

# regressed

**The past tense of regress is regressed**

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## The Forms of Regress

Infinitive	<b>to regress</b>
Present Tense	<b>regress / regresses</b>
Past Tense	<b>regressed</b>
Present Participle	<b>regressing</b>
Past Participle	<b>regressed</b>

## Conjugate Regress

**Regress in Present Simple (Indefinite) Tense**

**Singular**

**Plural**

I **regress**

We **regress**

You **regress**

You **regress**

He/She/It **regresses** They **regress**

## **Regress in Present Continuous (Progressive) Tense**

**Singular**

**Plural**

I **am regressing**

We **are regressing**

You **are regressing**

You **are regressing**

He/She/It **is regressing** They **are regressing**

## **Regress in Present Perfect Tense**

**Singular**

**Plural**

I **have regressed**

We **have regressed**

You **have regressed**

You **have regressed**

He/She/It **has regressed** They **have regressed**

## **Regress in Present Perfect Continuous Tense**

**Singular**

**Plural**

I **have been regressing**

We **have been regressing**

You **have been regressing**

You **have been regressing**

He/She/It **has been regressing** They **have been regressing**

## **Regress in Past Simple (Indefinite) Tense**

**Singular**

**Plural**

I **regressed**

We **regressed**

You **regressed**

You **regressed**

He/She/It **regressed** They **regressed**

## **Regress in Past Continuous (Progressive) Tense**

**Singular**

**Plural**

I **was regressing**      We **were regressing**  
You **were regressing**      You **were regressing**  
He/She/It **was regressing**      They **were regressing**

**Regress in Past Perfect Tense**

**Singular**

**Plural**

I **had regressed**      We **had regressed**  
You **had regressed**      You **had regressed**  
He/She/It **had regressed**      They **had regressed**

**Regress in Past Perfect Continuous Tense**

**Singular**

**Plural**

I **had been regressing**      We **had been regressing**  
You **had been regressing**      You **had been regressing**  
He/She/It **had been regressing**      They **had been regressing**

**Regress in Future Simple (Indefinite) Tense**

**Singular**

**Plural**

I **will regress**      We **will regress**  
You **will regress**      You **will regress**  
He/She/It **will regress**      They **will regress**

**Regress in Future Continuous (Progressive) Tense**

**Singular**

**Plural**

I **will be regressing**      We **will be regressing**  
You **will be regressing**      You **will be regressing**  
He/She/It **will be regressing**      They **will be regressing**

**Regress in Future Perfect Tense**

**Singular**

**Plural**

**I will have regressed**

**We will have regressed**

**You will have regressed**

**You will have regressed**

**He/She/It will have regressed**

**They will have regressed**

**Regress in Future Perfect Continuous Tense**

**Singular**

**Plural**

**I will have been regressing**

**We will have been regressing**

**You will have been regressing**

**You will have been regressing**

**He/She/It will have been regressing**

**They will have been regressing**