

Need another word that means the same as “nutrition”? Find 9 synonyms and 30 related words for “nutrition” in this overview.

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The synonyms of “Nutrition” are: aliment, alimentation, nourishment, nutriment, sustenance, victuals, nutrients, food, daily bread

Nutrition as a Noun

Definitions of "Nutrition" as a noun

According to the [Oxford Dictionary of English](#), “nutrition” as a noun can have the following definitions:

- *Food or nourishment.*
- *The organic process of nourishing or being nourished; the processes by which an organism assimilates food and uses it for growth and maintenance.*
- *(physiology) the organic process of nourishing or being nourished; the processes by which an organism assimilates food and uses it for growth and maintenance.*
- *The process of providing or obtaining the food necessary for health and growth.*
- *A source of materials to nourish the body.*
- *The scientific study of food and drink (especially in humans).*
- *The branch of science that deals with nutrients and nutrition, particularly in humans.*



Synonyms of "Nutrition" as a noun (9 Words)

aliment	Food; nourishment.
alimentation	A source of materials to nourish the body.
daily bread	A newspaper that is published every day.
food	Any nutritious substance that people or animals eat or drink or that plants absorb in order to maintain life and growth. <i>We need food and water.</i>
<u>nourishment</u>	The action of nourishing someone or something. <i>She was starved of emotional nourishment.</i>
nutrients	Any substance that can be metabolized by an animal to give energy and build tissue.
nutriment	A source of materials to nourish the body. <i>The bees reprocess the food and extract the last particle of nutriment from it.</i>

sustenance

Food and drink regarded as a source of strength; nourishment.
*Poor rural economies turned to potatoes for **sustenance**.*

victuals

A source of materials to nourish the body.



Usage Examples of "Nutrition" as a noun

- *A guide to good nutrition.*
- *A feeding tube gives her nutrition and water.*



Associations of "Nutrition" (30 Words)

alimentary	Of or providing nourishment.
calorie	The energy needed to raise the temperature of 1 kilogram of water through 1 C equal to one thousand small calories and often used to measure the energy value of foods.
comestible	An item of food. <i>A fridge groaning with comestibles.</i>
commissariat	A government department of the USSR before 1946.
dietary	Of or relating to the diet. Dietary restrictions.
dietitian	A specialist in the study of nutrition.
<u>digest</u>	A substance or mixture obtained by digestion. <i>The computer digested your labours into a form understandable by a program.</i>

edible	Suitable for use as food. <i>The farm grows a variety of tropical plants yielding an amazing assortment of fruits and other edibles.</i>
feed	Feed into supply. <i>Her success feeds her vanity.</i>
fertilization	The action or process of applying a fertilizer to soil or land.
healthy	Normal, natural, and desirable. <i>Plenty of healthy sleep.</i>
intake	An amount of food, air, or another substance taken into the body. <i>Cut rectangular holes for the air intake.</i>
nourish	Give nourishment to. <i>I was doing everything I could to nourish and protect the baby.</i>
nourishing	(of food) containing substances necessary for growth, health, and good condition. <i>A simple but nourishing meal.</i>
nourishment	The food necessary for growth, health, and good condition. <i>The nourishment of our bodies and of our minds.</i>
nutrient	Any substance (such as a chemical element or inorganic compound) that can be taken in by a green plant and used in organic synthesis. <i>Fish is a source of many important nutrients including protein vitamins and minerals.</i>
nutriment	Nourishment; sustenance. <i>He took the Bible for spiritual nutriment.</i>
nutritional	Relating to the process of providing or obtaining the food necessary for health and growth. <i>Genetic engineering can alter the nutritional value of food.</i>
nutritionist	A specialist in the study of nutrition.
nutritious	Of or providing nourishment. <i>Home cooked burgers make a nutritious meal.</i>
nutritive	Of or providing nourishment. <i>Nutritive food.</i>
provender	A stock or supply of foods. <i>To raise the prices of provender for cattle importation has been severely curtailed.</i>
regimen	(medicine) a systematic plan for therapy (often including diet). <i>A regimen of one or two injections per day.</i>

supplement	A supplementary component that improves capability. <i>Multivitamin supplements.</i>
<u>sustenance</u>	The financial means whereby one lives. <i>Poor rural economies turned to potatoes for sustenance.</i>
veg	Edible seeds or roots or stems or leaves or bulbs or tubers or nonsweet fruits of any of numerous herbaceous plant. <i>They were vegging out in front of the TV.</i>
victuals	A source of materials to nourish the body.
vitamin	A pill containing a specified amount of a particular vitamin or vitamins taken as a dietary supplement. <i>Vitamin deficiency.</i>
<u>wholesome</u>	Conducive to or characteristic of physical or moral well-being. <i>Good wholesome fun.</i>
wholesomeness	The quality of being beneficial and generally good for you.

