

Need another word that means the same as “mindful”? Find 13 synonyms and 30 related words for “mindful” in this overview.

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The synonyms of “Mindful” are: aware, aware of, conscious of, alive to, sensible of, alert to, awake to, acquainted with, watchful of, careful of, wary of, chary of, cognizant of

Mindful as an Adjective

Definitions of "Mindful" as an adjective

According to the [Oxford Dictionary of English](#), “mindful” as an adjective can have the following definitions:

- *Conscious or aware of something.*
- *Inclined or willing to do something.*
- *Bearing in mind; attentive to.*
- *Focusing one's awareness on the present moment, especially as part of a therapeutic or meditative technique.*



Synonyms of "Mindful" as an adjective (13 Words)

acquainted with	Having fair knowledge of.
alert to	Quick and energetic.
alive to	In operation.
awake to	Not in a state of sleep; completely conscious.
aware	(sometimes followed by `of') having or showing knowledge or understanding or realization or perception. <i>He was aware that a problem existed.</i>
aware of	Bearing in mind; attentive to.
careful of	Full of cares or anxiety-Luke 10.41.
chary of	Characterized by great caution and wariness.
cognizant of	Having or showing knowledge or understanding or realization or perception.
conscious of	Intentionally conceived.

sensible of	Able to feel or perceive.
wary of	Marked by keen caution and watchful prudence.
watchful of	Experiencing or accompanied by sleeplessness- Shakespeare.



Usage Examples of "Mindful" as an adjective

- *Mindful of his responsibilities.*
- *I arrived home for the summer, ever mindful of my obligations to my parents.*
- *A mindful approach to life helps us to let go of the stress that often comes with conflicts in relationships.*
- *The judge said that he was not mindful to postpone the eviction again.*
- *Ever mindful of her health.*
- *Mindful of these criticisms, I shall attempt to justify my action.*
- *Tune in to your body and be mindful.*



Associations of "Mindful" (30 Words)

alert

A warning serves to make you more alert to danger.
*Bombers were put on **alert** during the crisis.*

attentive

Giving care or attention.
*The nurse was **attentive** to her patient.*

aware

Having or showing knowledge or understanding or realization or perception.
*He was **aware** that a problem existed.*

beware

Be cautious and alert to risks or dangers.
*Shoppers were warned to **beware** of cut price fakes.*

careful

Done with or showing thought and attention.
***Careful** of the rights of others.*

cautious

People who are fearful and cautious.
*The plan received a **cautious** welcome.*

<u>chary</u>	Characterized by great caution and wariness. <i>She had been chary of telling the whole truth.</i>
circumspect	Wary and unwilling to take risks. <i>Physicians are now more circumspect about recommending its use.</i>
cognizant	Having or showing knowledge or understanding or realization or perception. <i>Statesmen must be cognizant of the political boundaries within which they work.</i>
consciously	In a way that is directly perceptible to and under the control of the person concerned. <i>She consciously chose to ignore him.</i>
<u>discreet</u>	Heedful of potential consequences. <i>A discreet silence.</i>
<u>discreetly</u>	In a careful and prudent manner, especially in order to keep something confidential or to avoid embarrassment. <i>She coughed discreetly.</i>
<u>evocative</u>	Bringing strong images, memories, or feelings to mind. <i>Powerfully evocative lyrics.</i>
memory	The area of cognitive psychology that studies memory processes. <i>The brain regions responsible for memory.</i>
<u>nostalgic</u>	A nostalgic person. <i>A nostalgic account of an idyllic childhood.</i>
<u>perfunctory</u>	(of an action) carried out without real interest, feeling, or effort. <i>He gave a perfunctory nod.</i>
<u>prudent</u>	Acting with or showing care and thought for the future. <i>Prudent rulers.</i>
recall	Recall knowledge from memory have a recollection. <i>She was recalled by a loud laugh.</i>
recollect	Recall knowledge from memory have a recollection. <i>Can you recollect how he reacted.</i>
<u>recollection</u>	The ability to recall past occurrences. <i>To the best of my recollection no one ever had a bad word to say about him.</i>
redolent	Noticeably odorous. <i>A campaign redolent of machine politics.</i>
remember	Recapture the past; indulge in memories. <i>She remembered herself and sat up straighter.</i>

remembrance	The action of remembering the dead. <i>I went through the papers and remembrances in his drawers.</i>
remind	Put in the mind of someone. <i>His impassive fierce stare reminded her of an owl.</i>
<u>reminiscent</u>	Tending to remind one of something. <i>Her expression was wistful and reminiscent.</i>
retentive	(of a person's memory) effective in retaining facts and impressions. <i>Soil should be rich and moisture retentive.</i>
<u>subconsciously</u>	From the subconscious mind. <i>Maybe subconsciously I was trying to sabotage the deal.</i>
<u>suggestive</u>	Making someone think of sexual matters. <i>There were various suggestive pieces of evidence.</i>
wary	Openly distrustful and unwilling to confide. <i>They were wary in their movements.</i>
watchful	Experiencing or accompanied by sleeplessness. <i>They attended dances under the watchful eye of their father.</i>

