

Need another word that means the same as “hold back”? Find 30 related words for “hold back” in this overview.

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Associations of "Hold back" (30 Words)

anachronism	A person who seems to be displaced in time; who belongs to another age. <i>The town is a throwback to medieval times an anachronism that has survived the passing years.</i>
backslide	Relapse into bad ways or error. <i>There are many things that can cause slimmers to backslide.</i>
backward	Retarded in intellectual development. <i>She left the room without a backward glance.</i>
backwards	At or to or toward the back or rear. <i>Count backwards from twenty to ten.</i>
behind	A kick that sends the ball over a behind line or a touch that sends it between the inner posts scoring one point. <i>Campbell grabbed him from behind.</i>
degeneracy	The state of being degenerate in mental or moral qualities. <i>Moral degeneracy followed intellectual degeneration.</i>
degeneration	The process of declining from a higher to a lower level of effective power or vitality or essential quality. <i>Overgrazing has caused serious degeneration of grassland.</i>
discontinuity	Lack of connection or continuity. <i>There is no significant discontinuity between modern and primitive societies.</i>
grab	Obtain or get (something) quickly or opportunistically. <i>She grabbed the child s hand and ran out of the room.</i>
inverse	Opposite in nature or effect or relation to another quantity. <i>The age of such a universe is simply the inverse of the Hubble constant.</i>
obtain	Receive a specified treatment (abstract). <i>The price of silver fell to that obtaining elsewhere in the ancient world.</i>
posthumous	Occurring or coming into existence after a person’s death. <i>He was awarded a posthumous Military Cross.</i>

regain	Get or find back; recover the use of. <i>She regained control of herself.</i>
regress	Calculate the coefficient or coefficients of regression of a variable against or on another variable. <i>The regress is a return to Puritan values.</i>
regression	Returning to a former state. <i>A past life regression.</i>
regressive	Relating to or marked by psychological regression. <i>A regressive personality.</i>
relapse	Deteriorate in health. <i>He responded well to treatment but then suffered a relapse.</i>
restitution	The resumption of an object's original shape or position through elastic recoil. <i>Upon the restitution of the book to its rightful owner the child was given a tongue lashing.</i>
retention	The action of absorbing and continuing to hold a substance. <i>The children s retention of facts.</i>
retreat	Make a retreat from an earlier commitment or activity. <i>His proposals were clearly unreasonable and he was forced to retreat.</i>
retroactive	(especially of legislation) taking effect from a date in the past. <i>A big retroactive tax increase.</i>
retrograde	Show retrograde motion. <i>The glacier retrogrades.</i>
retrogression	The process of returning to an earlier state, typically a worse one. <i>A retrogression to 19th century attitudes.</i>
retrospect	Contemplation of things past. <i>A full retrospect of the battle.</i>
retrospective	(of a statute or legal decision) taking effect from a date in the past. <i>Retrospective pay awards.</i>
return	A good rate of return. <i>He returned a Diamond won by his partner who now played the 10 of Spades.</i>
reversion	A property to which someone has the right of reversion. <i>Parties buying and selling leases and reversions.</i>
revert	A person who has converted to the Islamic faith. <i>He reverted to his native language.</i>

throwback

A reappearance of an earlier characteristic.
*A lot of his work is a **throwback** to the fifties.*

