

Need another word that means the same as “obsess”? Find 39 synonyms and 30 related words for “obsess” in this overview.

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**The synonyms of “Obsess” are: ghost, haunt, preoccupy, be uppermost in someone's mind, prey on someone's mind, prey on, possess, consume, plague, torment, hound, bedevil, take control of, take over, become an obsession with, have a hold on, engross, eat up, have a grip on, grip, dominate, rule, control, beset, monopolize, be fixated, be preoccupied, be infatuated, be possessed, be haunted, be consumed, be plagued, be tormented, be bedevilled, be eaten up, be gripped, be in the grip of, be dominated, be beset**

## Obsess as a Verb

### Definitions of "Obsess" as a verb

According to the [Oxford Dictionary of English](#), “obsess” as a verb can have the following definitions:

- *Be preoccupied with something.*
- *Haunt like a ghost; pursue.*
- *Be constantly talking or worrying about something.*
- *Preoccupy or fill the mind of (someone) continually and to a troubling extent.*



## Synonyms of "Obsess" as a verb (39 Words)

<b>be bedevilled</b>	Happen, occur, take place.
<b>be beset</b>	Be identical or equivalent to.
<b>be consumed</b>	Have life, be alive.
<b>be dominated</b>	Be identical to; be someone or something.
<b>be eaten up</b>	To remain unmolested, undisturbed, or uninterrupted — used only in infinitive form.
<b>be fixated</b>	Happen, occur, take place.
<b>be gripped</b>	Occupy a certain position or area.
<b>be haunted</b>	Happen, occur, take place.
<b>be in the grip of</b>	Have life, be alive.
<b>be infatuated</b>	To remain unmolested, undisturbed, or uninterrupted — used only in infinitive form.
<b>be plagued</b>	Happen, occur, take place.

**be possessed**

Work in a specific place, with a specific subject, or in a specific function.

**be preoccupied**

Have life, be alive.

**be tormented**

Have life, be alive.

**be uppermost in someone's mind**

Occupy a certain position or area.

**become an obsession with**

Undergo a change or development.

**bedevil**

(of a person) torment or harass.

*Projects like this are **bedevilled** by a shortage of cash.*

**beset**

Surround and harass.

*I was **beset** by clouds of flies.*

**consume**

Serve oneself to or consume regularly.

*This process **consumes** enormous amounts of energy.*

**control**

Control others or oneself or influence skillfully usually to one's advantage.

*There were never enough masters to **control** the unruly mobs of boys.*

**dominate**

Be the most important or conspicuous person or thing in.

*A picturesque city **dominated** by the cathedral tower.*

**eat up**

Take in food; used of animals only.

**engross**

Gain or keep exclusive possession of (something).

*They seemed to be **engrossed** in conversation.*

**ghost**

Move like a ghost.

*People who **ghost** are primarily focused on avoiding their own emotional discomfort.*

**grip**

To grip or seize as in a wrestling match.

*He **gripped** the steering wheel.*

**haunt**

Haunt like a ghost pursue.

*She **haunts** the ballet.*

**have a grip on**

Cause to do; cause to act in a specified manner.

**have a hold on**

Suffer from; be ill with.

**hound**

Pursue or chase relentlessly.

*His opponents used the allegations to **hound** him out of office.*

**monopolize**

Get or keep exclusively to oneself.

*He **monopolizes** the laser printer.*

**plague**

Annoy continually or chronically.  
*He has been **plagued** by ill health.*

**possess**

Have possession of as distinct from ownership.  
*He just wanted her to **possess** her.*

**preoccupy**

(of a matter or subject) dominate or engross the mind of (someone) to the exclusion of other thoughts.  
*His mother was **preoccupied** with paying the bills.*

**prey on**

Prey on or hunt for.

**prey on someone's mind**

Prey on or hunt for.

**rule**

Mark or draw with a ruler.  
*The tenth House **ruled** by Saturn and associated with Capricorn.*

**take control of**

Take somebody somewhere.

