

pounded

The past tense of pound is pounded

Table Of Contents:

- [pounded](#)
- [The Forms of Pound](#)
- [Conjugate Pound](#)
- [Pound in Present Simple \(Indefinite\) Tense](#)
- [Pound in Present Continuous \(Progressive\) Tense](#)
- [Pound in Present Perfect Tense](#)
- [Pound in Present Perfect Continuous Tense](#)
- [Pound in Past Simple \(Indefinite\) Tense](#)
- [Pound in Past Continuous \(Progressive\) Tense](#)
- [Pound in Past Perfect Tense](#)
- [Pound in Past Perfect Continuous Tense](#)
- [Pound in Future Simple \(Indefinite\) Tense](#)
- [Pound in Future Continuous \(Progressive\) Tense](#)
- [Pound in Future Perfect Tense](#)
- [Pound in Future Perfect Continuous Tense](#)

The Forms of Pound

Infinitive	to pound
Present Tense	pound / pounds
Past Tense	pounded
Present Participle	pounding
Past Participle	pounded

Conjugate Pound

Pound in Present Simple (Indefinite) Tense

Singular Plural

I **pound** We **pound**
You **pound** You **pound**
He/She/It **pounds** They **pound**

Pound in Present Continuous (Progressive) Tense

Singular Plural

I **am pounding** We **are pounding**
You **are pounding** You **are pounding**
He/She/It **is pounding** They **are pounding**

Pound in Present Perfect Tense

Singular Plural

I **have pounded** We **have pounded**
You **have pounded** You **have pounded**
He/She/It **has pounded** They **have pounded**

Pound in Present Perfect Continuous Tense

Singular Plural

I **have been pounding** We **have been pounding**
You **have been pounding** You **have been pounding**
He/She/It **has been pounding** They **have been pounding**

Pound in Past Simple (Indefinite) Tense

Singular Plural

I **pounded** We **pounded**
You **pounded** You **pounded**
He/She/It **pounded** They **pounded**

Pound in Past Continuous (Progressive) Tense

Singular

Plural

I was pounding	We were pounding
You were pounding	You were pounding
He/She/It was pounding	They were pounding

Pound in Past Perfect Tense

Singular

Plural

I had pounded	We had pounded
You had pounded	You had pounded
He/She/It had pounded	They had pounded

Pound in Past Perfect Continuous Tense

Singular

Plural

I had been pounding	We had been pounding
You had been pounding	You had been pounding
He/She/It had been pounding	They had been pounding

Pound in Future Simple (Indefinite) Tense

Singular

Plural

I will pound	We will pound
You will pound	You will pound
He/She/It will pound	They will pound

Pound in Future Continuous (Progressive) Tense

Singular

Plural

I will be pounding	We will be pounding
You will be pounding	You will be pounding
He/She/It will be pounding	They will be pounding

Pound in Future Perfect Tense

Singular

Plural

I will have pounded

We will have pounded

You will have pounded

You will have pounded

He/She/It will have pounded

They will have pounded

Pound in Future Perfect Continuous Tense

Singular

Plural

I will have been pounding

We will have been pounding

You will have been pounding

You will have been pounding

He/She/It will have been pounding

They will have been pounding