

pounded

The past tense of pound is pounded

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The Forms of Pound

| | |
|--------------------|-----------------------|
| Infinitive | to pound |
| Present Tense | pound / pounds |
| Past Tense | pounded |
| Present Participle | pounding |
| Past Participle | pounded |

Conjugate Pound

Pound in Present Simple (Indefinite) Tense

Singular Plural

I **pound** We **pound**
You **pound** You **pound**
He/She/It **pounds** They **pound**

Pound in Present Continuous (Progressive) Tense

Singular Plural

I **am pounding** We **are pounding**
You **are pounding** You **are pounding**
He/She/It **is pounding** They **are pounding**

Pound in Present Perfect Tense

Singular Plural

I **have pounded** We **have pounded**
You **have pounded** You **have pounded**
He/She/It **has pounded** They **have pounded**

Pound in Present Perfect Continuous Tense

Singular Plural

I **have been pounding** We **have been pounding**
You **have been pounding** You **have been pounding**
He/She/It **has been pounding** They **have been pounding**

Pound in Past Simple (Indefinite) Tense

Singular Plural

I **pounded** We **pounded**
You **pounded** You **pounded**
He/She/It **pounded** They **pounded**

Pound in Past Continuous (Progressive) Tense

Singular

Plural

| | |
|-------------------------------|---------------------------|
| I was pounding | We were pounding |
| You were pounding | You were pounding |
| He/She/It was pounding | They were pounding |

Pound in Past Perfect Tense

Singular

Plural

| | |
|------------------------------|-------------------------|
| I had pounded | We had pounded |
| You had pounded | You had pounded |
| He/She/It had pounded | They had pounded |

Pound in Past Perfect Continuous Tense

Singular

Plural

| | |
|------------------------------------|-------------------------------|
| I had been pounding | We had been pounding |
| You had been pounding | You had been pounding |
| He/She/It had been pounding | They had been pounding |

Pound in Future Simple (Indefinite) Tense

Singular

Plural

| | |
|-----------------------------|------------------------|
| I will pound | We will pound |
| You will pound | You will pound |
| He/She/It will pound | They will pound |

Pound in Future Continuous (Progressive) Tense

Singular

Plural

| | |
|-----------------------------------|------------------------------|
| I will be pounding | We will be pounding |
| You will be pounding | You will be pounding |
| He/She/It will be pounding | They will be pounding |

Pound in Future Perfect Tense

Singular

Plural

I will have pounded

We will have pounded

You will have pounded

You will have pounded

He/She/It will have pounded

They will have pounded

Pound in Future Perfect Continuous Tense

Singular

Plural

I will have been pounding

We will have been pounding

You will have been pounding

You will have been pounding

He/She/It will have been pounding

They will have been pounding