

# overtrained

**The past tense of overtrain is overtrained**

Table Of Contents:

- [overtrained](#)
- [The Forms of Overtrain](#)
- [Conjugate Overtrain](#)
- [Overtrain in Present Simple \(Indefinite\) Tense](#)
- [Overtrain in Present Continuous \(Progressive\) Tense](#)
- [Overtrain in Present Perfect Tense](#)
- [Overtrain in Present Perfect Continuous Tense](#)
- [Overtrain in Past Simple \(Indefinite\) Tense](#)
- [Overtrain in Past Continuous \(Progressive\) Tense](#)
- [Overtrain in Past Perfect Tense](#)
- [Overtrain in Past Perfect Continuous Tense](#)
- [Overtrain in Future Simple \(Indefinite\) Tense](#)
- [Overtrain in Future Continuous \(Progressive\) Tense](#)
- [Overtrain in Future Perfect Tense](#)
- [Overtrain in Future Perfect Continuous Tense](#)

## The Forms of Overtrain

Infinitive	<b>to overtrain</b>
Present Tense	<b>overtrain / overtrains</b>
Past Tense	<b>overtrained</b>
Present Participle	<b>overtraining</b>
Past Participle	<b>overtrained</b>

## Conjugate Overtrain

**Overtrain in Present Simple (Indefinite) Tense**

**Singular**

**Plural**

I **overtrain**                      We **overtrain**  
You **overtrain**                    You **overtrain**  
He/She/It **overtrains**      They **overtrain**

**Overtrain in Present Continuous (Progressive) Tense**

**Singular**

**Plural**

I **am overtraining**              We **are overtraining**  
You **are overtraining**          You **are overtraining**  
He/She/It **is overtraining**    They **are overtraining**

**Overtrain in Present Perfect Tense**

**Singular**

**Plural**

I **have overtrained**              We **have overtrained**  
You **have overtrained**          You **have overtrained**  
He/She/It **has overtrained**    They **have overtrained**

**Overtrain in Present Perfect Continuous Tense**

**Singular**

**Plural**

I **have been overtraining**      We **have been overtraining**  
You **have been overtraining**    You **have been overtraining**  
He/She/It **has been overtraining**    They **have been overtraining**

**Overtrain in Past Simple (Indefinite) Tense**

**Singular**

**Plural**

I **overtrained**                      We **overtrained**  
You **overtrained**                    You **overtrained**  
He/She/It **overtrained**          They **overtrained**

**Overtrain in Past Continuous (Progressive) Tense**

**Singular**

**Plural**

I was overtraining      We were overtraining  
You were overtraining      You were overtraining  
He/She/It was overtraining      They were overtraining

**Overtrain in Past Perfect Tense**

**Singular**

**Plural**

I had overtrained      We had overtrained  
You had overtrained      You had overtrained  
He/She/It had overtrained      They had overtrained

**Overtrain in Past Perfect Continuous Tense**

**Singular**

**Plural**

I had been overtraining      We had been overtraining  
You had been overtraining      You had been overtraining  
He/She/It had been overtraining      They had been overtraining

**Overtrain in Future Simple (Indefinite) Tense**

**Singular**

**Plural**

I will overtrain      We will overtrain  
You will overtrain      You will overtrain  
He/She/It will overtrain      They will overtrain

**Overtrain in Future Continuous (Progressive) Tense**

**Singular**

**Plural**

I will be overtraining      We will be overtraining  
You will be overtraining      You will be overtraining  
He/She/It will be overtraining      They will be overtraining

**Overtrain in Future Perfect Tense**

**Singular**

**Plural**

**I will have overtrained**

**We will have overtrained**

**You will have overtrained**

**You will have overtrained**

**He/She/It will have overtrained**

**They will have overtrained**

**Overtrain in Future Perfect Continuous Tense**

**Singular**

**Plural**

**I will have been overtraining**

**We will have been overtraining**

**You will have been overtraining**

**You will have been overtraining**

**He/She/It will have been overtraining**

**They will have been overtraining**