

Need another word that means the same as “pessimistic”? Find 22 synonyms and 30 related words for “pessimistic” in this overview.

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**The synonyms of “Pessimistic” are: gloomy, negative, defeatist, downbeat, cynical, bleak, fatalistic, dark, black, despairing, despondent, depressed, dejected, demoralized, hopeless, melancholy, glum, lugubrious, suspicious, distrustful, doubting, alarmist**

## Pessimistic as an Adjective

### Definitions of "Pessimistic" as an adjective

According to the [Oxford Dictionary of English](#), “pessimistic” as an adjective can have the following definitions:

- *Expecting the worst possible outcome.*
- *Tending to see the worst aspect of things or believe that the worst will happen.*



## Synonyms of "Pessimistic" as an adjective (22 Words)

<b>alarmist</b>	Creating needless worry or panic. <i><b>Alarmist</b> rumours.</i>
<b>black</b>	Of the face made black especially as with suffused blood. <i><b>Black</b> looks.</i>
<b><u>bleak</u></b>	(of the weather) cold and miserable. <i>A <b>bleak</b> midwinter's day.</i>
<b><u>cynical</u></b>	Believing that people are motivated purely by self-interest; distrustful of human sincerity or integrity. <i>A <b>cynical</b> manipulation of public opinion.</i>
<b>dark</b>	Of a person having dark skin hair or eyes. <i><b>Dark</b> glasses.</i>
<b>defeatist</b>	Demonstrating expectation or acceptance of failure. <i>We have a duty not to be so <b>defeatist</b>.</i>

<b>dejected</b>	Sad and depressed; dispirited. <i>Is <b>dejected</b> but trying to look cheerful.</i>
<b>demoralized</b>	Having lost confidence or hope; disheartened. <i>A weak and <b>demoralized</b> president.</i>
<b>depressed</b>	(of a person) suffering from clinical depression. <i>She felt lonely and <b>depressed</b>.</i>
<b>despairing</b>	Arising from or marked by despair or loss of hope. <i>He gave a <b>despairing</b> little shrug.</i>
<b>despondent</b>	Without or almost without hope. <i><b>Despondent</b> about his failure.</i>
<u><b>distrustful</b></u>	Feeling or showing distrust of someone or something. <i>My experience in other fields of law has made me <b>distrustful</b> of rules of thumb generally.</i>
<b>doubting</b>	Marked by or given to doubt. <i>People look at it through <b>doubting</b> eyes.</i>
<b>downbeat</b>	Relaxed and understated. <i>The assessment of the UK's economic prospects is <b>downbeat</b>.</i>
<b>fatalistic</b>	Relating to or characteristic of the belief that all events are predetermined and therefore inevitable. <i>He gives a <b>fatalistic</b> shrug at the bleak future.</i>
<u><b>gloomy</b></u>	Filled with melancholy and despondency. <i>A <b>gloomy</b> corridor badly lit by oil lamps.</i>
<u><b>glum</b></u>	Showing a brooding ill humor. <i>A <b>glum</b> hopeless shrug.</i>
<b>hopeless</b>	Certain to fail. <i>In an agony of <b>hopeless</b> grief.</i>
<b>lugubrious</b>	Looking or sounding sad and dismal. <i>His face looked even more <b>lugubrious</b> than usual.</i>
<u><b>melancholy</b></u>	Having a feeling of melancholy sad and pensive. <i>She felt a little <b>melancholy</b>.</i>
<b>negative</b>	Having a negative charge. <i><b>Negative</b> criticism.</i>
<u><b>suspicious</b></u>	Having the belief or impression that someone is involved in an illegal or dishonest activity. <i>She gave him a <b>suspicious</b> look.</i>



## Usage Examples of "Pessimistic" as an adjective

- *He was pessimistic about the prospects.*



## Associations of "Pessimistic" (30 Words)

<b>abstinent</b>	Self-restraining; not indulging an appetite especially for food or drink. <i>The patients are best advised to be totally <b>abstinent</b> from alcohol.</i>
<b>alcoholic</b>	Addicted to alcohol- Carl Van Doren. <i><b>Alcoholic</b> liver disease.</i>
<b>ban</b>	100 bani equal 1 leu in Moldova. <i>Parking is <b>banned</b> around the harbour in summer.</i>
<b>banned</b>	Forbidden by law.
<b>bleak</b>	Providing no shelter or sustenance. <i>A <b>bleak</b> and barren moor.</i>
<b>contraband</b>	Goods that have been imported or exported illegally. <i>The salt trade and <b>contraband</b> in it were very active in the town.</i>
<b>defiance</b>	Intentionally contemptuous behavior or attitude. <i>An act of <b>defiance</b>.</i>

<b>dejected</b>	Affected or marked by low spirits. <i>He stood in the street looking <b>dejected</b>.</i>
<b>depressed</b>	Filled with melancholy and despondency. <i>A <b>depressed</b> fracture of the skull.</i>
<b>despondent</b>	In low spirits from loss of hope or courage. <i>She grew more and more <b>despondent</b>.</i>
<b><u>disallow</u></b>	Refuse to declare valid. <i>He was offside and the goal was <b>disallowed</b>.</i>
<b>disconsolate</b>	Causing dejection. <i>A <b>disconsolate</b> winter landscape.</i>
<b><u>discouraged</u></b>	Lacking in resolution. <i>He must be feeling pretty <b>discouraged</b>.</i>
<b><u>forbid</u></b>	Refuse entry to a place or area. <i>I can see why phones were <b>forbidden</b>.</i>
<b><u>forbidden</u></b>	Denoting or involving a transition between two quantum-mechanical states that does not conform to some selection rule, especially for electric dipole radiation. <i>A list of <b>forbidden</b> books.</i>
<b><u>gloomy</u></b>	Dark or poorly lit, especially so as to appear depressing or frightening. <i>A dark <b>gloomy</b> day.</i>
<b>hopeless</b>	(informal to emphasize how bad it is) beyond hope of management or reform. <i>Jess looked at him in mute <b>hopeless</b> appeal.</i>
<b>illegalize</b>	Declare illegal; outlaw.
<b>impermissible</b>	Not permitted. <i><b>Impermissible</b> behavior.</i>
<b>interdict</b>	Intercept and prevent the movement of (a prohibited commodity or person). <i>A papal <b>interdict</b>.</i>
<b>interdiction</b>	The action of intercepting and preventing the movement of a prohibited commodity or person. <i>Drug <b>interdiction</b> operations.</i>
<b><u>prohibit</u></b>	Formally forbid someone from doing something. <i>He is <b>prohibited</b> from becoming a director.</i>
<b>prohibition</b>	Refusal to approve or assent to. <i>They argue that <b>prohibition</b> of drugs will always fail.</i>
<b>prohibitionist</b>	A reformer who opposes the use of intoxicating beverages.
<b>prohibitory</b>	Tending to discourage (especially of prices).



<b>proscribe</b>	Forbid, especially by law. <i>Strikes remained <b>proscribed</b> in the armed forces.</i>
<b>proscription</b>	A decree that prohibits something. <i>The <b>proscription</b> of the party after the 1715 Rebellion.</i>
<u><b>taboo</b></u>	Place under a taboo. <i>Traditional societies <b>taboo</b> female handling of food during this period.</i>
<u><b>unauthorized</b></u>	Without official authorization. <i>An <b>unauthorized</b> strike.</i>
<u><b>veto</b></u>	A rejection by right of veto. <i>Mother <b>vetoed</b> the trip to the chocolate store.</i>

