

# herniated

**The past tense of herniate is herniated**

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## The Forms of Herniate

Infinitive	<b>to herniate</b>
Present Tense	<b>herniate / herniates</b>
Past Tense	<b>herniated</b>
Present Participle	<b>herniating</b>
Past Participle	<b>herniated</b>

## Conjugate Herniate

**Herniate in Present Simple (Indefinite) Tense**

**Singular****Plural****I herniate****We herniate****You herniate****You herniate****He/She/It herniates****They herniate****Herniate in Present Continuous (Progressive) Tense****Singular****Plural****I am herniating****We are herniating****You are herniating****You are herniating****He/She/It is herniating****They are herniating****Herniate in Present Perfect Tense****Singular****Plural****I have herniated****We have herniated****You have herniated****You have herniated****He/She/It has herniated****They have herniated****Herniate in Present Perfect Continuous Tense****Singular****Plural****I have been herniating****We have been herniating****You have been herniating****You have been herniating****He/She/It has been herniating****They have been herniating****Herniate in Past Simple (Indefinite) Tense****Singular****Plural****I herniated****We herniated****You herniated****You herniated****He/She/It herniated****They herniated****Herniate in Past Continuous (Progressive) Tense**

**Singular**

**Plural**

I was herniating	We were herniating
You were herniating	You were herniating
He/She/It was herniating	They were herniating

**Herniate in Past Perfect Tense**

**Singular**

**Plural**

I had herniated	We had herniated
You had herniated	You had herniated
He/She/It had herniated	They had herniated

**Herniate in Past Perfect Continuous Tense**

**Singular**

**Plural**

I had been herniating	We had been herniating
You had been herniating	You had been herniating
He/She/It had been herniating	They had been herniating

**Herniate in Future Simple (Indefinite) Tense**

**Singular**

**Plural**

I will herniate	We will herniate
You will herniate	You will herniate
He/She/It will herniate	They will herniate

**Herniate in Future Continuous (Progressive) Tense**

**Singular**

**Plural**

I will be herniating	We will be herniating
You will be herniating	You will be herniating
He/She/It will be herniating	They will be herniating

**Herniate in Future Perfect Tense**

**Singular**

**Plural**

**I will have herniated**

**We will have herniated**

**You will have herniated**

**You will have herniated**

**He/She/It will have herniated**

**They will have herniated**

**Herniate in Future Perfect Continuous Tense**

**Singular**

**Plural**

**I will have been herniating**

**We will have been herniating**

**You will have been herniating**

**You will have been herniating**

**He/She/It will have been herniating**

**They will have been herniating**