

Need another word that means the same as “insecure”? Find 47 synonyms and 30 related words for “insecure” in this overview.

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The synonyms of “Insecure” are: unsafe, unstable, unsecured, loose, rickety, rocky, wobbly, shaky, unsteady, precarious, unguarded, unprotected, vulnerable, defenceless, undefended, unshielded, exposed, assailable, open to attack, in danger, tense, awkward, strained, constrained, forced, fraught, unconfident, lacking confidence, lacking self-confidence, diffident, self-effacing, self-conscious, unforthcoming, uncertain, unsure, doubtful, hesitant, unassertive, retiring, shrinking, shy, timid, timorous, meek, passive, inhibited, introverted

Insecure as an Adjective

Definitions of "Insecure" as an adjective

According to the [Oxford Dictionary of English](#), “insecure” as an adjective can have the following definitions:

- *Lacking self-confidence or assurance.*
- *Not firm or firmly fixed; likely to fail or give way.*
- *Not firm or fixed; liable to give way or break.*
- *(of a job or situation) liable to change for the worse; not permanent or settled.*
- *Lacking in security or safety.*
- *(of a person) uncertain or anxious about oneself; not confident.*
- *Not safe from attack.*
- *Not sufficiently protected; easily broken into.*



Synonyms of "Insecure" as an adjective (47 Words)

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| assailable | Not defended or capable of being defended. |
| awkward | Causing difficulty; hard to do or deal with. <i>You have put me in a very awkward position.</i> |
| constrained | Lacking spontaneity; not natural. <i>A constrained smile.</i> |
| defenceless | Without defence or protection; totally vulnerable. <i>Attacks on defenceless civilians.</i> |
| diffident | Modest or shy because of a lack of self-confidence. <i>A diffident youth.</i> |
| doubtful | Not established as genuine or acceptable. <i>They were doubtful that the cord would hold.</i> |
| exposed | Not covered or hidden; visible. <i>A midi length dress with a high neck and an exposed zip.</i> |

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| forced | Forced or compelled. <i>A forced landing.</i> |
| fraught | (of a situation or course of action) filled with or likely to result in (something undesirable). <i>She sounded a bit fraught.</i> |
| hesitant | Lacking decisiveness of character; unable to act or decide quickly or firmly. <i>Her slow hesitant way of speaking.</i> |
| in danger | Currently fashionable. |
| inhibited | Unable to act in a relaxed and natural way because of self-consciousness or mental restraint. <i>I could never appear nude I m far too inhibited.</i> |
| introverted | Of, denoting, or typical of an introvert. |
| lacking confidence | Nonexistent. |
| lacking self-confidence | Inadequate in amount or degree. |
| loose | (of play in cricket) inaccurate or careless. <i>He was told to avoid loose or light women.</i> |
| meek | Very docile. <i>A fine fiery blast against meek conformity.</i> |
| open to attack | Ready for business. |
| passive | (of a circuit or device) containing no source of electromotive force. <i>A passive optical network is to be installed in 2000 homes.</i> |
| precarious | Dependent on chance; uncertain. <i>A precarious ladder.</i> |
| retiring | Of a person who has held and relinquished a position or office. <i>A retiring member of the board.</i> |
| rickety | (of a structure or piece of equipment) poorly made and likely to collapse. <i>Poverty was evident in undernourished faces or rickety legs.</i> |
| rocky | Abounding in rocks or stones. <i>Hillsides of dry rocky soil.</i> |
| self-conscious | Aware of yourself as an individual or of your own being and actions and thoughts- D.M.Potter. |
| self-effacing | Reluctant to draw attention to yourself. |
| shaky | Not secure; beset with difficulties. <i>A cracked dangerously shaky table.</i> |

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| shrinking | Becoming smaller in size or amount. <i>The shrinking market has provoked a massive price war.</i> |
| shy | Wary and distrustful; disposed to avoid persons or things. <i>The shares are 29p shy of their flotation price.</i> |
| <u>strained</u> | Of a mainly liquid substance having been strained to separate out any solid matter. <i>Relations between the two countries were strained.</i> |
| <u>tense</u> | Pronounced with relatively tense tongue muscles e.g. the vowel sound in beat. <i>Relations between the two neighbouring states were tense.</i> |
| <u>timid</u> | Showing fear and lack of confidence. <i>Problems that call for bold not timid responses.</i> |
| timorous | Showing or suffering from nervousness or a lack of confidence. <i>In a timorous tone.</i> |
| unassertive | Inclined to timidity or lack of self-confidence. <i>His bland and unassertive personal style.</i> |
| <u>uncertain</u> | Not established or confirmed. <i>Touched the ornaments with uncertain fingers.</i> |
| <u>unconfident</u> | Not confident; hesitant. <i>Very young people may have an unconfident approach.</i> |
| undefended | Not defended or capable of being defended. <i>Legal aid for undefended divorces.</i> |
| unforthcoming | (of a person) not willing to divulge information. <i>The sergeant seemed unforthcoming so he enquired at the gate.</i> |
| unguarded | Without protection or a guard. <i>His unguarded queen was open to attack.</i> |
| <u>unprotected</u> | Not protected or kept safe from harm or injury. <i>Healthcare workers remained unprotected against hepatitis B infection.</i> |
| unsafe | Not safe from attack. <i>Because the confession was unreliable the verdict was unsafe and unsatisfactory.</i> |
| unsecured | Of a creditor having made an unsecured loan. <i>The maid had been responsible for leaving the room unsecured.</i> |
| unshielded | Not protected or shielded. <i>He sank to his knees leaving her unshielded.</i> |

unstable

Lacking stability or fixity or firmness.

