

Need another word that means the same as “introspection”? Find 7 synonyms and 30 related words for “introspection” in this overview.

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**The synonyms of “Introspection” are: self-contemplation, self-examination, brooding, self-analysis, soul-searching, introversion, self-absorption**

## **Introspection as a Noun**

### **Definitions of "Introspection" as a noun**

According to the [Oxford Dictionary of English](#), “introspection” as a noun can have the following definitions:

- *The examination or observation of one's own mental and emotional processes.*
- *The contemplation of your own thoughts and desires and conduct.*



## Synonyms of "Introspection" as a noun (7 Words)

**brooding**

Persistent morbid meditation on a problem.

**introversion**

(psychology) an introverted disposition; concern with one's own thoughts and feelings.

*I struggle with **introversion** and shyness.*

**self-absorption**

Preoccupation with yourself to the exclusion of everything else.

**self-analysis**

A penetrating examination of your own beliefs and motives.

**self-contemplation**

The contemplation of your own thoughts and desires and conduct.

**self-examination**

The contemplation of your own thoughts and desires and conduct.

**soul-searching**

A penetrating examination of your own beliefs and motives.



## Usage Examples of "Introspection" as a noun

- *Quiet introspection can be extremely valuable.*



## Associations of "Introspection" (30 Words)

### abyss

A wide or profound difference between people; a gulf.  
*Teetering on the edge of the **abyss** of a total political wipeout.*

### brood

A family of birds or other young animals produced at one hatching or birth.

*A **brood** of chicks.*

### **buddhism**

The teaching of Buddha that life is permeated with suffering caused by desire, that suffering ceases when desire ceases, and that enlightenment obtained through right conduct and wisdom and meditation releases one from desire and suffering and rebirth.

### **chastity**

Morality with respect to sexual relations.  
*Vows of **chastity**.*

### **confessional**

A booth where a priest sits to hear confessions.  
*Tabloid **confessionals**.*

<b>considerable</b>	Large or relatively large in number or amount or extent or degree. <i>A position of <b>considerable</b> influence.</i>
<b>consideration</b>	A payment or reward. <i>You can buy the books for a small <b>consideration</b>.</i>
<b>contemplation</b>	The action of looking thoughtfully at something for a long time. <i>The road is too busy for leisurely <b>contemplation</b> of the scenery.</i>
<b>deep</b>	Relatively deep or strong affecting one deeply. <i>In the <b>deep</b> of winter.</i>
<b>enormity</b>	(in neutral use) large size or scale. <i>In careful usage the noun <b>enormity</b> is not used to express the idea of great size.</i>
<b>gravitas</b>	Formality in bearing and appearance. <i>A post for which he has the expertise and the <b>gravitas</b>.</i>
<b><u>hush</u></b>	A silence. <i>He placed a finger before pursed lips to <b>hush</b> her.</i>
<b><u>introspective</u></b>	Given to examining own sensory and perceptual experiences. <i>He grew withdrawn and <b>introspective</b>.</i>
<b>introversion</b>	(psychology) an introverted disposition; concern with one's own thoughts and feelings. <i>I struggle with <b>introversion</b> and shyness.</i>
<b><u>introvert</u></b>	Turn inside. <i>He <b>introverted</b> his feelings.</i>
<b>introverted</b>	(of a community, company, or other group) concerned principally with its own affairs; inward-looking or parochial.
<b>meditation</b>	A written or spoken discourse expressing considered thoughts on a subject. <i>A life of <b>meditation</b>.</i>
<b>passivity</b>	The trait of remaining inactive; a lack of initiative. <i>The perceived <b>passivity</b> of the populace is deceptive.</i>
<b>personality</b>	The complex of all the attributes-behavioral, temperamental, emotional and mental-that characterize a unique individual. <i>She had a sunny <b>personality</b> that was very engaging.</i>
<b>profundity</b>	The quality of being physically deep. <i>The <b>profundity</b> of her misery.</i>
<b>quiet</b>	With little or no activity or no agitation quiet is a nonstandard variant for quietly. <i>We wanted a <b>quiet</b> wedding.</i>

<b><u>reserved</u></b>	Marked by self-restraint and reticence-Victoria Sackville-West. <i>Was habitually <b>reserved</b> in speech withholding her opinion.</i>
<b><u>self</u></b>	Self pollinate self fertilize. <i>One s own <b>self</b>.</i>
<b>serious</b>	Acting or speaking sincerely and in earnest, rather than in a joking or half-hearted manner. <i>She escaped <b>serious</b> injury.</i>
<b>shy</b>	Slow or reluctant to do (something). <i><b>Shy</b> of strangers.</i>
<b><u>solemn</u></b>	Characterized by deep sincerity. <i>The judge was <b>solemn</b> as he pronounced sentence.</i>
<b><u>stillness</u></b>	(poetic) tranquil silence. <i>Absolute <b>stillness</b> greeted our gaze.</i>
<b><u>substantial</u></b>	Of considerable importance, size, or worth. <i>Won by a <b>substantial</b> margin.</i>
<b><u>timid</u></b>	Showing fear and lack of confidence. <i>Whitewater rafting is not for the <b>timid</b>.</i>
<b>uncommunicative</b>	Not inclined to talk or give information or express opinions. <i>The <b>uncommunicative</b> Emily disappeared.</i>

