

Need another word that means the same as “posture”? Find 50 synonyms and 30 related words for “posture” in this overview.

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**The synonyms of “Posture” are: bearing, carriage, military capability, military posture, military strength, strength, position, stance, attitude, comportment, way of sitting, way of standing, stand, standpoint, view, point of view, viewpoint, opinion, way of thinking, frame of mind, outlook, angle, slant, perspective, appearance, look, expression, face, manner, air, countenance, demeanour, pose, mien, aspect, exterior, veneer, show, false display, act, pretence, affectation, model, sit, strike an attitude, put on airs, attitudinize, behave affectedly, strut**

## Posture as a Noun

### Definitions of "Posture" as a noun

According to the [Oxford Dictionary of English](#), “posture” as a noun can have the following definitions:

- *Characteristic way of bearing one's body.*
- *A way of behaving that is intended to convey a false impression; a pose.*
- *A particular approach or attitude.*
- *Capability in terms of personnel and materiel that affect the capacity to fight a war.*
- *The arrangement of the body and its limbs.*
- *A particular pose adopted by a bird or other animal, interpreted as a signal of a specific pattern of behaviour.*

- *The position in which someone holds their body when standing or sitting.*
- *A rationalized mental attitude.*



## Synonyms of "Posture" as a noun (42 Words)

### act

A document attesting a legal transaction.  
*He did his **act** three times every evening.*

### **affectation**

Behaviour, speech, or writing that is pretentious and designed to impress.  
*An **affectation** of calm.*

### **air**

Referring to the use of aircraft.  
*The doctor told me to get some fresh **air**.*

### angle

Angle iron or a similar constructional material made of another metal.  
*Sloping at an **angle** of 33 to the horizontal.*

<b>appearance</b>	Pretending that something is the case in order to make a good impression. <i>The rookie made a brief <b>appearance</b> in the first period.</i>
<b>aspect</b>	Any of a number of particular angular relationships between one celestial body or point on the ecliptic and another. <i>The semantics of tense and <b>aspect</b>.</i>
<b>attitude</b>	Truculent or uncooperative behaviour. <i>He had the <b>attitude</b> that work was fun.</i>
<b>bearing</b>	Characteristic way of bearing one's body. <i>Armorial <b>bearings</b>.</i>
<b>carriage</b>	A small vehicle with four wheels in which a baby or child is pushed around. <i>A typewriter <b>carriage</b>.</i>
<b>comportment</b>	Dignified manner or conduct. <i>He displayed precisely the <b>comportment</b> expected of the rightful king.</i>
<b>countenance</b>	The appearance conveyed by a person's face. <i>A pleasant <b>countenance</b>.</i>
<b>demeanour</b>	The way a person behaves toward other people. <i>His happy <b>demeanour</b>.</i>
<b>expression</b>	Expression without words. <i>His manner of <b>expression</b> showed how much he cared.</i>
<b>exterior</b>	The outer side or surface of something. <i>An ideal spot to film <b>exteriors</b>.</i>
<b>face</b>	A vertical surface of a building or cliff. <i>We can often see the dark <b>face</b> of the moon by earthshine.</i>
<b>false display</b>	A visual representation of something.
<b>frame of mind</b>	One of nine divisions of play during which each team has a turn at bat.
<b>look</b>	An expression of a feeling or thought by looking. <i>A <b>look</b> of triumph.</i>
<b>manner</b>	A style in literature or art. <i>Taking notes in an unobtrusive <b>manner</b>.</i>
<b>mien</b>	A person's appearance or manner, especially as an indication of their character or mood. <i>He has a cautious academic <b>mien</b>.</i>
<b>military capability</b>	The military forces of a nation.
<b>military posture</b>	The military forces of a nation.

