

regained

The past tense of regain is regained

Table Of Contents:

- [regained](#)
- [The Forms of Regain](#)
- [Conjugate Regain](#)
- [Regain in Present Simple \(Indefinite\) Tense](#)
- [Regain in Present Continuous \(Progressive\) Tense](#)
- [Regain in Present Perfect Tense](#)
- [Regain in Present Perfect Continuous Tense](#)
- [Regain in Past Simple \(Indefinite\) Tense](#)
- [Regain in Past Continuous \(Progressive\) Tense](#)
- [Regain in Past Perfect Tense](#)
- [Regain in Past Perfect Continuous Tense](#)
- [Regain in Future Simple \(Indefinite\) Tense](#)
- [Regain in Future Continuous \(Progressive\) Tense](#)
- [Regain in Future Perfect Tense](#)
- [Regain in Future Perfect Continuous Tense](#)

The Forms of Regain

Infinitive	to regain
Present Tense	regain / regains
Past Tense	regained
Present Participle	regaining
Past Participle	regained

Conjugate Regain

Regain in Present Simple (Indefinite) Tense

Singular

Plural

I **regain**

We **regain**

You **regain**

You **regain**

He/She/It **regains**

They **regain**

Regain in Present Continuous (Progressive) Tense

Singular

Plural

I **am regaining**

We **are regaining**

You **are regaining**

You **are regaining**

He/She/It **is regaining**

They **are regaining**

Regain in Present Perfect Tense

Singular

Plural

I **have regained**

We **have regained**

You **have regained**

You **have regained**

He/She/It **has regained**

They **have regained**

Regain in Present Perfect Continuous Tense

Singular

Plural

I **have been regaining**

We **have been regaining**

You **have been regaining**

You **have been regaining**

He/She/It **has been regaining**

They **have been regaining**

Regain in Past Simple (Indefinite) Tense

Singular

Plural

I **regained**

We **regained**

You **regained**

You **regained**

He/She/It **regained**

They **regained**

Regain in Past Continuous (Progressive) Tense

Singular

Plural

I was regaining We were regaining
You were regaining You were regaining
He/She/It was regaining They were regaining

Regain in Past Perfect Tense

Singular

Plural

I had regained We had regained
You had regained You had regained
He/She/It had regained They had regained

Regain in Past Perfect Continuous Tense

Singular

Plural

I had been regaining We had been regaining
You had been regaining You had been regaining
He/She/It had been regaining They had been regaining

Regain in Future Simple (Indefinite) Tense

Singular

Plural

I will regain We will regain
You will regain You will regain
He/She/It will regain They will regain

Regain in Future Continuous (Progressive) Tense

Singular

Plural

I will be regaining We will be regaining
You will be regaining You will be regaining
He/She/It will be regaining They will be regaining

Regain in Future Perfect Tense

Singular

Plural

I will have regained

We will have regained

You will have regained

You will have regained

He/She/It will have regained

They will have regained

Regain in Future Perfect Continuous Tense

Singular

Plural

I will have been regaining

We will have been regaining

You will have been regaining

You will have been regaining

He/She/It will have been regaining

They will have been regaining