

overstrained

The past tense of overstrain is overstrained

Table Of Contents:

- [overstrained](#)
- [The Forms of Overstrain](#)
- [Conjugate Overstrain](#)
- [Overstrain in Present Simple \(Indefinite\) Tense](#)
- [Overstrain in Present Continuous \(Progressive\) Tense](#)
- [Overstrain in Present Perfect Tense](#)
- [Overstrain in Present Perfect Continuous Tense](#)
- [Overstrain in Past Simple \(Indefinite\) Tense](#)
- [Overstrain in Past Continuous \(Progressive\) Tense](#)
- [Overstrain in Past Perfect Tense](#)
- [Overstrain in Past Perfect Continuous Tense](#)
- [Overstrain in Future Simple \(Indefinite\) Tense](#)
- [Overstrain in Future Continuous \(Progressive\) Tense](#)
- [Overstrain in Future Perfect Tense](#)
- [Overstrain in Future Perfect Continuous Tense](#)

The Forms of Overstrain

Infinitive	to overstrain
Present Tense	overstrain / overstrains
Past Tense	overstrained
Present Participle	overstraining
Past Participle	overstrained

Conjugate Overstrain

Overstrain in Present Simple (Indefinite) Tense

Singular

Plural

I **overstrain** We **overstrain**
You **overstrain** You **overstrain**
He/She/It **overstrains** They **overstrain**

Overstrain in Present Continuous (Progressive) Tense

Singular

Plural

I **am overstraining** We **are overstraining**
You **are overstraining** You **are overstraining**
He/She/It **is overstraining** They **are overstraining**

Overstrain in Present Perfect Tense

Singular

Plural

I **have overstrained** We **have overstrained**
You **have overstrained** You **have overstrained**
He/She/It **has overstrained** They **have overstrained**

Overstrain in Present Perfect Continuous Tense

Singular

Plural

I **have been overstraining** We **have been overstraining**
You **have been overstraining** You **have been overstraining**
He/She/It **has been overstraining** They **have been overstraining**

Overstrain in Past Simple (Indefinite) Tense

Singular

Plural

I **overstrained** We **overstrained**
You **overstrained** You **overstrained**
He/She/It **overstrained** They **overstrained**

Overstrain in Past Continuous (Progressive) Tense

Singular

Plural

I was overstraining

We were overstraining

You were overstraining

You were overstraining

He/She/It was overstraining **They were overstraining**

Overstrain in Past Perfect Tense

Singular

Plural

I had overstrained

We had overstrained

You had overstrained

You had overstrained

He/She/It had overstrained **They had overstrained**

Overstrain in Past Perfect Continuous Tense

Singular

Plural

I had been overstraining

We had been overstraining

You had been overstraining

You had been overstraining

He/She/It had been overstraining **They had been overstraining**

Overstrain in Future Simple (Indefinite) Tense

Singular

Plural

I will overstrain

We will overstrain

You will overstrain

You will overstrain

He/She/It will overstrain **They will overstrain**

Overstrain in Future Continuous (Progressive) Tense

Singular

Plural

I will be overstraining

We will be overstraining

You will be overstraining

You will be overstraining

He/She/It will be overstraining **They will be overstraining**

Overstrain in Future Perfect Tense

Singular

Plural

I will have overstrained

We will have overstrained

You will have overstrained

You will have overstrained

He/She/It will have overstrained

They will have overstrained

Overstrain in Future Perfect Continuous Tense

Singular

Plural

I will have been overstraining

We will have been overstraining

You will have been overstraining

You will have been overstraining

He/She/It will have been overstraining

They will have been overstraining