<b>military strength</b>	The military forces of a nation.
<b>opinion</b>	An estimation of the quality or worth of someone or something. <i>The area's residents share vociferous <b>opinions</b> about the future.</i>
<b>outlook</b>	A habitual or characteristic mental attitude that determines how you will interpret and respond to situations. <i>The pleasant <b>outlook</b> from the club window.</i>
<b>perspective</b>	A particular attitude towards or way of regarding something; a point of view. <i>A <b>perspective</b> drawing.</i>
<b>point of view</b>	Any of 32 horizontal directions indicated on the card of a compass.
<b>pose</b>	A posture assumed by models for photographic or artistic purposes. <i>Photographs of boxers in ferocious <b>poses</b>.</i>
<b>position</b>	A condition or position in which you find yourself. <i>The company's financial <b>position</b> is grim.</i>
<b>pretence</b>	The act of giving a false appearance. <i>They have always avoided preciousness and <b>pretence</b>.</i>
<b>show</b>	An outward appearance or display of a quality or feeling. <i>Now don't make a <b>show</b> of yourself in front of him.</i>
<b>slant</b>	A biased way of looking at or presenting something. <i>A new <b>slant</b> on science.</i>
<b>stance</b>	A ledge or foothold on which a belay can be secured. <i>The party is changing its <b>stance</b> on Europe.</i>
<b>stand</b>	The place where someone typically stands or sits. <i>The <b>stand</b> of pheasants has been better this year than for many years.</i>
<b>standpoint</b>	An attitude to a particular issue. <i>She writes on religion from the <b>standpoint</b> of a believer.</i>
<b>strength</b>	The number of people comprising a group, typically a team or army. <i>The peacetime <b>strength</b> of the army was 415 000.</i>
<b>veneer</b>	An ornamental coating to a building. <i>A fine grained <b>veneer</b>.</i>
<b>view</b>	Purpose the phrase with a view to means with the intention of or for the purpose of. <i>An aerial <b>view</b> of the military earthworks.</i>
<b>viewpoint</b>	A person's opinion or point of view. <i>From a purely aesthetic <b>viewpoint</b> I must say that I dislike the design.</i>
<b>way of sitting</b>	Space for movement.
<b>way of standing</b>	Doing as one pleases or chooses.

**way of thinking**

Any artifact consisting of a road or path affording passage from one place to another.



**Usage Examples of "Posture" as a noun**

- *Trade unions adopted a more militant posture in wage negotiations.*
- *Politicians have neglected our military posture.*
- *Despite pulling back its missiles, the government maintained a defiant posture for home consumption.*
- *I got out of the car in an alert posture.*
- *Stood with good posture.*
- *The snake inverts itself into the mock-dead posture.*
- *He took ballet lessons to improve his posture.*



## Posture as a Verb

### Definitions of "Posture" as a verb

According to the [Oxford Dictionary of English](#), "posture" as a verb can have the following definitions:

- *Place (someone) in a particular attitude or pose.*
- *Behave in a way that is intended to impress or mislead.*
- *Behave affectedly or unnaturally in order to impress others.*
- *Adopt (a particular attitude) so as to impress or mislead.*
- *Assume a posture as for artistic purposes.*



## Synonyms of "Posture" as a verb (8 Words)

- attitudinize** Adopt or express a particular attitude or attitudes, typically just for effect.  
*Her column is an exercise in smug attitudinizing.*
- behave affectedly** Behave well or properly.
- model** Construct a model of.  
*The research method will be **modelled** on previous work.*
- pose** Assume a posture as for artistic purposes.  
*An armed gang **posed** as policemen to ambush a postman.*
- put on airs** Cause (someone) to undergo something.
- sit** Adopt or be in a position in which one's weight is supported by one's buttocks rather than one's feet and one's back is upright.  
*I cannot baby **sit** tonight I have too much homework to do.*
- strike an attitude** Deliver a sharp blow, as with the hand, fist, or weapon.

