

Need another word that means the same as “poised”? Find 32 synonyms for “poised” in this overview.

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**The synonyms of “Poised” are: collected, equanimous, self-collected, self-contained, self-possessed, self-assured, composed, assured, calm, cool, cool, calm, and collected, tranquil, serene, unperturbed, unruffled, impassive, nonchalant, confident, self-confident, dignified, equable, imperturbable, suave, urbane, elegant, stylish, tasteful, refined, sophisticated, distinguished, discerning, with good taste**

## Poised as an Adjective

### Definitions of "Poised" as an adjective

According to the [Oxford Dictionary of English](#), “poised” as an adjective can have the following definitions:

- *Having a graceful and elegant bearing.*
- *Marked by balance or equilibrium and readiness for action.*
- *Having a composed and self-assured manner.*
- *In full control of your faculties.*



## Synonyms of "Poised" as an adjective (32 Words)

<b>assured</b>	Marked by assurance; exhibiting confidence. <i>She paints with an <b>assured</b> hand.</i>
<b>calm</b>	Not showing or feeling nervousness, anger, or other strong emotions. <i>The night was clear and <b>calm</b>.</i>
<b>collected</b>	In full control of your faculties. <i>The <b>collected</b> works of Milton.</i>
<b>composed</b>	Serenely self-possessed and free from agitation especially in times of stress. <i>The performer seemed completely <b>composed</b> as she stepped onto the stage.</i>
<b>confident</b>	Not liable to error in judgment or action- Walter Lippman-Michiko Kakutani. <i>This time they re <b>confident</b> of a happy ending.</i>
<b>cool</b>	Inducing the impression of coolness used especially of greens and blues and violets. <i>A <b>cool</b> autumn day.</i>
<b>cool, calm, and collected</b>	Without exaggeration or qualification.
<b>dignified</b>	Having or showing a composed or serious manner that is worthy of respect. <i>The director of the school was a <b>dignified</b> white haired gentleman.</i>
<b>discerning</b>	Having or showing good judgement. <i><b>Discerning</b> taste.</i>
<b>distinguished</b>	Standing above others in character or attainment or reputation. <i>That hairstyle makes you look quite <b>distinguished</b>.</i>
<b>elegant</b>	Graceful and stylish in appearance or manner. <i><b>Elegant</b> handwriting.</i>
<b>equable</b>	Not easily irritated. <i>He could look sterner than his <b>equable</b> temperament would suggest.</i>
<b>equanimous</b>	In full control of your faculties.
<b>impassive</b>	Deliberately impassive in manner. <i>Her <b>impassive</b> remoteness.</i>

<b><u>imperturbable</u></b>	Unable to be upset or excited; calm. <i>An <b>imperturbable</b> tranquillity.</i>
<b><u>nonchalant</u></b>	(of a person or manner) feeling or appearing casually calm and relaxed; not displaying anxiety, interest, or enthusiasm. <i>Drove his car with <b>nonchalant</b> abandon.</i>
<b><u>refined</u></b>	Cultivated and genteel. <i><b>Refined</b> sugar.</i>
<b>self-assured</b>	Showing poise and confidence in your own worth.
<b>self-collected</b>	In full control of your faculties.
<b>self-confident</b>	Showing poise and confidence in your own worth.
<b>self-contained</b>	In full control of your faculties.
<b>self-possessed</b>	In full control of your faculties.
<b><u>serene</u></b>	Completely clear and fine. <i><b>Serene</b> skies and a bright blue sea.</i>
<b><u>sophisticated</u></b>	Appealing to or frequented by people who are sophisticated. <i>A <b>sophisticated</b> drama.</i>
<b><u>stylish</u></b>	Being or in accordance with current social fashions. <i>You don't have to be a designer to create a <b>stylish</b> look in your own small room.</i>
<b><u>suave</u></b>	Having a sophisticated charm. <i>All the waiters were <b>suave</b> and deferential.</i>
<b><u>tasteful</u></b>	Showing good aesthetic judgement or appropriate behaviour. <i>A <b>tasteful</b> lounge bar.</i>
<b><u>tranquil</u></b>	Not agitated; without losing self-possession. <i>A lake of <b>tranquil</b> blue water reflecting a <b>tranquil</b> blue sky.</i>
<b>unperturbed</b>	Not perturbed or concerned. <i>Kenneth seems <b>unperturbed</b> by the news.</i>
<b>unruffled</b>	Not disordered or disarranged. <i>With contented mind and <b>unruffled</b> spirit.</i>
<b>urbane</b>	Showing a high degree of refinement and the assurance that comes from wide social experience. <i><b>Urbane</b> wit was the mark of taste and cultivation.</i>
<b>with good taste</b>	Capable of pleasing.



## Usage Examples of "Poised" as an adjective

- *She had learnt from the girls at the salon how to appear perfectly poised.*
- *George's poised hammer.*
- *A gull in poised flight.*
- *Perfectly poised and sure of himself.*
- *Not every day you saw that poised, competent kid distressed.*

