

Need another word that means the same as “malaise”? Find 13 synonyms and 30 related words for “malaise” in this overview.

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The synonyms of “Malaise” are: unease, uneasiness, unhappiness, restlessness, melancholy, depression, despondency, dejection, disquiet, trouble, anxiety, anguish, angst

Malaise as a Noun

Definitions of "Malaise" as a noun

According to the [Oxford Dictionary of English](#), “malaise” as a noun can have the following definitions:

- *Physical discomfort (as mild sickness or depression).*
- *A general feeling of discomfort, illness, or unease whose exact cause is difficult to identify.*



Synonyms of "Malaise" as a noun (13 Words)

angst

A feeling of persistent worry about something trivial.

*Rock and pop have a tradition of celebrating adolescent **angst**.*

anguish

Severe mental or physical pain or suffering.

*Philip gave a cry of **anguish**.*

anxiety

A feeling of worry, nervousness, or unease about something with an uncertain outcome.

*He felt a surge of **anxiety**.*

dejection

A sad and depressed state; low spirits.

*He was slumped in deep **dejection**.*

depression

A state of depression and anhedonia so severe as to require clinical intervention.

*The original shallow **depressions** were slowly converted to creeks.*

despondency	Feeling downcast and disheartened and hopeless. <i>An air of despondency.</i>
disquiet	A feeling of worry or unease. <i>Public disquiet about animal testing.</i>
<u>melancholy</u>	A humor that was once believed to be secreted by the kidneys or spleen and to cause sadness and melancholy. <i>He had an ability to convey a sense of deep melancholy and yearning through much of his work.</i>
restlessness	The quality of being ceaselessly moving or active. <i>Waiting gave him a feeling of restlessness.</i>
trouble	A source of difficulty. <i>He s been in trouble with the police.</i>
<u>unease</u>	Anxiety or discontent. <i>Public unease about defence policy.</i>
uneasiness	Inability to rest or relax or be still. <i>The media often express a general uneasiness with animal research.</i>
unhappiness	Emotions experienced when not in a state of well-being. <i>I ve seen too much unhappiness caused by broken marriages.</i>



Usage Examples of "Malaise" as a noun

- *A society afflicted by a deep cultural malaise.*
- *A general air of malaise.*

Associations of "Malaise" (30 Words)

[afraid](#)

Unwilling or reluctant to do something for fear of the consequences.
***Afraid** of snakes.*

[agoraphobia](#)

A morbid fear of open spaces (as fear of being caught alone in some public place).

[alarm](#)

An alarm clock.
*The boat tilted and the boatmen cried out in **alarm**.*

[alarming](#)

Worrying or disturbing.
*Our countryside is disappearing at an **alarming** rate.*

altercation	Noisy quarrel. <i>I had an altercation with the ticket collector.</i>
angst	A feeling of persistent worry about something trivial. <i>The existential angst of the middle classes.</i>
anxiety	Strong desire or concern to do something or for something to happen. <i>He felt a surge of anxiety.</i>
apprehension	Understanding; grasp. <i>They acted with intent to prevent lawful apprehension.</i>
claustrophobia	A morbid fear of being closed in a confined space. <i>The small stuffy room had begun to give him claustrophobia.</i>
disquiet	Make (someone) worried or uneasy. <i>Public disquiet about animal testing.</i>
distract	Perplex and bewilder. <i>It was another attempt to distract attention from the truth.</i>
doldrums	A belt of calms and light winds between the northern and southern trade winds of the Atlantic and Pacific. <i>The mortgage market has been in the doldrums for three years.</i>
dread	Causing fear or dread or terror. <i>The dread presence of the headmaster.</i>
fear	An anxious feeling. <i>I fear she might get aggressive.</i>
frightening	Making someone afraid or anxious; terrifying. <i>A frightening experience.</i>
horror	Something that inspires horror something horrible. <i>Children screamed in horror.</i>
misgiving	Uneasiness about the fitness of an action. <i>I felt a sense of misgiving at the prospect of retirement.</i>
neurotic	A neurotic person. <i>He seemed a neurotic self obsessed character.</i>
panic	Drive someone through panic into hasty action. <i>Panic selling.</i>
perturb	Cause a celestial body to deviate from a theoretically regular orbital motion, especially as a result of interposed or extraordinary gravitational pull. <i>Fundamentalists threaten to perturb the social order.</i>

phobia	An anxiety disorder characterized by extreme and irrational fear of simple things or social situations. <i>Phobic disorder is a general term for all phobias.</i>
phobic	Suffering from irrational fears. <i>She s phobic about spiders.</i>
<u>qualm</u>	A momentary faint or sick feeling. <i>Military regimes generally have no qualms about controlling the press.</i>
scruple	Raise scruples. <i>I had no scruples about eavesdropping.</i>
<u>stagnation</u>	Lack of activity, growth, or development. <i>A period of economic stagnation.</i>
<u>terrifying</u>	Causing extreme terror. <i>A terrifying wail.</i>
terror	Terrorism. <i>A terror suspect.</i>
trouble	Take the trouble to do something concern oneself. <i>He did not trouble to call his mother on her birthday.</i>
uneasiness	Feelings of anxiety that make you tense and irritable. <i>I sensed the uneasiness of people around me.</i>
<u>worry</u>	A strong feeling of anxiety. <i>I worry about my job.</i>