**strut**

Brace something with a strut or struts.  
*Peacocks **strut** through the grounds.*





## Usage Examples of "Posture" as a verb

- *The companies may posture regret, but they have a vested interest in increasing Third World sales.*
- *A billionaire posturing as a hero of the working class.*
- *And still these two were postured motionless.*
- *She postured and made a total fool of herself.*



## Associations of "Posture" (30 Words)

- armchair** Lacking or not involving practical or direct experience of a particular subject or activity.  
*An **armchair** traveller.*
- bearing** Characteristic way of bearing one's body.  
*The Point is on a **bearing** of 015.*

<b>couch</b>	Lower (a spear) to the position for attack. <i>I sat in an armchair and they sat on the <b>couch</b>.</i>
<b>cringe</b>	Bend one's head and body in fear or apprehension or in a servile manner. <i>I <b>cringed</b> at the fellow's stupidity.</i>
<b>crouch</b>	A crouching stance or posture. <i>We <b>crouched</b> down in the trench.</i>
<b>gait</b>	The rate of moving (especially walking or running). <i>The easy <b>gait</b> of an athlete.</i>
<b>genuflect</b>	Lower one's body briefly by bending one knee to the ground, typically in worship or as a sign of respect. <i>Politicians had to <b>genuflect</b> to the far left to advance their careers.</i>
<b>kneel</b>	Be in or assume a position in which the body is supported by a knee or the knees, as when praying or showing submission. <i>In church you have to <b>kneel</b> during parts of the service.</i>
<b>lay</b>	The laying of eggs or the period during which they are laid. <i>I'm going to <b>lay</b> a course for Ibiza harbour.</i>
<b>lean</b>	Cause to lean to the side. <i>The vehicle has a definite <b>lean</b> to the left.</i>
<b>pause</b>	Interrupt action or speech briefly. <i>She had <b>paused</b> a tape on the VCR.</i>
<b>perch</b>	Cause to perch or sit. <i>A herring gull <b>perched</b> on the rails.</i>
<b>preside</b>	Act as president. <i><b>Preside</b> over companies and corporations.</i>
<b>recline</b>	Cause to recline. <i>All the seats <b>recline</b>.</i>
<b>recumbent</b>	(of a plant) growing close to the ground. <i><b>Recumbent</b> statues.</i>
<b>repose</b>	Put in a horizontal position. <i>Many of the qualities of the great Piero della Francesca's the sense of grand stasis of timeless <b>repose</b> seem strongly reincarnated in this work.</i>
<b>sit</b>	Cause someone to sit. <i>He was about to <b>sit</b> for his Cambridge entrance exam.</i>
<b>sitting</b>	In a seated position. <i>A special <b>sitting</b> of Basildon magistrates.</i>
<b>slouch</b>	Assume a drooping posture or carriage. <i>He was <b>slouched</b> in his chair.</i>

<b>squat</b>	A squatting position. A <b>squatty</b> red smokestack.
<b>stance</b>	The way in which someone stands, especially when deliberately adopted (as in cricket, golf, and other sports); a person's posture. <i>She altered her <b>stance</b> resting all her weight on one leg.</i>
<b>stationary</b>	Standing still. <b>Stationary</b> machinery.
<b>stoop</b>	Carry oneself, often habitually, with head, shoulders, and upper back bent forward. <i>He <b>stooped</b> down and reached towards the coin.</i>
<b>succumb</b>	Die from the effect of a disease or injury. <i>After a few blows there the porcupine <b>succumbs</b>.</i>
<b>supine</b>	A Latin verbal noun used only in the accusative and ablative cases, especially to denote purpose (e.g. mirabile dictu 'wonderful to relate'). <i>No other colony showed such <b>supine</b> selfish helplessness in allowing her own border citizens to be mercilessly harried.</i>
<b>tempter</b>	The Devil. <i>Satan is the great <b>tempter</b> of mankind.</i>
<b>unmoving</b>	Not arousing emotions. <i>Claudia sat <b>unmoving</b> behind her desk.</i>
<b>upright</b>	An upright piano. <i>An <b>upright</b> freezer.</i>
<b>wince</b>	A reflex response to sudden pain. <i>He <b>winc</b>ed at the disgust in her voice.</i>
<b>yoga</b>	A system of physical, breathing and meditation exercises practiced to promote control of the body and mind. <b>Yoga</b> classes.

