

progressed

The past tense of progress is progressed

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The Forms of Progress

Infinitive	to progress
Present Tense	progress / progresses
Past Tense	progressed
Present Participle	progressing
Past Participle	progressed

Conjugate Progress

Progress in Present Simple (Indefinite) Tense

Singular

Plural

I **progress** We **progress**
You **progress** You **progress**
He/She/It **progresses** They **progress**

Progress in Present Continuous (Progressive) Tense

Singular

Plural

I **am progressing** We **are progressing**
You **are progressing** You **are progressing**
He/She/It **is progressing** They **are progressing**

Progress in Present Perfect Tense

Singular

Plural

I **have progressed** We **have progressed**
You **have progressed** You **have progressed**
He/She/It **has progressed** They **have progressed**

Progress in Present Perfect Continuous Tense

Singular

Plural

I **have been progressing** We **have been progressing**
You **have been progressing** You **have been progressing**
He/She/It **has been progressing** They **have been progressing**

Progress in Past Simple (Indefinite) Tense

Singular

Plural

I **progressed** We **progressed**
You **progressed** You **progressed**
He/She/It **progressed** They **progressed**

Progress in Past Continuous (Progressive) Tense

Singular

Plural

I was progressing We were progressing
You were progressing You were progressing
He/She/It was progressing They were progressing

Progress in Past Perfect Tense

Singular

Plural

I had progressed We had progressed
You had progressed You had progressed
He/She/It had progressed They had progressed

Progress in Past Perfect Continuous Tense

Singular

Plural

I had been progressing We had been progressing
You had been progressing You had been progressing
He/She/It had been progressing They had been progressing

Progress in Future Simple (Indefinite) Tense

Singular

Plural

I will progress We will progress
You will progress You will progress
He/She/It will progress They will progress

Progress in Future Continuous (Progressive) Tense

Singular

Plural

I will be progressing We will be progressing
You will be progressing You will be progressing
He/She/It will be progressing They will be progressing

Progress in Future Perfect Tense

Singular

Plural

I will have progressed

We will have progressed

You will have progressed

You will have progressed

He/She/It will have progressed

They will have progressed

Progress in Future Perfect Continuous Tense

Singular

Plural

I will have been progressing

We will have been progressing

You will have been progressing

You will have been progressing

He/She/It will have been progressing

They will have been progressing