

Need another word that means the same as “regimen”? Find 30 synonyms and 30 related words for “regimen” in this overview.

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**The synonyms of “Regimen” are: regime, plan, plan of action, course of action, method of working, mo, line of action, process, procedure, practice, approach, technique, style, manner, way, means, mode of behaviour, mode of conduct, methodology, system, policy, strategy, programme, formula, series, sequence, schedule, arrangement, scheme, code**

## Regimen as a Noun

### Definitions of "Regimen" as a noun

According to the [Oxford Dictionary of English](#), “regimen” as a noun can have the following definitions:

- *A system of government.*
- *(medicine) a systematic plan for therapy (often including diet).*
- *A prescribed course of medical treatment, diet, or exercise for the promotion or restoration of health.*
- *A systematic plan for therapy (often including diet).*

### Synonyms of "Regimen" as a noun (30 Words)

<b>approach</b>	The event of one object coming closer to another. <i>The nearest <b>approach</b> to genius.</i>
<b>arrangement</b>	An organized structure for arranging or classifying. <i>He changed the <b>arrangement</b> of the topics.</i>

<b>code</b>	A phrase or concept used to represent another in an indirect way. <i>A strict dress <b>code</b>.</i>
<b>course of action</b>	General line of orientation.
<b>formula</b>	A formulation. <i>A legal <b>formula</b>.</i>
<b>line of action</b>	Something (as a cord or rope) that is long and thin and flexible.
<b>manner</b>	How something is done or how it happens. <i>What <b>manner</b> of man are you.</i>
<b>means</b>	Thing or person that acts to produce a particular effect or achieve an end. <i>Resolving disputes by peaceful <b>means</b>.</i>
<b>method of working</b>	An acting technique introduced by Stanislavsky in which the actor recalls emotions or reactions from his or her own life and uses them to identify with the character being portrayed.
<b>methodology</b>	The branch of philosophy that analyzes the principles and procedures of inquiry in a particular discipline. <i>A <b>methodology</b> for investigating the concept of focal points.</i>
<b>mo</b>	A polyvalent metallic element that resembles chromium and tungsten in its properties; used to strengthen and harden steel. <i>In a <b>mo</b>.</i>
<b>mode of behaviour</b>	The most frequent value of a random variable.
<b>mode of conduct</b>	The most frequent value of a random variable.
<b>plan</b>	A drawing or diagram made by projection on a horizontal plane especially one showing the layout of a building or one floor of a building. <i>They drew up a six step <b>plan</b>.</i>
<b>plan of action</b>	Scale drawing of a structure.
<b>policy</b>	A line of argument rationalizing the course of action of a government. <i>They debated the <b>policy</b> or <b>impolicy</b> of the proposed legislation.</i>
<b>practice</b>	Translating an idea into action. <i>It must have taken a lot of <b>practice</b> to become so fluent.</i>
<b>procedure</b>	A set sequence of steps, part of larger computer program. <i>The <b>procedure</b> is carried out under general anaesthetic.</i>
<b>process</b>	A mental process that you are not directly aware of. <i><b>Process</b> inks.</i>
<b>programme</b>	An integrated course of academic studies. <i>The British nuclear power <b>programme</b>.</i>

<b>regime</b>	A coordinated programme for the promotion or restoration of health a regimen. <i>A tax <b>regime</b>.</i>
<b>schedule</b>	(with reference to the British system of income tax) any of the forms (named 'A', 'B', etc.) issued for completion and relating to the various classes into which taxable income is divided. <i>We have drawn up an engineering <b>schedule</b>.</i>
<b>scheme</b>	A particular ordered system or arrangement. <i>The whole <b>scheme</b> is plunged into darkness bar the light in Victor s house.</i>
<b>sequence</b>	A repetition of a phrase or melody at a higher or lower pitch. <i>The doctor saw a <b>sequence</b> of patients.</i>
<b>series</b>	A number of events, objects, or people of a similar or related kind coming one after another. <i>A <b>series</b> III SWB Land Rover.</i>
<b>strategy</b>	The branch of military science dealing with military command and the planning and conduct of a war. <i>He was a genius when it came to military <b>strategy</b>.</i>
<b>style</b>	In an invertebrate a small slender pointed appendage a stylet. <i>For a glamorous <b>style</b> hair was brushed out after setting.</i>
<b>system</b>	A procedure or process for obtaining an objective. <i>They have to operate under a <b>system</b> they oppose.</i>
<b>technique</b>	Skill or ability in a particular field. <i>He has excellent <b>technique</b>.</i>
<b>way</b>	A general category of things used in the expression in the way of. <i>The national vote split three <b>ways</b>.</i>

