

Need another word that means the same as “nutrition”? Find 9 synonyms and 30 related words for “nutrition” in this overview.

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**The synonyms of “Nutrition” are: aliment, alimentation, nourishment, nutriment, sustenance, victuals, nutrients, food, daily bread**

## Nutrition as a Noun

### Definitions of "Nutrition" as a noun

According to the [Oxford Dictionary of English](#), “nutrition” as a noun can have the following definitions:

- *Food or nourishment.*
- *The organic process of nourishing or being nourished; the processes by which an organism assimilates food and uses it for growth and maintenance.*
- *(physiology) the organic process of nourishing or being nourished; the processes by which an organism assimilates food and uses it for growth and maintenance.*
- *The process of providing or obtaining the food necessary for health and growth.*
- *A source of materials to nourish the body.*
- *The scientific study of food and drink (especially in humans).*
- *The branch of science that deals with nutrients and nutrition, particularly in humans.*



## Synonyms of "Nutrition" as a noun (9 Words)

**aliment** Food; nourishment.

**alimentation** A source of materials to nourish the body.

**daily bread** A newspaper that is published every day.

**food** Any nutritious substance that people or animals eat or drink or that plants absorb in order to maintain life and growth.  
*We need **food** and water.*

**nourishment** The action of nourishing someone or something.  
*She was starved of emotional **nourishment**.*

**nutrients** Any substance that can be metabolized by an animal to give energy and build tissue.

**nutriment** A source of materials to nourish the body.  
*The bees reprocess the food and extract the last particle of **nutriment** from it.*

**sustenance** Food and drink regarded as a source of strength; nourishment.  
*Poor rural economies turned to potatoes for **sustenance**.*

**victuals** A source of materials to nourish the body.



## Usage Examples of "Nutrition" as a noun

- *A guide to good nutrition.*
- *A feeding tube gives her nutrition and water.*





## Associations of "Nutrition" (30 Words)

<b>alimentary</b>	Of or providing nourishment.
<b>calorie</b>	The energy needed to raise the temperature of 1 kilogram of water through 1 C equal to one thousand small calories and often used to measure the energy value of foods.
<b>comestible</b>	An item of food. <i>A fridge groaning with <b>comestibles</b>.</i>
<b>commissariat</b>	A government department of the USSR before 1946.
<b>dietary</b>	Of or relating to the diet. <b>Dietary</b> restrictions.
<b>dietitian</b>	A specialist in the study of nutrition.
<b><u>digest</u></b>	A substance or mixture obtained by digestion. <i>The computer <b>digested</b> your labours into a form understandable by a program.</i>

<b>edible</b>	Suitable for use as food. <i>The farm grows a variety of tropical plants yielding an amazing assortment of fruits and other <b>edibles</b>.</i>
<b>feed</b>	Feed into supply. <i>Her success <b>feeds</b> her vanity.</i>
<b>fertilization</b>	The action or process of applying a fertilizer to soil or land.
<b>healthy</b>	Normal, natural, and desirable. <i>Plenty of <b>healthy</b> sleep.</i>
<b>intake</b>	An amount of food, air, or another substance taken into the body. <i>Cut rectangular holes for the air <b>intake</b>.</i>
<b>nourish</b>	Give nourishment to. <i>I was doing everything I could to <b>nourish</b> and protect the baby.</i>
<b>nourishing</b>	(of food) containing substances necessary for growth, health, and good condition. <i>A simple but <b>nourishing</b> meal.</i>
<b>nourishment</b>	The food necessary for growth, health, and good condition. <i>The <b>nourishment</b> of our bodies and of our minds.</i>
<b>nutrient</b>	Any substance (such as a chemical element or inorganic compound) that can be taken in by a green plant and used in organic synthesis. <i>Fish is a source of many important <b>nutrients</b> including protein vitamins and minerals.</i>
<b>nutriment</b>	Nourishment; sustenance. <i>He took the Bible for spiritual <b>nutriment</b>.</i>
<b>nutritional</b>	Relating to the process of providing or obtaining the food necessary for health and growth. <i>Genetic engineering can alter the <b>nutritional</b> value of food.</i>
<b>nutritionist</b>	A specialist in the study of nutrition.
<b>nutritious</b>	Of or providing nourishment. <i>Home cooked burgers make a <b>nutritious</b> meal.</i>
<b>nutritive</b>	Of or providing nourishment. <i><b>Nutritive</b> food.</i>
<b>provender</b>	A stock or supply of foods. <i>To raise the prices of <b>provender</b> for cattle importation has been severely curtailed.</i>
<b>regimen</b>	(medicine) a systematic plan for therapy (often including diet). <i>A <b>regimen</b> of one or two injections per day.</i>

<b>supplement</b>	A supplementary component that improves capability. <i>Multivitamin <b>supplements</b>.</i>
<b><u>sustenance</u></b>	The financial means whereby one lives. <i>Poor rural economies turned to potatoes for <b>sustenance</b>.</i>
<b>veg</b>	Edible seeds or roots or stems or leaves or bulbs or tubers or nonsweet fruits of any of numerous herbaceous plant. <i>They were <b>vegging</b> out in front of the TV.</i>
<b>victuals</b>	A source of materials to nourish the body.
<b>vitamin</b>	A pill containing a specified amount of a particular vitamin or vitamins taken as a dietary supplement. <i><b>Vitamin</b> deficiency.</i>
<b><u>wholesome</u></b>	Conducive to or characteristic of physical or moral well-being. <i>Good <b>wholesome</b> fun.</i>
<b>wholesomeness</b>	The quality of being beneficial and generally good for you.