**take over**

Develop a habit.

**torment**

Torment emotionally or mentally.  
*He was **tormented** by jealousy.*





## Usage Examples of "Obsess" as a verb

- *Her husband, who is obsessing about the wrong she has done him.*
- *He was obsessed with the idea of revenge.*
- *She is obsessing over her weight.*
- *I became more and more obsessed by him.*



## Associations of "Obsess" (30 Words)

- ambition** Have as one's ambition.  
*Her **ambition** was to become a pilot.*
- blessedness** A state of supreme happiness.
- captivated** Filled with wonder and delight.

<b>charmed</b>	Strongly attracted. A <b>charmed</b> quark.
<b>delighted</b>	Filled with wonder and delight. A <b>delighted</b> smile.
<b>delightful</b>	Greatly pleasing or entertaining. A <b>delightful</b> surprise.
<b>elated</b>	Exultantly proud and joyful; in high spirits. The <b>elated</b> winner.
<b>enjoy</b>	Derive or receive pleasure from get enjoyment from take pleasure in. I <b>enjoy</b> watching good films.
<b>enjoyable</b>	(of an activity or occasion) giving delight or pleasure. They had an <b>enjoyable</b> afternoon.
<b>euphoric</b>	Characterized by or feeling intense excitement and happiness. A <b>euphoric</b> sense of freedom.
<b>exult</b>	Feel extreme happiness or elation. <b>Exulting</b> in her escape Lisa closed the door behind her.
<b>exultant</b>	Joyful and proud especially because of triumph or success. He waved to the <b>exultant</b> crowds.
<b>exultation</b>	A feeling of triumphant elation or jubilation; rejoicing. She laughs in <b>exultation</b> .
<b>fascinated</b>	Strongly attracted and interested. A crowd of <b>fascinated</b> onlookers.
<b>ghost</b>	Act as ghostwriter of a work. I didn't want to <b>ghost</b> her so we ended up having the talk and it was horrible.
<b>glad</b>	Any of numerous plants of the genus <i>Gladiolus</i> native chiefly to tropical and South Africa having sword-shaped leaves and one-sided spikes of brightly colored funnel-shaped flowers; widely cultivated. Heard the <b>glad</b> news.
<b>grateful</b>	Feeling or showing gratitude. A <b>grateful</b> heart.
<b>haunt</b>	Haunt like a ghost pursue. The bar was a favourite <b>haunt</b> of artists of the time.
<b>hope</b>	A specific instance of feeling hopeful. It revived their <b>hope</b> of winning the pennant.
<b>infatuated</b>	Possessed with an intense but short-lived passion or admiration for someone. An <b>infatuated</b> teenager.

<b>jubilant</b>	Joyful and proud especially because of triumph or success. <i>A large number of <b>jubilant</b> fans ran on to the pitch.</i>
<b>lucky</b>	Having, bringing, or resulting from good luck. <i>Three s my <b>lucky</b> number.</i>
<u><b>please</b></u>	Used to ask someone to stop doing something of which the speaker disapproves. <i>What type of fish is this <b>please</b>.</i>
<u><b>pleased</b></u>	Experiencing or manifesting pleasure. <i>A <b>pleased</b> smile.</i>
<u><b>pleasurable</b></u>	Affording satisfaction or pleasure. <i><b>Pleasurable</b> activities.</i>
<u><b>pursue</b></u>	Continue or proceed along (a path or route). <i>Andrew was determined to <b>pursue</b> a computer career.</i>
<b>rejoicing</b>	A feeling of great happiness. <i><b>Rejoicing</b> crowds filled the streets on VJ Day.</i>
<b>think</b>	An act of thinking. <i>I went for a walk to have a <b>think</b>.</i>
<u><b>vivacious</b></u>	Vigorous and animated. <i>A <b>vivacious</b> folk dance.</i>

