

Need another word that means the same as “malaise”? Find 13 synonyms and 30 related words for “malaise” in this overview.

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**The synonyms of “Malaise” are: unease, uneasiness, unhappiness, restlessness, melancholy, depression, despondency, dejection, disquiet, trouble, anxiety, anguish, angst**

## Malaise as a Noun

### Definitions of "Malaise" as a noun

According to the [Oxford Dictionary of English](#), “malaise” as a noun can have the following definitions:

- *Physical discomfort (as mild sickness or depression).*
- *A general feeling of discomfort, illness, or unease whose exact cause is difficult to identify.*



## Synonyms of "Malaise" as a noun (13 Words)

- angst** A feeling of persistent worry about something trivial.  
*Rock and pop have a tradition of celebrating adolescent **angst**.*
- anguish** Severe mental or physical pain or suffering.  
*Philip gave a cry of **anguish**.*
- anxiety** A feeling of worry, nervousness, or unease about something with an uncertain outcome.  
*He felt a surge of **anxiety**.*
- dejection** A sad and depressed state; low spirits.  
*He was slumped in deep **dejection**.*
- depression** A state of depression and anhedonia so severe as to require clinical intervention.  
*The original shallow **depressions** were slowly converted to creeks.*

- despondency** Feeling downcast and disheartened and hopeless.  
*An air of **despondency**.*
- disquiet** A feeling of worry or unease.  
*Public **disquiet** about animal testing.*
- melancholy** A humor that was once believed to be secreted by the kidneys or spleen and to cause sadness and melancholy.  
*He had an ability to convey a sense of deep **melancholy** and yearning through much of his work.*
- restlessness** The quality of being ceaselessly moving or active.  
*Waiting gave him a feeling of **restlessness**.*
- trouble** A source of difficulty.  
*He s been in **trouble** with the police.*
- unease** Anxiety or discontent.  
*Public **unease** about defence policy.*
- uneasiness** Inability to rest or relax or be still.  
*The media often express a general **uneasiness** with animal research.*
- unhappiness** Emotions experienced when not in a state of well-being.  
*I ve seen too much **unhappiness** caused by broken marriages.*



## Usage Examples of "Malaise" as a noun

- *A society afflicted by a deep cultural malaise.*
- *A general air of malaise.*

## Associations of "Malaise" (30 Words)

### [afraid](#)

Unwilling or reluctant to do something for fear of the consequences.  
***Afraid** of snakes.*

### [agoraphobia](#)

A morbid fear of open spaces (as fear of being caught alone in some public place).

### [alarm](#)

An alarm clock.  
*The boat tilted and the boatmen cried out in **alarm**.*

### [alarming](#)

Worrying or disturbing.  
*Our countryside is disappearing at an **alarming** rate.*

<b>altercation</b>	Noisy quarrel. <i>I had an <b>altercation</b> with the ticket collector.</i>
<b>angst</b>	A feeling of persistent worry about something trivial. <i>The existential <b>angst</b> of the middle classes.</i>
<b>anxiety</b>	Strong desire or concern to do something or for something to happen. <i>He felt a surge of <b>anxiety</b>.</i>
<b>apprehension</b>	Understanding; grasp. <i>They acted with intent to prevent lawful <b>apprehension</b>.</i>
<b>claustrophobia</b>	A morbid fear of being closed in a confined space. <i>The small stuffy room had begun to give him <b>claustrophobia</b>.</i>
<b>disquiet</b>	Make (someone) worried or uneasy. <i>Public <b>disquiet</b> about animal testing.</i>
<b>distract</b>	Perplex and bewilder. <i>It was another attempt to <b>distract</b> attention from the truth.</i>
<b>doldrums</b>	A belt of calms and light winds between the northern and southern trade winds of the Atlantic and Pacific. <i>The mortgage market has been in the <b>doldrums</b> for three years.</i>
<b>dread</b>	Causing fear or dread or terror. <i>The <b>dread</b> presence of the headmaster.</i>
<b>fear</b>	An anxious feeling. <i>I <b>fear</b> she might get aggressive.</i>
<b>frightening</b>	Making someone afraid or anxious; terrifying. <i>A <b>frightening</b> experience.</i>
<b>horror</b>	Something that inspires horror something horrible. <i>Children screamed in <b>horror</b>.</i>
<b>misgiving</b>	Uneasiness about the fitness of an action. <i>I felt a sense of <b>misgiving</b> at the prospect of retirement.</i>
<b>neurotic</b>	A neurotic person. <i>He seemed a <b>neurotic</b> self obsessed character.</i>
<b>panic</b>	Drive someone through panic into hasty action. <i><b>Panic</b> selling.</i>
<b>perturb</b>	Cause a celestial body to deviate from a theoretically regular orbital motion, especially as a result of interposed or extraordinary gravitational pull. <i>Fundamentalists threaten to <b>perturb</b> the social order.</i>

<b>phobia</b>	An anxiety disorder characterized by extreme and irrational fear of simple things or social situations. <i>Phobic disorder is a general term for all <b>phobias</b>.</i>
<b>phobic</b>	Suffering from irrational fears. <i>She s <b>phobic</b> about spiders.</i>
<b>qualm</b>	A momentary faint or sick feeling. <i>Military regimes generally have no <b>qualms</b> about controlling the press.</i>
<b>scruple</b>	Raise scruples. <i>I had no <b>scruples</b> about eavesdropping.</i>
<b>stagnation</b>	Lack of activity, growth, or development. <i>A period of economic <b>stagnation</b>.</i>
<b>terrifying</b>	Causing extreme terror. <i>A <b>terrifying</b> wail.</i>
<b>terror</b>	Terrorism. <i>A <b>terror</b> suspect.</i>
<b>trouble</b>	Take the trouble to do something concern oneself. <i>He did not <b>trouble</b> to call his mother on her birthday.</i>
<b>uneasiness</b>	Feelings of anxiety that make you tense and irritable. <i>I sensed the <b>uneasiness</b> of people around me.</i>
<b>worry</b>	A strong feeling of anxiety. <i>I <b>worry</b> about my job.</i>