

Need another word that means the same as “panic”? Find 46 synonyms and 30 related words for “panic” in this overview.

Table Of Contents:

- [Panic as a Noun](#)
- [Definitions of "Panic" as a noun](#)
- [Synonyms of "Panic" as a noun \(19 Words\)](#)
- [Usage Examples of "Panic" as a noun](#)
- [Panic as a Verb](#)
- [Definitions of "Panic" as a verb](#)
- [Synonyms of "Panic" as a verb \(27 Words\)](#)
- [Usage Examples of "Panic" as a verb](#)
- [Associations of "Panic" \(30 Words\)](#)

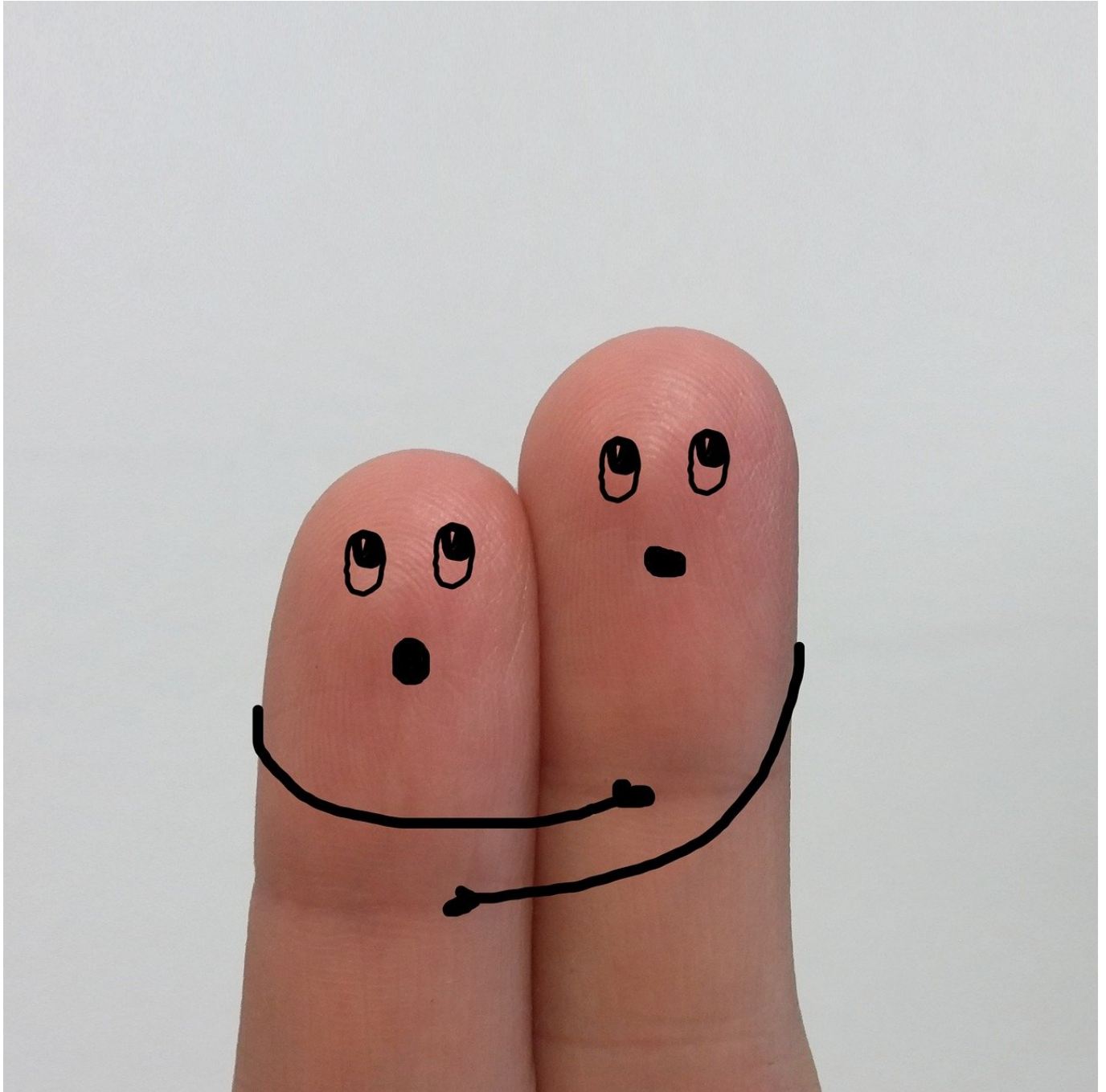
The synonyms of “Panic” are: scare, affright, terror, alarm, anxiety, nervousness, fear, fright, trepidation, dread, horror, agitation, hysteria, consternation, perturbation, dismay, disquiet, apprehension, apprehensiveness, be alarmed, be scared, be nervous, be afraid, overreact, become panic-stricken, take fright, be filled with fear, be terrified, be agitated, be hysterical, lose one's nerve, be perturbed, get overwrought, get worked up, fall to pieces, go to pieces, lose control, fall apart, frighten, unnerve, fill with panic, agitate, horrify, terrify

