

Need another word that means the same as “panic”? Find 46 synonyms and 30 related words for “panic” in this overview.

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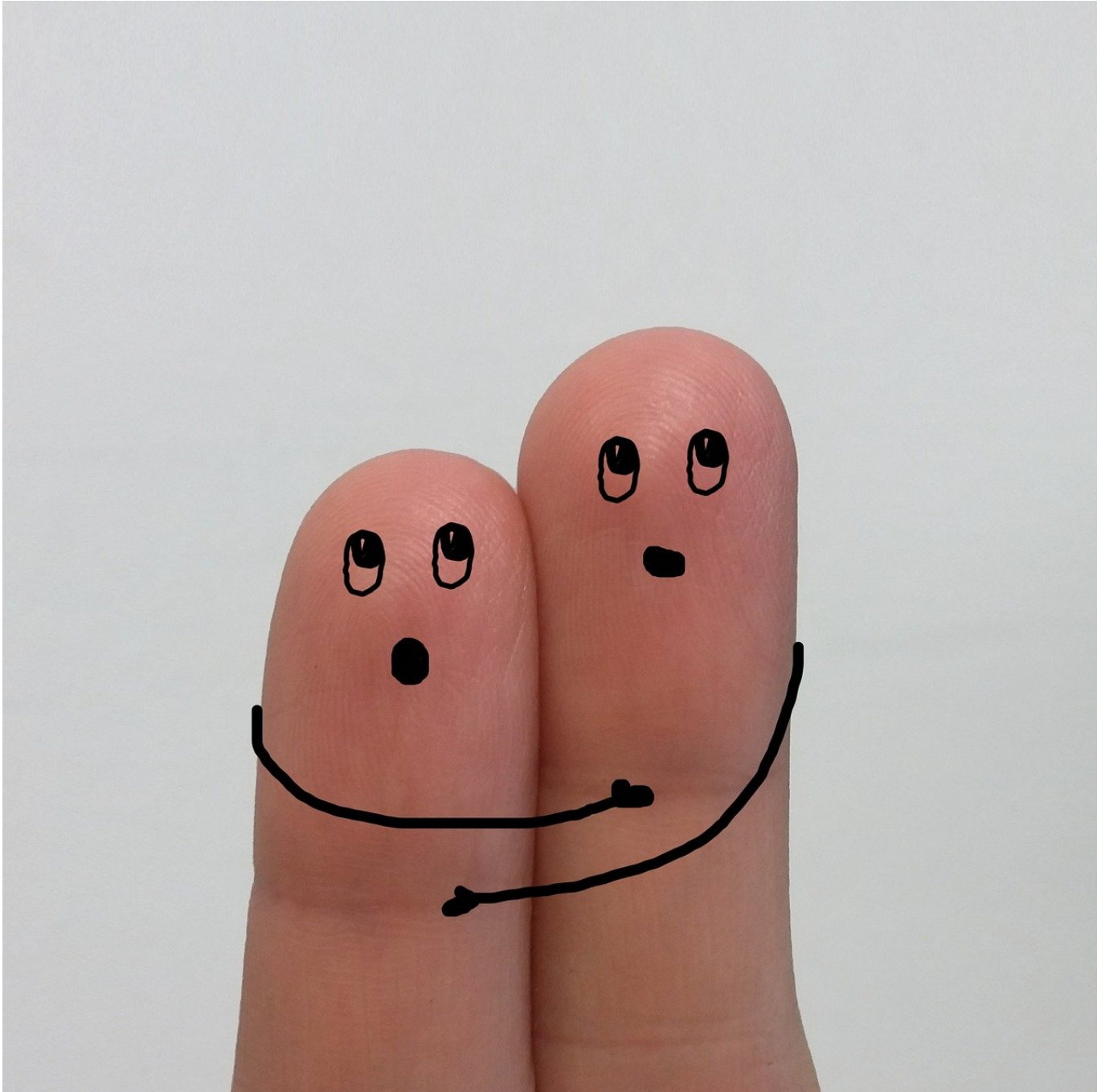
**The synonyms of “Panic” are: scare, affright, terror, alarm, anxiety, nervousness, fear, fright, trepidation, dread, horror, agitation, hysteria, consternation, perturbation, dismay, disquiet, apprehension, apprehensiveness, be alarmed, be scared, be nervous, be afraid, overreact, become panic-stricken, take fright, be filled with fear, be terrified, be agitated, be hysterical, lose one's nerve, be perturbed, get overwrought, get worked up, fall to pieces, go to pieces, lose control, fall apart, frighten, unnerve, fill with panic, agitate, horrify, terrify**

## **Panic as a Noun**

### **Definitions of "Panic" as a noun**

According to the [Oxford Dictionary of English](#), “panic” as a noun can have the following definitions:

- *Sudden mass fear and anxiety over anticipated events.*
- *A state of widespread financial alarm provoking hasty action.*
- *A frenzied hurry to do something.*
- *Sudden uncontrollable fear or anxiety, often causing wildly unthinking behaviour.*
- *An overwhelming feeling of fear and anxiety.*



## Synonyms of "Panic" as a noun (19 Words)

### **affright**

An emotion experienced in anticipation of some specific pain or danger (usually accompanied by a desire to flee or fight).

