

Need another word that means the same as “helpless”? Find 9 synonyms and 30 related words for “helpless” in this overview.

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**The synonyms of “Helpless” are: incapacitated, lost, dependent, incapable, powerless, impotent, weak, weakly, feeble**

## Helpless as an Adjective

### Definitions of "Helpless" as an adjective

According to the [Oxford Dictionary of English](#), “helpless” as an adjective can have the following definitions:

- *Uncontrollable.*
- *Unable to defend oneself or to act without help.*
- *Unable to function; without help.*
- *Lacking in or deprived of strength or power.*
- *Unable to manage independently.*



## Synonyms of "Helpless" as an adjective (9 Words)

<b>dependent</b>	Requiring someone or something for financial or other support. <i>A <b>dependent</b> prince.</i>
<b>feeble</b>	Lacking strength of character. <i>A <b>feeble</b> old woman.</i>
<b>impotent</b>	(of a male animal) unable to copulate. <i>He was seized with an <b>impotent</b> anger.</i>
<b>incapable</b>	Lacking capacity or ability. <i><b>Incapable</b> of doing the work.</i>
<b>incapacitated</b>	Lacking in or deprived of strength or power. <i>Richard was temporarily <b>incapacitated</b>.</i>
<b>lost</b>	Having lost your bearings confused as to time or place or personal identity. <i>He turned up with my <b>lost</b> golf clubs.</i>
<b>powerless</b>	Lacking power. <i>Troops were <b>powerless</b> to stop last night s shooting.</i>

**weak**

Relating to or denoting the weakest of the known kinds of force between particles which acts only at distances less than about 10 cm is very much weaker than the electromagnetic and the strong interactions and conserves neither strangeness parity nor isospin.

*The new king used his powers to protect the **weak**.*

**weakly**

Sickly; not robust.

*If the lambs were **weakly** we had to feed them by hand.*



**Usage Examples of "Helpless" as an adjective**

- *The cubs are born blind and helpless.*
- *As helpless as a baby.*
- *Lying ill and helpless.*

- *Helpless with laughter.*
- *They burst into helpless laughter.*



## Associations of "Helpless" (30 Words)

- astray**      Away from the right path or direction.  
*We went **astray** but a man redirected us.*
- bemused**      Perplexed by many conflicting situations or statements; filled with  
bewilderment.  
*A crowd of **bemused** onlookers.*
- bleak**      (of the weather) cold and miserable.  
*A **bleak** midwinter s day.*
- crestfallen**      Brought low in spirit.  
*He came back empty handed and **crestfallen**.*
- dejected**      Sad and depressed; dispirited.  
*He stood in the street looking **dejected**.*

<b>depressed</b>	(of an object or part of an object) in a lower position, having been pushed down. <i>The market is <b>depressed</b>.</i>
<b>despair</b>	Abandon hope; give up hope; lose heart. <i>One harsh word would send her into the depths of <b>despair</b>.</i>
<b>despairing</b>	Showing the loss of all hope. <i>The last <b>despairing</b> plea of the condemned criminal.</i>
<b>desperate</b>	Desperately determined. <i>There is a <b>desperate</b> shortage of teachers.</i>
<b>despondent</b>	Without or almost without hope. <i>She grew more and more <b>despondent</b>.</i>
<b>disappointed</b>	(of hopes or expectations) prevented from being realized. <i>Thousands of <b>disappointed</b> customers were kept waiting.</i>
<b>disconsolate</b>	Causing dejection. <i>A <b>disconsolate</b> winter landscape.</i>
<b>discouraged</b>	Made less hopeful or enthusiastic. <i>Felt <b>discouraged</b> by the magnitude of the problem.</i>
<b>dreary</b>	Causing dejection. <i>A series of <b>dreary</b> dinner parties.</i>
<b>gloomy</b>	Causing or feeling depression or despondency. <i><b>Gloomy</b> at the thought of what he had to face.</i>
<b>heartsick</b>	Without or almost without hope. <i>Too <b>heartsick</b> to fight back.</i>
<b>hopeless</b>	Very bad or incompetent. <i>With a <b>hopeless</b> sigh he sat down.</i>
<b>ineffective</b>	Lacking the ability or skill to perform effectively; inadequate. <i>An <b>ineffective</b> administration.</i>
<b>ineffectual</b>	Not producing an intended effect. <i>An <b>ineffectual</b> campaign.</i>
<b>insoluble</b>	Impossible to solve. <i>The problem is not <b>insoluble</b>.</i>
<b>lost</b>	Having lost your bearings confused as to time or place or personal identity. <i>The <b>lost</b> election of 1979.</i>
<b>misplaced</b>	(of a feeling or emotion) directed unwisely or to an inappropriate object. <i>A million dollars had been lost because of a <b>misplaced</b> comma.</i>
<b>path</b>	A line or route along which something travels or moves. <i>The hurricane demolished houses in its <b>path</b>.</i>

**powerless** Without ability, influence, or power.  
*Troops were **powerless** to stop last night's shooting.*

**road** A railroad.  
*He's well on the **road** to recovery.*

**ruined** Having been irreparably damaged or harmed.  
*A **ruined** castle.*

**stark** Without qualification; used informally as (often pejorative) intensifiers.  
*The ridge formed a **stark** silhouette against the sky.*

**torpor** Inactivity resulting from lethargy and lack of vigor or energy.  
*They veered between apathetic **torpor** and hysterical fanaticism.*

**trapped** Forced to turn and face attackers.  
*Like a **trapped** animal.*

**unsuccessful** Not successful.  
*An **unsuccessful** attempt to enter Parliament.*

