

Need another word that means the same as “muscular”? Find 28 synonyms and 30 related words for “muscular” in this overview.

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**The synonyms of “Muscular” are: mesomorphic, brawny, hefty, powerful, sinewy, fibrous, strong, muscly, well built, powerfully built, well muscled, burly, strapping, sturdy, rugged, broad-shouldered, athletic, well knit, muscle-bound, herculean, manly, vigorous, robust, dynamic, potent, energetic, active, aggressive**

## Muscular as an Adjective

### Definitions of "Muscular" as an adjective

According to the [Oxford Dictionary of English](#), “muscular” as an adjective can have the following definitions:

- *Having well-developed muscles.*
- *Relating to or affecting the muscles.*
- *Of or relating to or consisting of muscle.*
- *Having or suggesting great physical power or force.*
- *Possessing physical strength and weight; rugged and powerful.*
- *Vigorously robust.*
- *Having a robust muscular body-build characterized by predominance of structures (bone and muscle and connective tissue) developed from the embryonic mesodermal layer.*
- *(of a person) possessing physical strength and weight; rugged and powerful.*



## Synonyms of "Muscular" as an adjective (28 Words)

<b>active</b>	Taking part in an activity. <i>He was politically <b>active</b>.</i>
<b>aggressive</b>	Having or showing determination and energetic pursuit of your ends. <i>An <b>aggressive</b> businessman.</i>
<b>athletic</b>	Relating to or befitting athletics or athletes. <i>Big muscular <b>athletic</b> boys.</i>
<b><u>brawny</u></b>	Physically strong; muscular. <i>Gordon had <b>brawny</b> tattooed arms.</i>
<b>broad-shouldered</b>	Having broad shoulders.
<b>burly</b>	(of a person) large and strong; heavily built. <i>A big <b>burly</b> man.</i>
<b>dynamic</b>	Of or relating to dynamics. <i>A <b>dynamic</b> young advertising executive.</i>
<b><u>energetic</u></b>	Relating to or characterized by energy (in the technical sense). <i>An <b>energetic</b> group of hikers.</i>

<b>fibrous</b>	(of meat) full of sinews; especially impossible to chew. <i>A good <b>fibrous</b> root system.</i>
<b>hefty</b>	Large in amount or extent or degree. <i>He aimed a <b>hefty</b> kick at the door.</i>
<b>herculean</b>	Extremely difficult; requiring the strength of a Hercules. <i>A <b>herculean</b> task.</i>
<b>manly</b>	Characteristic of a man. <i>Honest <b>manly</b> sports.</i>
<b>mesomorphic</b>	Having a robust muscular body-build characterized by predominance of structures (bone and muscle and connective tissue) developed from the embryonic mesodermal layer.
<b>muscle-bound</b>	Having stiff muscles as the result of excessive exercise.
<b>muscly</b>	Muscular. <i>His <b>muscly</b> forearms.</i>
<b>potent</b>	Capable of copulation. <i><b>Potent</b> liquor.</i>
<b>powerful</b>	Possessing physical strength and weight rugged and powerful. <i>A fast <b>powerful</b> car.</i>
<b>powerfully built</b>	Displaying superhuman strength or power.
<b>robust</b>	(of a system, organization, etc.) able to withstand or overcome adverse conditions. <i>The Caplan family are a <b>robust</b> lot.</i>
<b>rugged</b>	Sturdy and strong in constitution or construction; enduring. <i>A <b>rugged</b> competitive examination.</i>
<b>sinewy</b>	Consisting of tendons or resembling a tendon. <i>The language is spare and <b>sinewy</b>.</i>
<b>strapping</b>	Muscular and heavily built. <i>A <b>strapping</b> boy of eighteen.</i>
<b>strong</b>	Strong and sure. <i>The government were urged to take <b>strong</b> measures against the perpetrators of violence.</i>
<b>sturdy</b>	Strong enough to withstand rough work or treatment. <i><b>Sturdy</b> young athletes.</i>
<b>vigorous</b>	Strong, healthy, and full of energy. <i>A tall <b>vigorous</b> and muscular man.</i>
<b>well built</b>	Resulting favorably.
<b>well knit</b>	Resulting favorably.

