

Need another word that means the same as “punishing”? Find 9 synonyms and 30 related words for “punishing” in this overview.

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**The synonyms of “Punishing” are: arduous, backbreaking, grueling, gruelling, hard, heavy, laborious, operose, toilsome**

## **Punishing as an Adjective**

### **Definitions of "Punishing" as an adjective**

According to the [Oxford Dictionary of English](#), “punishing” as an adjective can have the following definitions:

- *Severe and debilitating.*
- *Characterized by effort to the point of exhaustion; especially physical effort.*
- *Physically and mentally demanding; arduous.*



## Synonyms of "Punishing" as an adjective (9 Words)

- arduous** Taxing to the utmost; testing powers of endurance- F.D.Roosevelt.  
*The **arduous** work of preparing a dictionary.*
- backbreaking** Characterized by effort to the point of exhaustion; especially physical effort.
- grueling** Characterized by effort to the point of exhaustion; especially physical effort.  
*A **grueling** campaign.*
- gruelling** Extremely tiring and demanding.  
*A **gruelling** schedule.*
- hard** Unfortunate or hard to bear.  
*He d had a **hard** life.*
- heavy** Large and powerful especially designed for heavy loads or rough work.  
***Heavy** casualties.*

<b>laborious</b>	Requiring considerable time and effort. <i>Spent many <b>laborious</b> hours on the project.</i>
<b>operose</b>	Characterized by effort to the point of exhaustion; especially physical effort.
<b>toilsome</b>	Involving hard or tedious work. <i><b>Toilsome</b> chores.</i>



### Usage Examples of "Punishing" as an adjective

- *Set a punishing pace.*
- *The recession was having a punishing effect on our business.*
- *The band's punishing tour schedule.*



## Associations of "Punishing" (30 Words)

<b>accuse</b>	Charge (someone) with an offence or crime. <i>He was <b>accused</b> of murdering his wife's lover.</i>
<b>angrily</b>	In a manner resulting from or betraying anger. <i>Workers reacted <b>angrily</b> to the announcement.</i>
<b>arraign</b>	Call before a court to answer an indictment. <i>Social workers were relieved it was not they who were <b>arraigned</b> in the tabloids.</i>
<b>berate</b>	Scold or criticize (someone) angrily. <i>She <b>berated</b> herself for being fickle.</i>
<b>bluntly</b>	In a blunt direct manner. <i>He spoke <b>bluntly</b>.</i>
<b>castigate</b>	Censure severely. <i>He was <b>castigated</b> for not setting a good example.</i>
<b>castigation</b>	A severe scolding.
<b>chasten</b>	Restrain. <i>The director was somewhat <b>chastened</b> by his recent flops.</i>

<b>chastise</b>	Punish, especially by beating. <i>The General cruelly <b>chastised</b> them with a whip.</i>
<b>chide</b>	Censure severely or angrily. <i>Now now he <b>chided</b>.</i>
<b>demotion</b>	Act of lowering in rank or position. <i>Too many <b>demotions</b> would weaken morale.</i>
<b>errant</b>	Erring or straying from the accepted course or standards. <i>That same lady <b>errant</b>.</i>
<b>impeach</b>	(especially in the US) charge (the holder of a public office) with misconduct. <i>The President was <b>impeached</b>.</i>
<b>indict</b>	Accuse formally of a crime. <i>His former manager was <b>indicted</b> for fraud.</i>
<b>indiscretion</b>	The trait of being injudicious. <i>He knew himself all too prone to <b>indiscretion</b>.</i>
<b>misdeed</b>	A wicked or illegal act. <i>His past <b>misdeeds</b> were forgiven.</i>
<b>offence</b>	A feeling of anger caused by being offended. <i>He made it clear he <b>d taken offence</b>.</i>
<b>penal</b>	Subject to punishment by law. <i><b>Penal</b> institutions.</i>
<b>penalize</b>	Subject to a penalty or punishment. <i>The students were <b>penalized</b> for showing up late for class.</i>
<b>penalty</b>	Points won by the defenders when a declarer fails to make the contract. <i>Neglected his health and paid the <b>penalty</b>.</i>
<b>rebuke</b>	An act or expression of criticism and censure. <i>She had <b>rebuked</b> him for drinking too much.</i>
<b>reproof</b>	An act or expression of criticism and censure. <i>A look of <b>reproof</b>.</i>
<b>reprove</b>	Take to task. <i>Don't be childish Hilary he <b>reproved</b> mildly.</i>
<b>retribution</b>	Punishment inflicted on someone as vengeance for a wrong or criminal act. <i>The swiftness of divine <b>retribution</b>.</i>
<b>scold</b>	A person who nags or grumbles constantly (typically used of a woman). <i>The mother <b>scolded</b> the child for entering a stranger's car.</i>
<b>spank</b>	Give a spanking to subject to a spanking. <i>When his father caught him he got a <b>spank</b>.</i>

<b>subdue</b>	Get on top of; deal with successfully. <i>Charles went on a campaign to <b>subdue</b> the Saxons.</i>
<b>trespass</b>	Commit an offence against (a person or a set of rules). <i>She really must not <b>trespass</b> on his hospitality.</i>
<b>upbraid</b>	Express criticism towards. <i>He was <b>upbraided</b> for his slovenly appearance.</i>
<b>violator</b>	Someone who violates the law. <i>A <b>violator</b> of nature.</i>

