

# held

**The past tense of hold is held**

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## The Forms of Hold

Infinitive	<b>to hold</b>
Present Tense	<b>hold / holds</b>
Past Tense	<b>held</b>
Present Participle	<b>holding</b>
Past Participle	<b>held or (archaic) holden</b>

## Conjugate Hold

**Hold in Present Simple (Indefinite) Tense**

**Singular      Plural**

I **hold**                  We **hold**  
You **hold**              You **hold**  
He/She/It **holds**    They **hold**

### **Hold in Present Continuous (Progressive) Tense**

**Singular                  Plural**

I **am holding**              We **are holding**  
You **are holding**          You **are holding**  
He/She/It **is holding**    They **are holding**

### **Hold in Present Perfect Tense**

**Singular**

**Plural**

I **have held or (archaic) holden**          We **have held or (archaic) holden**  
You **have held or (archaic) holden**      You **have held or (archaic) holden**  
He/She/It **has held or (archaic) holden**    They **have held or (archaic) holden**

### **Hold in Present Perfect Continuous Tense**

**Singular**

**Plural**

I **have been holding**              We **have been holding**  
You **have been holding**          You **have been holding**  
He/She/It **has been holding**    They **have been holding**

### **Hold in Past Simple (Indefinite) Tense**

**Singular      Plural**

I **held**                  We **held**  
You **held**              You **held**  
He/She/It **held**      They **held**

### **Hold in Past Continuous (Progressive) Tense**

**Singular**

**Plural**

I **was holding**                      We **were holding**  
You **were holding**                You **were holding**  
He/She/It **was holding**        They **were holding**

**Hold in Past Perfect Tense**

**Singular**

**Plural**

I **had held or (archaic) holden**                      We **had held or (archaic) holden**  
You **had held or (archaic) holden**                You **had held or (archaic) holden**  
He/She/It **had held or (archaic) holden**        They **had held or (archaic) holden**

**Hold in Past Perfect Continuous Tense**

**Singular**

**Plural**

I **had been holding**                      We **had been holding**  
You **had been holding**                You **had been holding**  
He/She/It **had been holding**        They **had been holding**

**Hold in Future Simple (Indefinite) Tense**

**Singular**

**Plural**

I **will hold**                      We **will hold**  
You **will hold**                You **will hold**  
He/She/It **will hold**        They **will hold**

**Hold in Future Continuous (Progressive) Tense**

**Singular**

**Plural**

I **will be holding**                      We **will be holding**  
You **will be holding**                You **will be holding**  
He/She/It **will be holding**        They **will be holding**

**Hold in Future Perfect Tense**

**Singular**

**Plural**

**I will have held or (archaic) holden**

**We will have held or (archaic) holden**

**You will have held or (archaic) holden**

**You will have held or (archaic) holden**

**He/She/It will have held or (archaic) holden** **They will have held or (archaic) holden**

**Hold in Future Perfect Continuous Tense**

**Singular**

**Plural**

**I will have been holding**

**We will have been holding**

**You will have been holding**

**You will have been holding**

**He/She/It will have been holding** **They will have been holding**