

overtrained

The past tense of overtrain is overtrained

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The Forms of Overtrain

Infinitive	to overtrain
Present Tense	overtrain / overtrains
Past Tense	overtrained
Present Participle	overtraining
Past Participle	overtrained

Conjugate Overtrain

Overtrain in Present Simple (Indefinite) Tense

Singular

Plural

I **overtrain** We **overtrain**
You **overtrain** You **overtrain**
He/She/It **overtrains** They **overtrain**

Overtrain in Present Continuous (Progressive) Tense

Singular

Plural

I **am overtraining** We **are overtraining**
You **are overtraining** You **are overtraining**
He/She/It **is overtraining** They **are overtraining**

Overtrain in Present Perfect Tense

Singular

Plural

I **have overtrained** We **have overtrained**
You **have overtrained** You **have overtrained**
He/She/It **has overtrained** They **have overtrained**

Overtrain in Present Perfect Continuous Tense

Singular

Plural

I **have been overtraining** We **have been overtraining**
You **have been overtraining** You **have been overtraining**
He/She/It **has been overtraining** They **have been overtraining**

Overtrain in Past Simple (Indefinite) Tense

Singular

Plural

I **overtrained** We **overtrained**
You **overtrained** You **overtrained**
He/She/It **overtrained** They **overtrained**

Overtrain in Past Continuous (Progressive) Tense

Singular

Plural

I was overtraining We were overtraining
You were overtraining You were overtraining
He/She/It was overtraining They were overtraining

Overtrain in Past Perfect Tense

Singular

Plural

I had overtrained We had overtrained
You had overtrained You had overtrained
He/She/It had overtrained They had overtrained

Overtrain in Past Perfect Continuous Tense

Singular

Plural

I had been overtraining We had been overtraining
You had been overtraining You had been overtraining
He/She/It had been overtraining They had been overtraining

Overtrain in Future Simple (Indefinite) Tense

Singular

Plural

I will overtrain We will overtrain
You will overtrain You will overtrain
He/She/It will overtrain They will overtrain

Overtrain in Future Continuous (Progressive) Tense

Singular

Plural

I will be overtraining We will be overtraining
You will be overtraining You will be overtraining
He/She/It will be overtraining They will be overtraining

Overtrain in Future Perfect Tense

Singular

Plural

I will have overtrained

We will have overtrained

You will have overtrained

You will have overtrained

He/She/It will have overtrained

They will have overtrained

Overtrain in Future Perfect Continuous Tense

Singular

Plural

I will have been overtraining

We will have been overtraining

You will have been overtraining

You will have been overtraining

He/She/It will have been overtraining

They will have been overtraining