

Need another word that means the same as “nervousness”? Find 27 synonyms and 30 related words for “nervousness” in this overview.

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The synonyms of “Nervousness” are: nerves, jitteriness, jumpiness, restiveness, worry, concern, apprehension, apprehensiveness, consternation, uneasiness, unease, fearfulness, fear, disquiet, disquietude, perturbation, fretfulness, agitation, angst, edginess, tension, tenseness, stress, misgiving, trepidation, foreboding, suspense

Nervousness as a Noun

Definitions of "Nervousness" as a noun

According to the [Oxford Dictionary of English](#), “nervousness” as a noun can have the following definitions:

- *The quality or state of being nervous.*
- *A sensitive or highly strung temperament.*
- *The anxious feeling you have when you have the jitters.*
- *An uneasy psychological state.*



Synonyms of "Nervousness" as a noun (27 Words)

agitation	A state of agitation or turbulent change or development. <i>Widespread agitation for social reform.</i>
angst	A feeling of deep anxiety or dread, typically an unfocused one about the human condition or the state of the world in general. <i>The existential angst of the middle classes.</i>
apprehension	Understanding; grasp. <i>The student looked around the examination room with apprehension.</i>
apprehensiveness	Fearful expectation or anticipation.
concern	An anxious feeling. <i>Housing is the concern of the Housing Executive.</i>
consternation	A feeling of anxiety or dismay, typically at something unexpected. <i>To her consternation her car wouldn't start.</i>
disquiet	The trait of seeming ill at ease. <i>Public disquiet about animal testing.</i>

disquietude	Feelings of anxiety that make you tense and irritable. <i>Such passages reflect a sense of disquietude of alienation even.</i>
edginess	Feelings of anxiety that make you tense and irritable.
fear	An unpleasant emotion caused by the threat of danger, pain, or harm. <i>He is prey to irrational fears.</i>
fearfulness	The trait of being afraid.
foreboding	A feeling of evil to come. <i>With a sense of foreboding she read the note.</i>
fretfulness	An irritable petulant feeling.
jitteriness	The anxious feeling you have when you have the jitters.
jumpiness	The anxious feeling you have when you have the jitters.
misgiving	Doubt about someone's honesty. <i>I felt a sense of misgiving at the prospect of retirement.</i>
nerves	Control of your emotions. <i>This kind of tension is not good for my nerves.</i>
perturbation	Anxiety; mental uneasiness. <i>These shifts and swings in wildlife populations are possibly related to climatic perturbations.</i>
restiveness	The anxious feeling you have when you have the jitters.
stress	The degree of stress measured in units of force per unit area. <i>She endured the stresses and strains of life.</i>
suspense	A state or feeling of excited or anxious uncertainty about what may happen. <i>The play kept the audience in suspense.</i>
tenseness	(psychology) a state of mental or emotional strain or suspense. <i>He could feel the tenseness of her body.</i>
tension	The state of having the muscles stretched tight, especially as causing strain or discomfort. <i>The basic tension between freedom and control.</i>
trepidation	A feeling of fear or anxiety about something that may happen. <i>The men set off in fear and trepidation.</i>
unease	The trait of seeming ill at ease. <i>Public unease about defence policy.</i>
uneasiness	The trait of seeming ill at ease. <i>I sensed the uneasiness of people around me.</i>

worry

The state of being anxious and troubled over actual or potential problems.

*It is not work but **worry** that kills.*



Usage Examples of "Nervousness" as a noun

- *There was a trace of nervousness in his voice.*

Associations of "Nervousness" (30 Words)

apprehensive

Quick to understand- Nathaniel Hawthorne.
*He felt **apprehensive** about going home.*

defuse	Remove the triggering device from. <i>A scheme that teaches officers how to defuse potentially explosive situations.</i>
dejection	A sad and depressed state; low spirits. <i>He was slumped in deep dejection.</i>
excitability	Excessive sensitivity of an organ or body part.
flighty	Unpredictably excitable (especially of horses). <i>Her mother was a flighty Southern belle.</i>
fraught	(of a situation or course of action) filled with or likely to result in (something undesirable). <i>Words fraught with meaning.</i>
fretful	Habitually complaining. <i>A constant fretful stamping of hooves.</i>
harried	Troubled persistently especially with petty annoyances. <i>Harried detectives answer ringing phones.</i>
impatience	The tendency to be impatient; irritability or restlessness. <i>She crumpled up the pages in a burst of impatience.</i>
insecurity	The state of being subject to danger or injury. <i>She had a deep sense of insecurity.</i>
irritability	Excessive sensitivity of an organ or body part. <i>Symptoms include insomnia and irritability.</i>
nervously	With nervous excitement. <i>I was blushing and smiling nervously.</i>
nervy	Bold or impudent. <i>The nervy feats of mountaineers.</i>
paralyze	Cause to be paralyzed and immobile. <i>The poison paralyzed him.</i>
peevish	Having or showing an irritable disposition. <i>A thin peevish voice.</i>
petulance	An irritable petulant feeling. <i>A slight degree of petulance had crept into his voice.</i>
preoccupied	Deeply absorbed in thought. <i>A preoccupied frown.</i>
querulous	Habitually complaining. <i>She became querulous and demanding.</i>
restlessly	In a restless manner.

<u>skittish</u>	Unpredictably excitable (especially of horses). <i>A skittish chestnut mare.</i>
solicitous	Showing hovering attentiveness. <i>Solicitous parents.</i>
<u>strained</u>	Of a mainly liquid substance having been strained to separate out any solid matter. <i>A constrained smile.</i>
stressed	Strengthened by the application of stress during manufacture prestressed. <i>An iambic foot consists of an unstressed syllable followed by a stressed syllable as in delay.</i>
<u>temper</u>	Make more temperate acceptable or suitable by adding something else moderate. <i>Drew had walked out in a temper.</i>
<u>tense</u>	Become tense typically through anxiety or nervousness. <i>He was tense with excitement.</i>
<u>troubled</u>	Showing distress or anxiety. <i>A troubled expression.</i>
<u>uneasy</u>	Relating to bodily unease that causes discomfort. <i>Farmers were uneasy until rain finally came.</i>
<u>uptight</u>	Being in a tense state. <i>He is so uptight about everything.</i>
volatility	Being easily excited. <i>The volatility of the market drove many investors away.</i>
worried	Mentally upset over possible misfortune or danger etc. <i>Not used to a city and worried about small things.</i>