*The deer gazed at us in **affright**.*

<b>agitation</b>	A state of agitation or turbulent change or development. <i>Widespread <b>agitation</b> for social reform.</i>
<b>alarm</b>	An alarm clock. <i>I hammered on several doors to raise the <b>alarm</b>.</i>
<b>anxiety</b>	Strong desire or concern to do something or for something to happen. <i>She suffered from <b>anxiety</b> attacks.</i>
<b>apprehension</b>	Painful expectation. <i>They acted with intent to prevent lawful <b>apprehension</b>.</i>
<b>apprehensiveness</b>	Fearful expectation or anticipation.
<b>consternation</b>	A feeling of anxiety or dismay, typically at something unexpected. <i>To her <b>consternation</b> her car wouldn't start.</i>
<b>dismay</b>	Concern and distress caused by something unexpected. <i>To his <b>dismay</b> she left him.</i>
<b>disquiet</b>	A feeling of worry or unease. <i>Public <b>disquiet</b> about animal testing.</i>
<b>dread</b>	Dreadlocks. <i>I used to have a <b>dread</b> of Friday afternoons.</i>
<b>fear</b>	An unpleasant emotion caused by the threat of danger, pain, or harm. <i>The <b>fear</b> of God.</i>
<b>fright</b>	An experience that causes one to feel sudden intense fear. <i>She had a nasty <b>fright</b>.</i>
<b>horror</b>	Something that inspires horror something horrible. <i>A <b>horror</b> film.</i>
<b>hysteria</b>	Exaggerated or uncontrollable emotion or excitement. <i>The anti Semitic <b>hysteria</b> of the 1890s.</i>
<b>nervousness</b>	The anxious feeling you have when you have the jitters. <i>There was a trace of <b>nervousness</b> in his voice.</i>
<b>perturbation</b>	The act of causing disorder. <i>The term distress connotes some degree of <b>perturbation</b> and emotional upset.</i>
<b>scare</b>	A situation characterized by a sudden and typically widespread sense of alarm or anxiety about something. <i>Recent food <b>scares</b> have made the public rightly sensitive to new apparently untested technologies.</i>
<b>terror</b>	Terrorism. <i>Weapons of <b>terror</b>.</i>

**trepidation**

A feeling of alarm or dread.

*The men set off in fear and **trepidation**.*



**Usage Examples of "Panic" as a noun**

- *Panic in the stock market.*
- *He caused an economic panic by his sudden resignation.*
- *She hit him in panic.*
- *He ran to the library in a blind panic.*
- *A workload of constant panics and rush jobs.*
- *Panic selling.*



## Panic as a Verb

### Definitions of "Panic" as a verb

According to the [Oxford Dictionary of English](#), "panic" as a verb can have the following definitions:

- *Be overcome by a sudden fear.*
- *Drive someone through panic into (hasty action).*
- *Cause sudden fear in or fill with sudden panic.*
- *Feel or cause to feel panic.*



## Synonyms of "Panic" as a verb (27 Words)

<b>agitate</b>	Cause to be agitated excited or roused. <i>The thought of questioning Toby <b>agitated</b> him extremely.</i>
<b>alarm</b>	Be fitted or protected with an alarm. <i>The government was <b>alarmed</b> by an outbreak of unrest.</i>
<b>be afraid</b>	Form or compose.
<b>be agitated</b>	Have the quality of being; (copula, used with an adjective or a predicate noun.
<b>be alarmed</b>	Be identical or equivalent to.
<b>be filled with fear</b>	Be priced at.
<b>be hysterical</b>	Represent, as of a character on stage.
<b>be nervous</b>	Be identical or equivalent to.
<b>be perturbed</b>	Form or compose.
<b>be scared</b>	Be identical or equivalent to.
<b>be terrified</b>	To remain unmolested, undisturbed, or uninterrupted — used only in infinitive form.
<b>become panic-stricken</b>	Enhance the appearance of.

