **help**
You **help** You **help**
He/She/It **helps** They **help**

Help in Present Continuous (Progressive) Tense

Singular Plural

I **am helping** We **are helping**
You **are helping** You **are helping**
He/She/It **is helping** They **are helping**

Help in Present Perfect Tense

Singular

Plural

I **have helped or (archaic) holpen** We **have helped or (archaic) holpen**
You **have helped or (archaic) holpen** You **have helped or (archaic) holpen**
He/She/It **has helped or (archaic) holpen** They **have helped or (archaic) holpen**

Help in Present Perfect Continuous Tense

Singular

Plural

I **have been helping** We **have been helping**
You **have been helping** You **have been helping**
He/She/It **has been helping** They **have been helping**

Help in Past Simple (Indefinite) Tense

Singular

Plural

I **helped or (archaic) holp** We **helped or (archaic) holp**
You **helped or (archaic) holp** You **helped or (archaic) holp**
He/She/It **helped or (archaic) holp** They **helped or (archaic) holp**

Help in Past Continuous (Progressive) Tense

Singular

Plural

I was helping We were helping
You were helping You were helping
He/She/It was helping They were helping

Help in Past Perfect Tense

Singular

Plural

I had helped or (archaic) holpen We had helped or (archaic) holpen
You had helped or (archaic) holpen You had helped or (archaic) holpen
He/She/It had helped or (archaic) holpen They had helped or (archaic) holpen

Help in Past Perfect Continuous Tense

Singular

Plural

I had been helping We had been helping
You had been helping You had been helping
He/She/It had been helping They had been helping

Help in Future Simple (Indefinite) Tense

Singular

Plural

I will help We will help
You will help You will help
He/She/It will help They will help

Help in Future Continuous (Progressive) Tense

Singular

Plural

I will be helping We will be helping
You will be helping You will be helping
He/She/It will be helping They will be helping

Help in Future Perfect Tense

Singular

I will have helped or (archaic) holpen
You will have helped or (archaic) holpen
He/She/It will have helped or (archaic)
holpen

Plural

We will have helped or (archaic) holpen
You will have helped or (archaic) holpen
They will have helped or (archaic)
holpen

Help in Future Perfect Continuous Tense

Singular

I will have been helping
You will have been helping
He/She/It will have been helping

Plural

We will have been helping
You will have been helping
They will have been helping