Panic as a Noun

Definitions of "Panic" as a noun

According to the [Oxford Dictionary of English](#), “panic” as a noun can have the following definitions:

- *Sudden mass fear and anxiety over anticipated events.*
- *A state of widespread financial alarm provoking hasty action.*
- *A frenzied hurry to do something.*
- *Sudden uncontrollable fear or anxiety, often causing wildly unthinking behaviour.*
- *An overwhelming feeling of fear and anxiety.*



Synonyms of "Panic" as a noun (19 Words)

affright

An emotion experienced in anticipation of some specific pain or danger (usually accompanied by a desire to flee or fight).

*The deer gazed at us in **affright**.*

agitation	A state of agitation or turbulent change or development. <i>Widespread agitation for social reform.</i>
alarm	An alarm clock. <i>I hammered on several doors to raise the alarm.</i>
anxiety	Strong desire or concern to do something or for something to happen. <i>She suffered from anxiety attacks.</i>
apprehension	Painful expectation. <i>They acted with intent to prevent lawful apprehension.</i>
apprehensiveness	Fearful expectation or anticipation.
consternation	A feeling of anxiety or dismay, typically at something unexpected. <i>To her consternation her car wouldn't start.</i>
dismay	Concern and distress caused by something unexpected. <i>To his dismay she left him.</i>
disquiet	A feeling of worry or unease. <i>Public disquiet about animal testing.</i>
dread	Dreadlocks. <i>I used to have a dread of Friday afternoons.</i>
fear	An unpleasant emotion caused by the threat of danger, pain, or harm. <i>The fear of God.</i>
fright	An experience that causes one to feel sudden intense fear. <i>She s had a nasty fright.</i>
horror	Something that inspires horror something horrible. <i>A horror film.</i>
hysteria	Exaggerated or uncontrollable emotion or excitement. <i>The anti Semitic hysteria of the 1890s.</i>
nervousness	The anxious feeling you have when you have the jitters. <i>There was a trace of nervousness in his voice.</i>
perturbation	The act of causing disorder. <i>The term distress connotes some degree of perturbation and emotional upset.</i>
scare	A situation characterized by a sudden and typically widespread sense of alarm or anxiety about something. <i>Recent food scares have made the public rightly sensitive to new apparently untested technologies.</i>
terror	Terrorism. <i>Weapons of terror.</i>

trepidation

A feeling of alarm or dread.

The men set off in fear and **trepidation**.



Usage Examples of "Panic" as a noun

- *Panic in the stock market.*
- *He caused an economic panic by his sudden resignation.*
- *She hit him in panic.*
- *He ran to the library in a blind panic.*
- *A workload of constant panics and rush jobs.*
- *Panic selling.*



Panic as a Verb

Definitions of "Panic" as a verb

According to the [Oxford Dictionary of English](#), "panic" as a verb can have the following definitions:

- *Be overcome by a sudden fear.*
- *Drive someone through panic into (hasty action.*
- *Cause sudden fear in or fill with sudden panic.*
- *Feel or cause to feel panic.*



Synonyms of "Panic" as a verb (27 Words)

agitate	Cause to be agitated excited or roused. <i>The thought of questioning Toby agitated him extremely.</i>
alarm	Be fitted or protected with an alarm. <i>The government was alarmed by an outbreak of unrest.</i>
be afraid	Form or compose.
be agitated	Have the quality of being; (copula, used with an adjective or a predicate noun.
be alarmed	Be identical or equivalent to.
be filled with fear	Be priced at.
be hysterical	Represent, as of a character on stage.
be nervous	Be identical or equivalent to.
be perturbed	Form or compose.
be scared	Be identical or equivalent to.
be terrified	To remain unmolested, undisturbed, or uninterrupted — used only in infinitive form.
become panic-stricken	Enhance the appearance of.