<b>fall apart</b>	Touch or seem as if touching visually or audibly.
<b>fall to pieces</b>	Come under, be classified or included.
<b>fill with panic</b>	Appoint someone to (a position or a job).
<b>frighten</b>	Drive out by frightening. <i>If you say anything to him you might <b>frighten</b> him off.</i>
<b>get overwrought</b>	Grasp with the mind or develop an understanding of.
<b>get worked up</b>	Suffer from the receipt of.
<b>go to pieces</b>	Stretch out over a distance, space, time, or scope; run or extend between two points or beyond a certain point.
<b>horrify</b>	Fill with apprehension or alarm; cause to be unpleasantly surprised. <i>They were horrified by the very idea.</i>
<b>lose control</b>	Fail to perceive or to catch with the senses or the mind.
<b>lose one's nerve</b>	Allow to go out of sight.
<b>overreact</b>	Respond more emotionally or forcibly than is justified. <i>Don't <b>overreact</b> to the bad news take it easy.</i>
<b>scare</b>	Become scared. <i>I was <b>scared</b> stiff.</i>
<b>take fright</b>	Remove something concrete, as by lifting, pushing, or taking off, or remove something abstract.
<b>terrify</b>	Fill with terror; frighten greatly. <i>The thought terrifies me.</i>
<b>unnerve</b>	Disturb the composure of. <i>The journey over the bridge had <b>unnerved</b> me.</i>



## Usage Examples of "Panic" as a verb

- *The students panicked when told that final exams were less than a week away.*
- *The mere thought of an isolation cell panicked the prisoners.*
- *We are not going to be panicked into a decision.*
- *Talk of love panicked her.*
- *The crowd panicked and stampeded for the exit.*





## Associations of "Panic" (30 Words)

<b>affray</b>	A noisy fight. <i>A person guilty of <b>affray</b>.</i>
<b>afraid</b>	Feeling fear or anxiety; frightened. <i><b>Afraid</b> to ask questions.</i>
<b>alarm</b>	Fill with apprehension or alarm cause to be unpleasantly surprised. <i>The news had <b>alarmed</b> her.</i>
<b>alarming</b>	Frightening because of an awareness of danger. <i>Our countryside is disappearing at an <b>alarming</b> rate.</i>
<b>appall</b>	Fill with apprehension or alarm; cause to be unpleasantly surprised.
<b>chilling</b>	The process of becoming cooler; a falling temperature. <i>A <b>chilling</b> account of the prisoners fate.</i>
<b>claustrophobia</b>	Extreme or irrational fear of confined places. <i>The small stuffy room had begun to give him <b>claustrophobia</b>.</i>
<b>daunt</b>	Cause to lose courage. <i>Some people are <b>daunted</b> by technology.</i>

<b><u>dread</u></b>	Causing fear or dread or terror. <i>I used to have a <b>dread</b> of Friday afternoons.</i>
<b><u>dreadful</u></b>	Causing fear or dread or terror. <i>There s been a <b>dreadful</b> accident.</i>
<b>fear</b>	A feeling of profound respect for someone or something. <i>I shall buy her book though not I <b>fear</b> the hardback version.</i>
<b>fearfulness</b>	The trait of being afraid.
<b>fearsome</b>	Causing fear or dread or terror. <i>The cat mewed displaying a <b>fearsome</b> set of teeth.</i>
<b>fright</b>	Frighten. <i>She s had a nasty <b>fright</b>.</i>
<b>frighten</b>	Drive out by frightening. <i>If you say anything to him you might <b>frighten</b> him off.</i>
<b><u>frightening</u></b>	Making someone afraid or anxious; terrifying. <i>A <b>frightening</b> experience.</i>
<b><u>haunt</u></b>	Haunt like a ghost pursue. <i>A grey lady who <b>haunts</b> the chapel.</i>
<b><u>horrific</u></b>	Grossly offensive to decency or morality; causing horror. <i><b>Horrific</b> injuries.</i>
<b><u>horror</u></b>	A thing causing a feeling of horror. <i>The painting that others found so beautiful was a <b>horror</b> to him.</i>
<b>intimidate</b>	Frighten or overawe (someone), especially in order to make them do what one wants. <i>Her boss <b>intimidates</b> her.</i>
<b><u>monstrosity</u></b>	A thing, especially a building, which is very large and unsightly. <i>Had my tone of reason in the face of <b>monstrosity</b> finally registered.</i>
<b>petrify</b>	Make (someone) so frightened that they are unable to move. <i>Slogans <b>petrify</b> our thinking.</i>
<b>phobia</b>	An anxiety disorder characterized by extreme and irrational fear of simple things or social situations. <i>She suffered from a <b>phobia</b> about birds.</i>
<b>sanguinary</b>	Marked by eagerness to resort to violence and bloodshed-G.W.Johnson. <i>This bitter and <b>sanguinary</b> war.</i>
<b><u>scare</u></b>	Become scared. <i>Recent food <b>scares</b> have made the public rightly sensitive to new apparently untested technologies.</i>

<b>scared</b>	Fearful; frightened. <i>Too shocked and <b>scared</b> to move.</i>
<b>scary</b>	Frightening; causing fear. <i>It was <b>scary</b> the way they bonded with each other.</i>
<b>terrify</b>	Fill with terror; frighten greatly. <i>The thought terrifies me.</i>
<b><u>terrifying</u></b>	Causing extreme terror. <i>The <b>terrifying</b> events of the past few weeks.</i>
<b>terror</b>	Terrorism. <i>A <b>terror</b> attack.</i>

