

Need another word that means the same as “pessimistic”? Find 22 synonyms and 30 related words for “pessimistic” in this overview.

Table Of Contents:

- [Pessimistic as an Adjective](#)
- [Definitions of "Pessimistic" as an adjective](#)
- [Synonyms of "Pessimistic" as an adjective \(22 Words\)](#)
- [Usage Examples of "Pessimistic" as an adjective](#)
- [Associations of "Pessimistic" \(30 Words\)](#)

The synonyms of “Pessimistic” are: gloomy, negative, defeatist, downbeat, cynical, bleak, fatalistic, dark, black, despairing, despondent, depressed, dejected, demoralized, hopeless, melancholy, glum, lugubrious, suspicious, distrustful, doubting, alarmist

Pessimistic as an Adjective

Definitions of "Pessimistic" as an adjective

According to the [Oxford Dictionary of English](#), “pessimistic” as an adjective can have the following definitions:

- *Expecting the worst possible outcome.*
- *Tending to see the worst aspect of things or believe that the worst will happen.*



Synonyms of "Pessimistic" as an adjective (22 Words)

alarmist	Creating needless worry or panic. <i>Alarmist</i> rumours.
black	Of the face made black especially as with suffused blood. <i>Black</i> looks.
<u>bleak</u>	(of the weather) cold and miserable. A <i>bleak</i> midwinter's day.
<u>cynical</u>	Believing that people are motivated purely by self-interest; distrustful of human sincerity or integrity. A <i>cynical</i> manipulation of public opinion.
dark	Of a person having dark skin hair or eyes. <i>Dark</i> glasses.
defeatist	Demonstrating expectation or acceptance of failure. We have a duty not to be so <i>defeatist</i> .

dejected	Sad and depressed; dispirited. <i>Is dejected but trying to look cheerful.</i>
demoralized	Having lost confidence or hope; disheartened. <i>A weak and demoralized president.</i>
depressed	(of a person) suffering from clinical depression. <i>She felt lonely and depressed.</i>
despairing	Arising from or marked by despair or loss of hope. <i>He gave a despairing little shrug.</i>
despondent	Without or almost without hope. <i>Despondent about his failure.</i>
<u>distrustful</u>	Feeling or showing distrust of someone or something. <i>My experience in other fields of law has made me distrustful of rules of thumb generally.</i>
doubting	Marked by or given to doubt. <i>People look at it through doubting eyes.</i>
downbeat	Relaxed and understated. <i>The assessment of the UK's economic prospects is downbeat.</i>
fatalistic	Relating to or characteristic of the belief that all events are predetermined and therefore inevitable. <i>He gives a fatalistic shrug at the bleak future.</i>
<u>gloomy</u>	Filled with melancholy and despondency. <i>A gloomy corridor badly lit by oil lamps.</i>
<u>glum</u>	Showing a brooding ill humor. <i>A glum hopeless shrug.</i>
hopeless	Certain to fail. <i>In an agony of hopeless grief.</i>
lugubrious	Looking or sounding sad and dismal. <i>His face looked even more lugubrious than usual.</i>
<u>melancholy</u>	Having a feeling of melancholy sad and pensive. <i>She felt a little melancholy.</i>
negative	Having a negative charge. <i>Negative criticism.</i>
<u>suspicious</u>	Having the belief or impression that someone is involved in an illegal or dishonest activity. <i>She gave him a suspicious look.</i>



Usage Examples of "Pessimistic" as an adjective

- *He was pessimistic about the prospects.*



Associations of "Pessimistic" (30 Words)

abstinent	Self-restraining; not indulging an appetite especially for food or drink. <i>The patients are best advised to be totally abstinent from alcohol.</i>
alcoholic	Addicted to alcohol- Carl Van Doren. <i>Alcoholic liver disease.</i>
ban	100 bani equal 1 leu in Moldova. <i>Parking is banned around the harbour in summer.</i>
banned	Forbidden by law.
bleak	Providing no shelter or sustenance. <i>A bleak and barren moor.</i>
contraband	Goods that have been imported or exported illegally. <i>The salt trade and contraband in it were very active in the town.</i>
defiance	Intentionally contemptuous behavior or attitude. <i>An act of defiance.</i>

dejected	Affected or marked by low spirits. <i>He stood in the street looking dejected.</i>
depressed	Filled with melancholy and despondency. <i>A depressed fracture of the skull.</i>
despondent	In low spirits from loss of hope or courage. <i>She grew more and more despondent.</i>
disallow	Refuse to declare valid. <i>He was offside and the goal was disallowed.</i>
disconsolate	Causing dejection. <i>A disconsolate winter landscape.</i>
discouraged	Lacking in resolution. <i>He must be feeling pretty discouraged.</i>
forbid	Refuse entry to a place or area. <i>I can see why phones were forbidden.</i>
forbidden	Denoting or involving a transition between two quantum-mechanical states that does not conform to some selection rule, especially for electric dipole radiation. <i>A list of forbidden books.</i>
gloomy	Dark or poorly lit, especially so as to appear depressing or frightening. <i>A dark gloomy day.</i>
hopeless	(informal to emphasize how bad it is) beyond hope of management or reform. <i>Jess looked at him in mute hopeless appeal.</i>
illegalize	Declare illegal; outlaw.
impermissible	Not permitted. <i>Impermissible behavior.</i>
interdict	Intercept and prevent the movement of (a prohibited commodity or person). <i>A papal interdict.</i>
interdiction	The action of intercepting and preventing the movement of a prohibited commodity or person. <i>Drug interdiction operations.</i>
prohibit	Formally forbid someone from doing something. <i>He is prohibited from becoming a director.</i>
prohibition	Refusal to approve or assent to. <i>They argue that prohibition of drugs will always fail.</i>
prohibitionist	A reformer who opposes the use of intoxicating beverages.
prohibitory	Tending to discourage (especially of prices).

- proscribe** Forbid, especially by law.
*Strikes remained **proscribed** in the armed forces.*
- proscription** A decree that prohibits something.
*The **proscription** of the party after the 1715 Rebellion.*
- taboo** Place under a taboo.
*Traditional societies **taboo** female handling of food during this period.*
- unauthorized** Without official authorization.
*An **unauthorized** strike.*
- veto** A rejection by right of veto.
*Mother **vetoed** the trip to the chocolate store.*