fall apart	Touch or seem as if touching visually or audibly.
fall to pieces	Come under, be classified or included.
fill with panic	Appoint someone to (a position or a job).
frighten	Drive out by frightening. <i>If you say anything to him you might frighten him off.</i>
get overwrought	Grasp with the mind or develop an understanding of.
get worked up	Suffer from the receipt of.
go to pieces	Stretch out over a distance, space, time, or scope; run or extend between two points or beyond a certain point.
horrify	Fill with apprehension or alarm; cause to be unpleasantly surprised. <i>They were horrified by the very idea.</i>
lose control	Fail to perceive or to catch with the senses or the mind.
lose one's nerve	Allow to go out of sight.
overreact	Respond more emotionally or forcibly than is justified. <i>Don't overreact to the bad news take it easy.</i>
<u>scare</u>	Become scared. <i>I was scared stiff.</i>
take fright	Remove something concrete, as by lifting, pushing, or taking off, or remove something abstract.
terrify	Fill with terror; frighten greatly. <i>The thought terrifies me.</i>
unnerve	Disturb the composure of. <i>The journey over the bridge had unnerved me.</i>



Usage Examples of "Panic" as a verb

- *The students panicked when told that final exams were less than a week away.*
- *The mere thought of an isolation cell panicked the prisoners.*
- *We are not going to be panicked into a decision.*
- *Talk of love panicked her.*
- *The crowd panicked and stampeded for the exit.*



Associations of "Panic" (30 Words)

affray	A noisy fight. <i>A person guilty of affray.</i>
<u>afraid</u>	Feeling fear or anxiety; frightened. <i>Afraid to ask questions.</i>
<u>alarm</u>	Fill with apprehension or alarm cause to be unpleasantly surprised. <i>The news had alarmed her.</i>
<u>alarming</u>	Frightening because of an awareness of danger. <i>Our countryside is disappearing at an alarming rate.</i>
appall	Fill with apprehension or alarm; cause to be unpleasantly surprised.
<u>chilling</u>	The process of becoming cooler; a falling temperature. <i>A chilling account of the prisoners fate.</i>
claustrophobia	Extreme or irrational fear of confined places. <i>The small stuffy room had begun to give him claustrophobia.</i>
daunt	Cause to lose courage. <i>Some people are daunted by technology.</i>

<u>dread</u>	Causing fear or dread or terror. <i>I used to have a dread of Friday afternoons.</i>
<u>dreadful</u>	Causing fear or dread or terror. <i>There s been a dreadful accident.</i>
fear	A feeling of profound respect for someone or something. <i>I shall buy her book though not I fear the hardback version.</i>
fearfulness	The trait of being afraid.
fearsome	Causing fear or dread or terror. <i>The cat mewed displaying a fearsome set of teeth.</i>
fright	Frighten. <i>She s had a nasty fright.</i>
frighten	Drive out by frightening. <i>If you say anything to him you might frighten him off.</i>
<u>frightening</u>	Making someone afraid or anxious; terrifying. <i>A frightening experience.</i>
<u>haunt</u>	Haunt like a ghost pursue. <i>A grey lady who haunts the chapel.</i>
<u>horrific</u>	Grossly offensive to decency or morality; causing horror. <i>Horrific injuries.</i>
<u>horror</u>	A thing causing a feeling of horror. <i>The painting that others found so beautiful was a horror to him.</i>
intimidate	Frighten or overawe (someone), especially in order to make them do what one wants. <i>Her boss intimidates her.</i>
<u>monstrosity</u>	A thing, especially a building, which is very large and unsightly. <i>Had my tone of reason in the face of monstrosity finally registered.</i>
petrify	Make (someone) so frightened that they are unable to move. <i>Slogans petrify our thinking.</i>
phobia	An anxiety disorder characterized by extreme and irrational fear of simple things or social situations. <i>She suffered from a phobia about birds.</i>
sanguinary	Marked by eagerness to resort to violence and bloodshed-G.W.Johnson. <i>This bitter and sanguinary war.</i>
<u>scare</u>	Become scared. <i>Recent food scares have made the public rightly sensitive to new apparently untested technologies.</i>

scared

Fearful; frightened.
*Too shocked and **scared** to move.*

scary

Frightening; causing fear.
*It was **scary** the way they bonded with each other.*

terrify

Fill with terror; frighten greatly.
The thought terrifies me.

terrifying

Causing extreme terror.
*The **terrifying** events of the past few weeks.*

terror

Terrorism.
*A **terror** attack.*

