

Need another word that means the same as “helpless”? Find 9 synonyms and 30 related words for “helpless” in this overview.

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The synonyms of “Helpless” are: incapacitated, lost, dependent, incapable, powerless, impotent, weak, weakly, feeble

Helpless as an Adjective

Definitions of "Helpless" as an adjective

According to the [Oxford Dictionary of English](#), “helpless” as an adjective can have the following definitions:

- *Uncontrollable.*
- *Unable to defend oneself or to act without help.*
- *Unable to function; without help.*
- *Lacking in or deprived of strength or power.*
- *Unable to manage independently.*



Synonyms of "Helpless" as an adjective (9 Words)

dependent	Requiring someone or something for financial or other support. <i>A dependent prince.</i>
feeble	Lacking strength of character. <i>A feeble old woman.</i>
impotent	(of a male animal) unable to copulate. <i>He was seized with an impotent anger.</i>
incapable	Lacking capacity or ability. <i>Incapable of doing the work.</i>
incapacitated	Lacking in or deprived of strength or power. <i>Richard was temporarily incapacitated.</i>
lost	Having lost your bearings confused as to time or place or personal identity. <i>He turned up with my lost golf clubs.</i>
powerless	Lacking power. <i>Troops were powerless to stop last night s shooting.</i>

weak

Relating to or denoting the weakest of the known kinds of force between particles which acts only at distances less than about 10 cm is very much weaker than the electromagnetic and the strong interactions and conserves neither strangeness parity nor isospin.

*The new king used his powers to protect the **weak**.*

weakly

Sickly; not robust.

*If the lambs were **weakly** we had to feed them by hand.*



Usage Examples of "Helpless" as an adjective

- *The cubs are born blind and helpless.*
- *As helpless as a baby.*
- *Lying ill and helpless.*

- *Helpless with laughter.*
- *They burst into helpless laughter.*



Associations of "Helpless" (30 Words)

- astray** Away from the right path or direction.
*We went **astray** but a man redirected us.*
- bemused** Perplexed by many conflicting situations or statements; filled with
bewilderment.
*A crowd of **bemused** onlookers.*
- bleak** (of the weather) cold and miserable.
*A **bleak** midwinter s day.*
- crestfallen** Brought low in spirit.
*He came back empty handed and **crestfallen**.*
- dejected** Sad and depressed; dispirited.
*He stood in the street looking **dejected**.*

depressed	(of an object or part of an object) in a lower position, having been pushed down. <i>The market is depressed.</i>
despair	Abandon hope; give up hope; lose heart. <i>One harsh word would send her into the depths of despair.</i>
despairing	Showing the loss of all hope. <i>The last despairing plea of the condemned criminal.</i>
desperate	Desperately determined. <i>There is a desperate shortage of teachers.</i>
despondent	Without or almost without hope. <i>She grew more and more despondent.</i>
disappointed	(of hopes or expectations) prevented from being realized. <i>Thousands of disappointed customers were kept waiting.</i>
disconsolate	Causing dejection. <i>A disconsolate winter landscape.</i>
discouraged	Made less hopeful or enthusiastic. <i>Felt discouraged by the magnitude of the problem.</i>
dreary	Causing dejection. <i>A series of dreary dinner parties.</i>
gloomy	Causing or feeling depression or despondency. <i>Gloomy at the thought of what he had to face.</i>
heartsick	Without or almost without hope. <i>Too heartsick to fight back.</i>
hopeless	Very bad or incompetent. <i>With a hopeless sigh he sat down.</i>
ineffective	Lacking the ability or skill to perform effectively; inadequate. <i>An ineffective administration.</i>
ineffectual	Not producing an intended effect. <i>An ineffectual campaign.</i>
insoluble	Impossible to solve. <i>The problem is not insoluble.</i>
lost	Having lost your bearings confused as to time or place or personal identity. <i>The lost election of 1979.</i>
misplaced	(of a feeling or emotion) directed unwisely or to an inappropriate object. <i>A million dollars had been lost because of a misplaced comma.</i>
path	A line or route along which something travels or moves. <i>The hurricane demolished houses in its path.</i>

powerless Without ability, influence, or power.
*Troops were **powerless** to stop last night's shooting.*

road A railroad.
*He's well on the **road** to recovery.*

ruined Having been irreparably damaged or harmed.
*A **ruined** castle.*

stark Without qualification; used informally as (often pejorative) intensifiers.
*The ridge formed a **stark** silhouette against the sky.*

torpor Inactivity resulting from lethargy and lack of vigor or energy.
*They veered between apathetic **torpor** and hysterical fanaticism.*

trapped Forced to turn and face attackers.
*Like a **trapped** animal.*

unsuccessful Not successful.
*An **unsuccessful** attempt to enter Parliament.*