## Usage Examples of "Regimen" as a noun

- *A regimen of one or two injections per day.*

## Associations of "Regimen" (30 Words)

<b>calorie</b>	The energy needed to raise the temperature of 1 kilogram of water through 1 C equal to one thousand small calories and often used to measure the energy value of foods.
<b>commissariat</b>	A stock or supply of foods.

<b>consumption</b>	A wasting disease, especially pulmonary tuberculosis. <i>His confidential speech was not meant for public <b>consumption</b>.</i>
<b>diet</b>	Put a person or animal on a special diet. <i>A vegetarian <b>diet</b>.</i>
<b>dietary</b>	A regulated daily food allowance. <i><b>Dietary</b> restrictions.</i>
<b>dietitian</b>	A specialist in the study of nutrition.
<b>digest</b>	A substance or mixture obtained by digestion. <i>Leonora <b>digested</b> this piece of news with mixed feelings.</i>
<b>exercise</b>	Do physical exercise. <i>She <b>exercised</b> her dogs before breakfast.</i>
<b>fat</b>	A fatty substance made from animal or plant products used in cooking. <i>A <b>fat</b> rope.</i>
<b>feed</b>	Feed into supply. <i>You were still in the wings <b>feeding</b> Micky his lines.</i>
<b>fitness</b>	Fitness to traverse the seas. <i>They had to prove their <b>fitness</b> for the position.</i>
<b>healthy</b>	Promoting health; healthful. <i>Clean <b>healthy</b> air.</i>
<b>ingest</b>	Take (food, drink, or another substance) into the body by swallowing or absorbing it. <i>Lead will poison anyone if enough is <b>ingested</b>.</i>
<b>ingestion</b>	The process of taking food, drink, or another substance into the body by swallowing or absorbing it. <i>The quiet <b>ingestion</b> of information.</i>
<b>intake</b>	The process of taking food into the body through the mouth (as by eating). <i>The first <b>intake</b> of women was in 1915.</i>
<b>nourish</b>	Give nourishment to. <i>A clay base <b>nourished</b> with plant detritus.</i>
<b>nourishment</b>	A source of materials to nourish the body. <i>The <b>nourishment</b> of our bodies and of our minds.</i>
<b>nutrient</b>	A substance that provides nourishment essential for the maintenance of life and for growth. <i>Fish is a source of many important <b>nutrients</b> including protein vitamins and minerals.</i>

<b><u>nutrition</u></b>	The branch of science that deals with nutrients and nutrition particularly in humans. <i>A guide to good <b>nutrition</b>.</i>
<b>nutritional</b>	Relating to the process of providing or obtaining the food necessary for health and growth. <i><b>Nutritional</b> deficiencies in the diet.</i>
<b><u>nutritious</u></b>	Efficient as food; nourishing. <i>Home cooked burgers make a <b>nutritious</b> meal.</i>
<b>nutritive</b>	Providing nourishment; nutritious. <i>The food was low in <b>nutritive</b> value.</i>
<b>provender</b>	A stock or supply of foods. <i>To raise the prices of <b>provender</b> for cattle importation has been severely curtailed.</i>
<b>supplement</b>	Serve as a supplement to. <i>Multivitamin <b>supplements</b>.</i>
<b><u>sustenance</u></b>	The maintaining of someone or something in life or existence. <i>They were in want of <b>sustenance</b>.</i>
<b>veg</b>	Relax to the point of complete inertia. <i>They were <b>vegging</b> out in front of the TV.</i>
<b>victuals</b>	A stock or supply of foods.
<b>vitamin</b>	A pill containing a specified amount of a particular vitamin or vitamins taken as a dietary supplement. <i>I woke up this morning and took a <b>vitamin</b>.</i>
<b><u>wholesome</u></b>	Conducive to or characteristic of physical or moral well-being. <i>Good <b>wholesome</b> fun.</i>
<b>wholesomeness</b>	The quality of being beneficial and generally good for you.