

Need another word that means the same as “overworked”? Find 21 synonyms and 30 related words for “overworked” in this overview.

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**The synonyms of “Overworked” are: stressed, under stress, stressed out, strained, overburdened, overloaded, exhausted, fatigued, hackneyed, worn, tired, stereotyped, clichéd, threadbare, stale, trite, banal, platitudinous, stock, unoriginal, derivative**

## Overworked as an Adjective

### Definitions of "Overworked" as an adjective

According to the [Oxford Dictionary of English](#), “overworked” as an adjective can have the following definitions:

- *(of a word, phrase, or idea) used so often that it has lost its effect.*
- *(of a person) having to work beyond their capacity or strength.*
- *Used to excess.*



## Synonyms of "Overworked" as an adjective (21 Words)

### [banal](#)

Repeated too often; overfamiliar through overuse.  
*Songs with **banal** repeated words.*

### **clichéd**

Repeated regularly without thought or originality.

<b>derivative</b>	Originating from, based on, or influenced by. <i>A highly <b>derivative</b> prose style.</i>
<b>exhausted</b>	Drained of energy or effectiveness extremely tired completely exhausted. <i>Impossible to grow tobacco on the <b>exhausted</b> soil.</i>
<b>fatigued</b>	Drained of energy or effectiveness; extremely tired; completely exhausted.
<b>hackneyed</b>	Repeated too often; overfamiliar through overuse. <i><b>Hackneyed</b> old sayings.</i>
<b>overburdened</b>	Heavily burdened with work or cares. <i><b>Overburdened</b> social workers.</i>
<b>overloaded</b>	Having been given an excessive amount of work, responsibility, or information. <i><b>Overloaded</b> emergency departments.</i>
<b>platitudinous</b>	Dull and tiresome but with pretensions of significance or originality. <i>This may sound <b>platitudinous</b>.</i>
<b>stale</b>	(of food) no longer fresh and pleasant to eat; hard, musty, or dry. <i><b>Stale</b> bread.</i>
<b>stereotyped</b>	Viewed or represented as a stereotype. <i>The film is weakened by its <b>stereotyped</b> characters.</i>
<b>stock</b>	Of a product or type of product usually kept in stock and thus regularly available for sale. <i>She faltered momentarily and then resorted to the teenager's favourite <b>stock</b> response whatever.</i>
<b>strained</b>	Of a mainly liquid substance having been strained to separate out any solid matter. <i>A <b>strained</b> smile.</i>
<b>stressed</b>	Strengthened by the application of stress during manufacture prestressed. <i>An iambic foot consists of an <b>unstressed</b> syllable followed by a <b>stressed</b> syllable as in delay.</i>
<b>stressed out</b>	Bearing a stress or accent.
<b>threadbare</b>	Having the nap worn away so that the threads show through. <i>Repeating <b>threadbare</b> jokes.</i>
<b>tired</b>	(especially of a statement or idea) boring or uninteresting because overfamiliar. <i><b>Tired</b> mothers with crying babies.</i>
<b>trite</b>	Repeated too often; overfamiliar through overuse. <i>This point may now seem obvious and <b>trite</b>.</i>
<b>under stress</b>	Located below or beneath something else.

**unoriginal**

Lacking originality; derivative.

*His life had been **unoriginal** conforming completely to the given pattern.*

**worn**

Showing the wearing effects of overwork or care or suffering.

*The **worn** pockets on the jacket.*



## Usage Examples of "Overworked" as an adjective

- *For once the overworked phrase 'the end of an era' is apposite.*
- *Tired, overworked, demoralized staff.*
- *The strain of overworked muscles.*
- *It's an overworked analogy.*
- *Overworked nurses do not have time to adequately prepare patients for discharge.*





## Associations of "Overworked" (30 Words)

<b>bore</b>	The diameter of a bore the calibre. <i>An 1100 cc road bike <b>bored</b> out to 1168 cc.</i>
<b>bored</b>	Uninterested because of frequent exposure or indulgence. <i>She s <b>bored</b> out of her mind.</i>
<b>boring</b>	So lacking in interest as to cause mental weariness. <i>A <b>boring</b> evening with uninteresting people.</i>
<b>breakdown</b>	A mental or physical breakdown. <i>A <b>breakdown</b> in military discipline.</i>
<b>deflate</b>	Become deflated or flaccid as by losing air. <i><b>Deflate</b> the air mattress.</i>
<b>dehydration</b>	The loss or removal of water from something. <i>From an inspection of plants undergoing <b>dehydration</b> there was no evidence of root damage.</i>
<b>desiccation</b>	Dryness resulting from the removal of water. <i>Long periods of drought have led to the <b>desiccation</b> of farming land.</i>
<b>dizziness</b>	A reeling sensation; a feeling that you are about to fall. <i>The medicine can cause <b>dizziness</b> or nausea.</i>
<b>drowsiness</b>	A feeling of being sleepy and lethargic; sleepiness. <i>This drug can cause <b>drowsiness</b>.</i>
<b>exhausted</b>	Drained of energy or effectiveness extremely tired completely exhausted. <i><b>Exhausted</b> peat workings.</i>
<b>exhaustion</b>	Serious weakening and loss of energy. <i>He was pale with <b>exhaustion</b>.</i>
<b>fatigue</b>	Lose interest or become bored with something or somebody. <i>They were <b>fatigued</b> by their journey.</i>
<b>fatigued</b>	Drained of energy or effectiveness; extremely tired; completely exhausted.
<b>giddiness</b>	An impulsive scatterbrained manner. <i>Symptoms include nausea vomiting and <b>giddiness</b>.</i>
<b>irksome</b>	So lacking in interest as to cause mental weariness. <i>Petty regulations were becoming very <b>irksome</b>.</i>
<b>jaded</b>	Dulled by surfeit. <i>I have to work tonight and I don t want to become totally <b>jaded</b> before I even get there.</i>
<b>lackluster</b>	Lacking brilliance or vitality. <i>A dull <b>lackluster</b> life.</i>



<b>limp</b>	A tendency to limp a gait impeded by injury or stiffness. <i>He <b>limped</b> off during Saturday s game.</i>
<b>malnutrition</b>	A state of poor nutrition; can result from insufficient or excessive or unbalanced diet or from inability to absorb foods. <i>Children die every day from <b>malnutrition</b> and disease.</i>
<b>pall</b>	Cover with a pall. <i><b>Pall</b> the beer.</i>
<b>puncture</b>	Be pierced or punctured. <i><b>Puncture</b> a tire.</i>
<b>sunstroke</b>	Heatstroke brought about by excessive exposure to the sun.
<b>tire</b>	Exhaust or get tired through overuse or great strain or stress. <i>The journey had <b>tired</b> her.</i>
<b>tired</b>	Bored or impatient with. <i><b>Tired</b> clic h s like the information revolution.</i>
<b>tiredness</b>	Temporary loss of strength and energy resulting from hard physical or mental work. <i>Depression and <b>tiredness</b> caused by overwork.</i>
<b>tiresome</b>	Causing one to feel bored or annoyed. <i>The <b>tiresome</b> chirping of a cricket.</i>
<b>wearied</b>	Exhausted.
<b>weariness</b>	Reluctance to see or experience any more of something. <i><b>Weariness</b> overcame her after twelve hours and she fell asleep.</i>
<b>wearisome</b>	Causing one to feel tired or bored. <i>Other people s dreams are dreadfully <b>wearisome</b>.</i>
<b>weary</b>	Physically and mentally fatigued. <i>War <b>weary</b> Americans.</i>

