

punched

The past tense of punch is punched

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The Forms of Punch

Infinitive	to punch
Present Tense	punch / punches
Past Tense	punched
Present Participle	punching
Past Participle	punched

Conjugate Punch

Punch in Present Simple (Indefinite) Tense

Singular

Plural

I **punch**

We **punch**

You **punch**

You **punch**

He/She/It **punches**

They **punch**

Punch in Present Continuous (Progressive) Tense

Singular

Plural

I **am punching**

We **are punching**

You **are punching**

You **are punching**

He/She/It **is punching**

They **are punching**

Punch in Present Perfect Tense

Singular

Plural

I **have punched**

We **have punched**

You **have punched**

You **have punched**

He/She/It **has punched**

They **have punched**

Punch in Present Perfect Continuous Tense

Singular

Plural

I **have been punching**

We **have been punching**

You **have been punching**

You **have been punching**

He/She/It **has been punching**

They **have been punching**

Punch in Past Simple (Indefinite) Tense

Singular

Plural

I **punched**

We **punched**

You **punched**

You **punched**

He/She/It **punched**

They **punched**

Punch in Past Continuous (Progressive) Tense

Singular

Plural

I was punching	We were punching
You were punching	You were punching
He/She/It was punching	They were punching

Punch in Past Perfect Tense

Singular

Plural

I had punched	We had punched
You had punched	You had punched
He/She/It had punched	They had punched

Punch in Past Perfect Continuous Tense

Singular

Plural

I had been punching	We had been punching
You had been punching	You had been punching
He/She/It had been punching	They had been punching

Punch in Future Simple (Indefinite) Tense

Singular

Plural

I will punch	We will punch
You will punch	You will punch
He/She/It will punch	They will punch

Punch in Future Continuous (Progressive) Tense

Singular

Plural

I will be punching	We will be punching
You will be punching	You will be punching
He/She/It will be punching	They will be punching

Punch in Future Perfect Tense

Singular

Plural

I will have punched

We will have punched

You will have punched

You will have punched

He/She/It will have punched

They will have punched

Punch in Future Perfect Continuous Tense

Singular

Plural

I will have been punching

We will have been punching

You will have been punching

You will have been punching

He/She/It will have been punching

They will have been punching