*The tower proved to be **unstable** in the high wind.*

unsteady

Not firmly or solidly positioned.

*He was very **unsteady** on his feet.*

unsure

Lacking or indicating lack of confidence or assurance.

*The date is **unsure**.*

vulnerable

Exposed to the possibility of being attacked or harmed, either physically or emotionally.

*We were in a **vulnerable** position.*

wobbly

(of a person or voice) tending to move out of tone or slightly vary in pitch.

*A **wobbly** soprano.*



Usage Examples of "Insecure" as an adjective

- *An insecure footbridge.*
- *An insecure person lacking mental stability.*

- *An insecure future.*
- *A financially insecure period.*
- *A rather gauche, insecure young man.*
- *A top model who is notoriously insecure about her looks.*
- *The hinge is insecure.*
- *His fortune was increasingly insecure.*
- *An insecure computer system.*
- *Badly paid and insecure jobs.*



Associations of "Insecure" (30 Words)

anxiety

A feeling of worry, nervousness, or unease about something with an uncertain outcome.

*She suffered from **anxiety** attacks.*

danger

A dangerous place.

*One of the trains involved passed a signal at **danger**.*

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| dangerous | Involving or causing danger or risk; liable to hurt or harm. <i>Insecticides which are dangerous to the environment.</i> |
| dicey | Of uncertain outcome; especially fraught with risk- New Yorker. <i>Democracy is a dicey business.</i> |
| fickle | Liable to sudden unpredictable change. <i>Fickle friends.</i> |
| flammability | The quality of being easily ignited and burning rapidly. |
| hazardous | Involving risk or danger. <i>Skydiving is a hazardous sport.</i> |
| insecurity | The anxiety you experience when you feel vulnerable and insecure. <i>Growing job insecurity.</i> |
| instability | Unreliability attributable to being unstable. <i>Political and economic instability.</i> |
| parlous | Full of danger or uncertainty; precarious. <i>A parlous journey on stormy seas.</i> |
| perilous | Fraught with danger. <i>A perilous voyage across the Atlantic in a small boat.</i> |
| pitfall | An unforeseen or unexpected or surprising difficulty. <i>The pitfalls of buying goods at public auctions.</i> |
| precarious | Fraught with danger. <i>He made a precarious living as a painter.</i> |
| rickety | Affected with, suffering from, or characteristic of rickets. <i>A rickety banking system.</i> |
| risk | Take a risk in the hope of a favorable outcome. <i>We risked losing a lot of money in this venture.</i> |
| risky | Involving risk or danger. <i>Anything that promises to pay too much can't help being risky.</i> |
| shaky | Not safe or reliable; liable to fail or falter. <i>A shaky marriage.</i> |
| shivering | Shaking slightly and uncontrollably as a result of being cold, frightened, or excited. <i>Sparkling light from the shivering crystals of the chandelier.</i> |
| straddle | Be noncommittal. <i>He turned the chair round and straddled it.</i> |
| threatened | (of flora or fauna) likely in the near future to become endangered. <i>The spotted owl is a threatened species not yet an endangered one.</i> |

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| <u>toxicity</u> | Grave harmfulness or deadliness. <i>She went public with allegations of workplace toxicity and sexism.</i> |
| <u>uncertain</u> | Subject to change. <i>A manuscript of uncertain origin.</i> |
| <u>uncertainty</u> | Being unsettled or in doubt or dependent on chance. <i>Times of uncertainty and danger.</i> |
| <u>uneasy</u> | (of a situation or relationship) not settled; liable to change. <i>She lived in a state of uneasy truce with her strict father.</i> |
| <u>unrest</u> | A state of dissatisfaction, disturbance, and agitation, typically involving public demonstrations or disorder. <i>Social unrest.</i> |
| unsafe | Lacking in security or safety. <i>Because the confession was unreliable the verdict was unsafe and unsatisfactory.</i> |
| unsettled | Not settled or established. <i>One question remains unsettled.</i> |
| <u>unstable</u> | Prone to psychiatric problems or sudden changes of mood. <i>Everything was unstable following the coup.</i> |
| <u>unsteady</u> | Not firmly or solidly positioned. <i>An unsteady voice.</i> |
| volatility | The property of changing readily from a solid or liquid to a vapor. <i>The children have been exposed to the full force of her volatility.</i> |

