

plantarflexed

The past tense of plantarflex is plantarflexed

Table Of Contents:

- [plantarflexed](#)
- [The Forms of Plantarflex](#)
- [Conjugate Plantarflex](#)
- [Plantarflex in Present Simple \(Indefinite\) Tense](#)
- [Plantarflex in Present Continuous \(Progressive\) Tense](#)
- [Plantarflex in Present Perfect Tense](#)
- [Plantarflex in Present Perfect Continuous Tense](#)
- [Plantarflex in Past Simple \(Indefinite\) Tense](#)
- [Plantarflex in Past Continuous \(Progressive\) Tense](#)
- [Plantarflex in Past Perfect Tense](#)
- [Plantarflex in Past Perfect Continuous Tense](#)
- [Plantarflex in Future Simple \(Indefinite\) Tense](#)
- [Plantarflex in Future Continuous \(Progressive\) Tense](#)
- [Plantarflex in Future Perfect Tense](#)
- [Plantarflex in Future Perfect Continuous Tense](#)

The Forms of Plantarflex

Infinitive	to plantarflex
Present Tense	plantarflex / plantarflexes
Past Tense	plantarflexed
Present Participle	plantarflexing
Past Participle	plantarflexed

Conjugate Plantarflex

Plantarflex in Present Simple (Indefinite) Tense

Singular

Plural

I **plantarflex** We **plantarflex**
You **plantarflex** You **plantarflex**
He/She/It **plantarflexes** They **plantarflex**

Plantarflex in Present Continuous (Progressive) Tense

Singular

Plural

I **am plantarflexing** We **are plantarflexing**
You **are plantarflexing** You **are plantarflexing**
He/She/It **is plantarflexing** They **are plantarflexing**

Plantarflex in Present Perfect Tense

Singular

Plural

I **have plantarflexed** We **have plantarflexed**
You **have plantarflexed** You **have plantarflexed**
He/She/It **has plantarflexed** They **have plantarflexed**

Plantarflex in Present Perfect Continuous Tense

Singular

Plural

I **have been plantarflexing** We **have been plantarflexing**
You **have been plantarflexing** You **have been plantarflexing**
He/She/It **has been plantarflexing** They **have been plantarflexing**

Plantarflex in Past Simple (Indefinite) Tense

Singular

Plural

I **plantarflexed** We **plantarflexed**
You **plantarflexed** You **plantarflexed**
He/She/It **plantarflexed** They **plantarflexed**

Plantarflex in Past Continuous (Progressive) Tense

Singular

Plural

I was plantarflexing We were plantarflexing
You were plantarflexing You were plantarflexing
He/She/It was plantarflexing They were plantarflexing

Plantarflex in Past Perfect Tense

Singular

Plural

I had plantarflexed We had plantarflexed
You had plantarflexed You had plantarflexed
He/She/It had plantarflexed They had plantarflexed

Plantarflex in Past Perfect Continuous Tense

Singular

Plural

I had been plantarflexing We had been plantarflexing
You had been plantarflexing You had been plantarflexing
He/She/It had been plantarflexing They had been plantarflexing

Plantarflex in Future Simple (Indefinite) Tense

Singular

Plural

I will plantarflex We will plantarflex
You will plantarflex You will plantarflex
He/She/It will plantarflex They will plantarflex

Plantarflex in Future Continuous (Progressive) Tense

Singular

Plural

I will be plantarflexing We will be plantarflexing
You will be plantarflexing You will be plantarflexing
He/She/It will be plantarflexing They will be plantarflexing

Plantarflex in Future Perfect Tense

Singular

Plural

I will have plantarflexed

We will have plantarflexed

You will have plantarflexed

You will have plantarflexed

He/She/It will have plantarflexed **They will have plantarflexed**

Plantarflex in Future Perfect Continuous Tense

Singular

Plural

I will have been plantarflexing

We will have been plantarflexing

You will have been plantarflexing

You will have been plantarflexing

He/She/It will have been plantarflexing **They will have been plantarflexing**