**well muscled** In good health especially after having suffered illness or injury.



### Usage Examples of "Muscular" as an adjective

- *The muscular and passionate Fifth Symphony.*
- *A muscular boxer.*
- *Energy is needed for muscular activity.*
- *His legs were strong and muscular.*
- *A muscular economy.*





## Associations of "Muscular" (30 Words)

- atrophy** Undergo atrophy.  
*Extensive TV viewing may lead to **atrophy** of children s imaginations.*
- brave** People who are brave.  
*The home of the free and the **brave**.*
- courage** Strength in the face of pain or grief.  
*She called on all her **courage** to face the ordeal.*
- cramp** Affect with or as if with a cramp.  
*In the final game Chang **cramped** severely.*
- male** Of or denoting the sex that produces gametes especially spermatozoa with which a female may be fertilized or inseminated to produce offspring.  
***Male** unemployment.*
- manliness** The traditional male quality of being brave and strong.  
*Men accustomed to proving their **manliness** on the streets.*

<b>manly</b>	(of an activity) befitting a man. <i>Honest <b>manly</b> sports.</i>
<b>masculine</b>	A masculine word or form. <i>The dance presents the world of the <b>masculine</b> its raw energy.</i>
<b>muscle</b>	A muscle or muscles when well developed or prominently visible under the skin. <i>The sheet of <b>muscle</b> between the abdomen and chest.</i>
<b>musculature</b>	The muscular system of an organism. <i>The speech <b>musculature</b>.</i>
<b>ossify</b>	Become bony. <i>These tracheal cartilages may <b>ossify</b>.</i>
<b>palsy</b>	Affect with palsy. <i>A kind of <b>palsy</b> had seized him.</i>
<b>physique</b>	The form, size, and development of a person's body. <i>He has a strong <b>physique</b>.</i>
<b>potent</b>	Capable of copulation. <i><b>Potent</b> liquor.</i>
<b>powerful</b>	Possessing physical strength and weight rugged and powerful. <i>The world's most <b>powerful</b> nation.</i>
<b>puissant</b>	Having great power or influence. <i>He would become a <b>puissant</b> man.</i>
<b>robust</b>	Marked by richness and fullness of flavor. <i>A <b>robust</b> body.</i>
<b>sinewy</b>	Consisting of or resembling sinews. <i>The language is spare and <b>sinewy</b>.</i>
<b>spasm</b>	A sudden involuntary muscular contraction or convulsive movement. <i>A <b>spasm</b> of coughing woke him.</i>
<b>stamina</b>	The ability to sustain prolonged physical or mental effort. <i>Their secret is <b>stamina</b> rather than speed.</i>
<b>strength</b>	The number of people comprising a group, typically a team or army. <i>His <b>strength</b> was his obsessive single mindedness.</i>
<b>strong</b>	Relating to or denoting the strongest of the known kinds of force between particles which acts between nucleons and other hadrons when closer than about 10 cm so binding protons in a nucleus despite the repulsion due to their charge and which conserves strangeness parity and isospin. <i>He was not a <b>strong</b> swimmer.</i>

- sturdy** Having rugged physical strength; inured to fatigue or hardships.  
*He had a **sturdy** muscular physique.*
- tendinous** Consisting of or resembling tendons.  
*A band of muscular and **tendinous** fibres.*
- tough** Physically toughened.  
*A **tough** character.*
- twitch** Use a twitch to subdue a horse.  
*Her lips **twitched** and her eyelids fluttered.*
- valiant** Possessing or showing courage or determination.  
*She made a **valiant** effort to hold her anger in check.*
- vigorous** (of language) forceful.  
*A **vigorous** campaign.*
- virile** Characteristic of a man.  
*A strong **virile** performance of the Mass.*
- virility** (in a man) the quality of having strength, energy, and a strong sex drive; manliness.  
*Great importance is placed on a man's **virility**.*

