

# menstrated

**The past tense of menstrate is menstrated**

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## The Forms of Menstrate

Infinitive	<b>to menstrate</b>
Present Tense	<b>menstrate / menstrates</b>
Past Tense	<b>menstrated</b>
Present Participle	<b>menstrating</b>
Past Participle	<b>menstrated</b>

## Conjugate Menstrate

**Menstrate in Present Simple (Indefinite) Tense**

**Singular**

**Plural**

I **menstrate**                      We **menstrate**  
You **menstrate**                You **menstrate**  
He/She/It **menstrates**    They **menstrate**

**Menstrate in Present Continuous (Progressive) Tense**

**Singular**

**Plural**

I **am menstrating**            We **are menstrating**  
You **are menstrating**        You **are menstrating**  
He/She/It **is menstrating**    They **are menstrating**

**Menstrate in Present Perfect Tense**

**Singular**

**Plural**

I **have menstrated**            We **have menstrated**  
You **have menstrated**        You **have menstrated**  
He/She/It **has menstrated**    They **have menstrated**

**Menstrate in Present Perfect Continuous Tense**

**Singular**

**Plural**

I **have been menstrating**        We **have been menstrating**  
You **have been menstrating**    You **have been menstrating**  
He/She/It **has been menstrating**    They **have been menstrating**

**Menstrate in Past Simple (Indefinite) Tense**

**Singular**

**Plural**

I **menstrated**                      We **menstrated**  
You **menstrated**                You **menstrated**  
He/She/It **menstrated**        They **menstrated**

**Menstrate in Past Continuous (Progressive) Tense**

**Singular**

**Plural**

I was menstrating      We were menstrating  
You were menstrating      You were menstrating  
He/She/It was menstrating      They were menstrating

**Menstrate in Past Perfect Tense**

**Singular**

**Plural**

I had menstrated      We had menstrated  
You had menstrated      You had menstrated  
He/She/It had menstrated      They had menstrated

**Menstrate in Past Perfect Continuous Tense**

**Singular**

**Plural**

I had been menstrating      We had been menstrating  
You had been menstrating      You had been menstrating  
He/She/It had been menstrating      They had been menstrating

**Menstrate in Future Simple (Indefinite) Tense**

**Singular**

**Plural**

I will menstrate      We will menstrate  
You will menstrate      You will menstrate  
He/She/It will menstrate      They will menstrate

**Menstrate in Future Continuous (Progressive) Tense**

**Singular**

**Plural**

I will be menstrating      We will be menstrating  
You will be menstrating      You will be menstrating  
He/She/It will be menstrating      They will be menstrating

**Menstrate in Future Perfect Tense**

**Singular**

**Plural**

**I will have menstrated**

**We will have menstrated**

**You will have menstrated**

**You will have menstrated**

**He/She/It will have menstrated**

**They will have menstrated**

**Menstrate in Future Perfect Continuous Tense**

**Singular**

**Plural**

**I will have been menstrating**

**We will have been menstrating**

**You will have been menstrating**

**You will have been menstrating**

**He/She/It will have been menstrating**

**They will have been menstrating**