

Need another word that means the same as "mindful"? Find 13 synonyms and 30 related words for "mindful" in this overview.

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The synonyms of "Mindful" are: aware, aware of, conscious of, alive to, sensible of, alert to, awake to, acquainted with, watchful of, careful of, wary of, chary of, cognizant of

Mindful as an Adjective

Definitions of "Mindful" as an adjective

According to the Oxford Dictionary of English, "mindful" as an adjective can have the following definitions:

- Conscious or aware of something.
- Inclined or willing to do something.
- Bearing in mind; attentive to.
- Focusing one's awareness on the present moment, especially as part of a therapeutic or meditative technique.





Synonyms of "Mindful" as an adjective (13 Words)

acquainted with Having fair knowledge of.

alert to Quick and energetic.

alive to In operation.

awake to Not in a state of sleep; completely conscious.

(sometimes followed by `of') having or showing knowledge or

aware understanding or realization or perception.

He was **aware** that a problem existed.

aware of Bearing in mind; attentive to.

careful of Full of cares or anxiety-Luke 10.41.

chary of Characterized by great caution and wariness.

cognizant of Having or showing knowledge or understanding or realization or

perception.

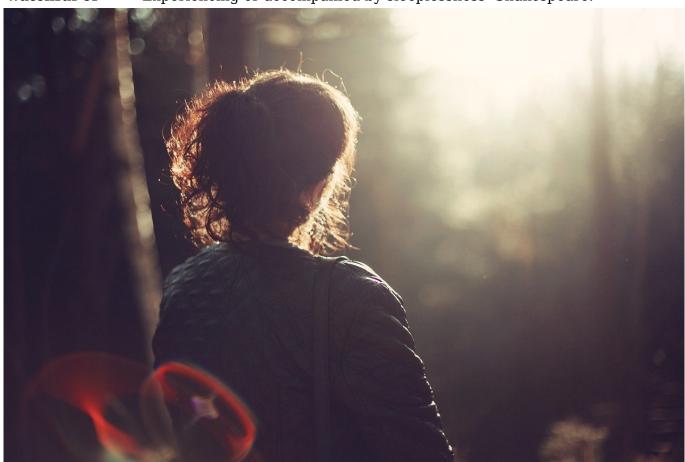
conscious of Intentionally conceived.



sensible of Able to feel or perceive.

wary of Marked by keen caution and watchful prudence.

watchful of Experiencing or accompanied by sleeplessness- Shakespeare.



Usage Examples of "Mindful" as an adjective

- Mindful of his responsibilities.
- I arrived home for the summer, ever mindful of my obligations to my parents.
- A mindful approach to life helps us to let go of the stress that often comes with conflicts in relationships.
- The judge said that he was not mindful to postpone the eviction again.
- Ever mindful of her health.
- Mindful of these criticisms, I shall attempt to justify my action.
- Tune in to your body and be mindful.





Associations of "Mindful" (30 Words)

A warning serves to make you more alert to danger.

Bombers were put on **alert** during the crisis.

attentive Giving care or attention.

The nurse was **attentive** to her patient.

Having or showing knowledge or understanding or realization or

aware perception.

He was **aware** that a problem existed.

bewareBe cautious and alert to risks or dangers.

Shoppers were warned to **beware** of cut price fakes.

Done with or showing thought and attention.

Careful of the rights of others.

People who are fearful and cautious.

The plan received a **cautious** welcome.



Characterized by great caution and wariness. chary

She had been **chary** of telling the whole truth.

Warv and unwilling to take risks. circumspect

Physicians are now more **circumspect** about recommending its use.

Having or showing knowledge or understanding or realization or

perception.

cognizant Statesmen must be **cognizant** of the political boundaries within which

they work.

In a way that is directly perceptible to and under the control of the person

consciously concerned.

She consciously chose to ignore him.

Heedful of potential consequences.

discreet A discreet silence.

In a careful and prudent manner, especially in order to keep something

confidential or to avoid embarrassment. **discreetly**

She coughed discreetly.

Bringing strong images, memories, or feelings to mind. evocative

Powerfully **evocative** lyrics.

The area of cognitive psychology that studies memory processes.

The brain regions responsible for **memory**.

A nostalgic person. <u>nostalgic</u>

memory

A **nostalgic** account of an idyllic childhood.

(of an action) carried out without real interest, feeling, or effort. **perfunctory**

He gave a **perfunctory** nod.

Acting with or showing care and thought for the future. **prudent**

Prudent rulers.

Recall knowledge from memory have a recollection. recall

She was **recall**ed by a loud laugh.

Recall knowledge from memory have a recollection. recollect

Can you **recollect** how he reacted.

The ability to recall past occurrences.

To the best of my **recollection** no one ever had a bad word to say about recollection

him.

Noticeably odorous. redolent

A campaign **redolent** of machine politics.

Recapture the past; indulge in memories. remember

She **remember**ed herself and sat up straighter.



remembrance The action of remembering the dead.

I went through the papers and remembrances in his drawers.

remind Put in the mind of someone.

His impassive fierce stare **remind**ed her of an owl.

reminiscent Tending to remind one of something.

Her expression was wistful and **reminiscent**.

retentive (of a person's memory) effective in retaining facts and impressions.

Soil should be rich and moisture retentive.

subconsciously From the subconscious mind.

Maybe **subconsciously** *I* was trying to sabotage the deal.

Making someone think of sexual matters.

There were various **suggestive** pieces of evidence.

wary Openly distrustful and unwilling to confide.

They were **wary** in their movements.

watchful Experiencing or accompanied by sleeplessness.

They attended dances under the watchful eye of their father.

