

regained

The past tense of regain is regained

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The Forms of Regain

| | |
|--------------------|-------------------------|
| Infinitive | to regain |
| Present Tense | regain / regains |
| Past Tense | regained |
| Present Participle | regaining |
| Past Participle | regained |

Conjugate Regain

Regain in Present Simple (Indefinite) Tense

Singular

Plural

I **regain**

We **regain**

You **regain**

You **regain**

He/She/It **regains**

They **regain**

Regain in Present Continuous (Progressive) Tense

Singular

Plural

I **am regaining**

We **are regaining**

You **are regaining**

You **are regaining**

He/She/It **is regaining**

They **are regaining**

Regain in Present Perfect Tense

Singular

Plural

I **have regained**

We **have regained**

You **have regained**

You **have regained**

He/She/It **has regained**

They **have regained**

Regain in Present Perfect Continuous Tense

Singular

Plural

I **have been regaining**

We **have been regaining**

You **have been regaining**

You **have been regaining**

He/She/It **has been regaining**

They **have been regaining**

Regain in Past Simple (Indefinite) Tense

Singular

Plural

I **regained**

We **regained**

You **regained**

You **regained**

He/She/It **regained**

They **regained**

Regain in Past Continuous (Progressive) Tense

Singular

Plural

I **was regaining** We **were regaining**
You **were regaining** You **were regaining**
He/She/It **was regaining** They **were regaining**

Regain in Past Perfect Tense

Singular

Plural

I **had regained** We **had regained**
You **had regained** You **had regained**
He/She/It **had regained** They **had regained**

Regain in Past Perfect Continuous Tense

Singular

Plural

I **had been regaining** We **had been regaining**
You **had been regaining** You **had been regaining**
He/She/It **had been regaining** They **had been regaining**

Regain in Future Simple (Indefinite) Tense

Singular

Plural

I **will regain** We **will regain**
You **will regain** You **will regain**
He/She/It **will regain** They **will regain**

Regain in Future Continuous (Progressive) Tense

Singular

Plural

I **will be regaining** We **will be regaining**
You **will be regaining** You **will be regaining**
He/She/It **will be regaining** They **will be regaining**

Regain in Future Perfect Tense

Singular

Plural

I will have regained

We will have regained

You will have regained

You will have regained

He/She/It will have regained

They will have regained

Regain in Future Perfect Continuous Tense

Singular

Plural

I will have been regaining

We will have been regaining

You will have been regaining

You will have been regaining

He/She/It will have been regaining

They will have been regaining