

# rappelled or rappeled

**The past tense of rappel is rappelled or rappeled**

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## The Forms of Rappel

Infinitive	<b>to rappel</b>
Present Tense	<b>rappel / rappels</b>
Past Tense	<b>rappelled or rappeled</b>
Present Participle	<b>rappelling or rappeling</b>
Past Participle	<b>rappelled or rappeled</b>

## Conjugate Rappel

**Rappel in Present Simple (Indefinite) Tense**

**Singular**

**Plural**

I **rappel**

We **rappel**

You **rappel**

You **rappel**

He/She/It **rappels**

They **rappel**

## **Rappel in Present Continuous (Progressive) Tense**

**Singular**

**Plural**

I **am rappelling or rappeling**

We **are rappelling or rappeling**

You **are rappelling or rappeling**

You **are rappelling or rappeling**

He/She/It **is rappelling or rappeling**

They **are rappelling or rappeling**

## **Rappel in Present Perfect Tense**

**Singular**

**Plural**

I **have rappelled or rappeled**

We **have rappelled or rappeled**

You **have rappelled or rappeled**

You **have rappelled or rappeled**

He/She/It **has rappelled or rappeled**

They **have rappelled or rappeled**

## **Rappel in Present Perfect Continuous Tense**

**Singular**

**Plural**

I **have been rappelling or rappeling**

We **have been rappelling or rappeling**

You **have been rappelling or rappeling**

You **have been rappelling or rappeling**

He/She/It **has been rappelling or rappeling**

They **have been rappelling or rappeling**

## **Rappel in Past Simple (Indefinite) Tense**

**Singular**

**Plural**

I **rappelled or rappeled**

We **rappelled or rappeled**

You **rappelled or rappeled**

You **rappelled or rappeled**

He/She/It **rappelled or rappeled**

They **rappelled or rappeled**

## **Rappel in Past Continuous (Progressive) Tense**

**Singular**

**Plural**

**I was rappelling or rappeling**

**We were rappelling or rappeling**

**You were rappelling or rappeling**

**You were rappelling or rappeling**

**He/She/It was rappelling or rappeling** **They were rappelling or rappeling**

**Rappel in Past Perfect Tense**

**Singular**

**Plural**

**I had rappelled or rapped**

**We had rappelled or rapped**

**You had rappelled or rapped**

**You had rappelled or rapped**

**He/She/It had rappelled or rapped** **They had rappelled or rapped**

**Rappel in Past Perfect Continuous Tense**

**Singular**

**Plural**

**I had been rappelling or rappeling**

**We had been rappelling or rappeling**

**You had been rappelling or rappeling**

**You had been rappelling or rappeling**

**He/She/It had been rappelling or rappeling** **They had been rappelling or rappeling**

**Rappel in Future Simple (Indefinite) Tense**

**Singular**

**Plural**

**I will rappel**

**We will rappel**

**You will rappel**

**You will rappel**

**He/She/It will rappel** **They will rappel**

**Rappel in Future Continuous (Progressive) Tense**

**Singular**

**Plural**

**I will be rappelling or rappeling**

**We will be rappelling or rappeling**

**You will be rappelling or rappeling**

**You will be rappelling or rappeling**

**He/She/It will be rappelling or rappeling** **They will be rappelling or rappeling**

**Rappel in Future Perfect Tense**

**Singular**

**I will have rappelled or rappeled**

**You will have rappelled or rappeled**

**He/She/It will have rappelled or rappeled**

**Plural**

**We will have rappelled or rappeled**

**You will have rappelled or rappeled**

**They will have rappelled or rappeled**

**Rappel in Future Perfect Continuous Tense**

**Singular**

**I will have been rappelling or rappeling**

**You will have been rappelling or rappeling**

**He/She/It will have been rappelling or rappeling**

**Plural**

**We will have been rappelling or rappeling**

**You will have been rappelling or rappeling**

**They will have been rappelling or rappeling**