

# overstrained

**The past tense of overstrain is overstrained**

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## The Forms of Overstrain

Infinitive	<b>to overstrain</b>
Present Tense	<b>overstrain / overstrains</b>
Past Tense	<b>overstrained</b>
Present Participle	<b>overstraining</b>
Past Participle	<b>overstrained</b>

## Conjugate Overstrain

**Overstrain in Present Simple (Indefinite) Tense**

**Singular**

**Plural**

I **overstrain**                      We **overstrain**  
You **overstrain**                  You **overstrain**  
He/She/It **overstrains**      They **overstrain**

**Overstrain in Present Continuous (Progressive) Tense**

**Singular**

**Plural**

I **am overstraining**              We **are overstraining**  
You **are overstraining**        You **are overstraining**  
He/She/It **is overstraining**    They **are overstraining**

**Overstrain in Present Perfect Tense**

**Singular**

**Plural**

I **have overstrained**              We **have overstrained**  
You **have overstrained**        You **have overstrained**  
He/She/It **has overstrained**    They **have overstrained**

**Overstrain in Present Perfect Continuous Tense**

**Singular**

**Plural**

I **have been overstraining**        We **have been overstraining**  
You **have been overstraining**    You **have been overstraining**  
He/She/It **has been overstraining**    They **have been overstraining**

**Overstrain in Past Simple (Indefinite) Tense**

**Singular**

**Plural**

I **overstrained**                      We **overstrained**  
You **overstrained**                  You **overstrained**  
He/She/It **overstrained**        They **overstrained**

**Overstrain in Past Continuous (Progressive) Tense**

**Singular**

**Plural**

**I was overstraining**

**We were overstraining**

**You were overstraining**

**You were overstraining**

**He/She/It was overstraining** **They were overstraining**

**Overstrain in Past Perfect Tense**

**Singular**

**Plural**

**I had overstrained**

**We had overstrained**

**You had overstrained**

**You had overstrained**

**He/She/It had overstrained** **They had overstrained**

**Overstrain in Past Perfect Continuous Tense**

**Singular**

**Plural**

**I had been overstraining**

**We had been overstraining**

**You had been overstraining**

**You had been overstraining**

**He/She/It had been overstraining** **They had been overstraining**

**Overstrain in Future Simple (Indefinite) Tense**

**Singular**

**Plural**

**I will overstrain**

**We will overstrain**

**You will overstrain**

**You will overstrain**

**He/She/It will overstrain** **They will overstrain**

**Overstrain in Future Continuous (Progressive) Tense**

**Singular**

**Plural**

**I will be overstraining**

**We will be overstraining**

**You will be overstraining**

**You will be overstraining**

**He/She/It will be overstraining** **They will be overstraining**

**Overstrain in Future Perfect Tense**

**Singular**

**Plural**

**I will have overstrained**

**We will have overstrained**

**You will have overstrained**

**You will have overstrained**

**He/She/It will have overstrained**

**They will have overstrained**

**Overstrain in Future Perfect Continuous Tense**

**Singular**

**Plural**

**I will have been overstraining**

**We will have been overstraining**

**You will have been overstraining**

**You will have been overstraining**

**He/She/It will have been overstraining**

**They will have been overstraining**