

regressed

The past tense of regress is regressed

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The Forms of Regress

Infinitive	to regress
Present Tense	regress / regresses
Past Tense	regressed
Present Participle	regressing
Past Participle	regressed

Conjugate Regress

Regress in Present Simple (Indefinite) Tense

Singular

Plural

I **regress**

We **regress**

You **regress**

You **regress**

He/She/It **regresses** They **regress**

Regress in Present Continuous (Progressive) Tense

Singular

Plural

I **am regressing**

We **are regressing**

You **are regressing**

You **are regressing**

He/She/It **is regressing** They **are regressing**

Regress in Present Perfect Tense

Singular

Plural

I **have regressed**

We **have regressed**

You **have regressed**

You **have regressed**

He/She/It **has regressed** They **have regressed**

Regress in Present Perfect Continuous Tense

Singular

Plural

I **have been regressing**

We **have been regressing**

You **have been regressing**

You **have been regressing**

He/She/It **has been regressing** They **have been regressing**

Regress in Past Simple (Indefinite) Tense

Singular

Plural

I **regressed**

We **regressed**

You **regressed**

You **regressed**

He/She/It **regressed** They **regressed**

Regress in Past Continuous (Progressive) Tense

Singular

Plural

I **was regressing** We **were regressing**
You **were regressing** You **were regressing**
He/She/It **was regressing** They **were regressing**

Regress in Past Perfect Tense

Singular

Plural

I **had regressed** We **had regressed**
You **had regressed** You **had regressed**
He/She/It **had regressed** They **had regressed**

Regress in Past Perfect Continuous Tense

Singular

Plural

I **had been regressing** We **had been regressing**
You **had been regressing** You **had been regressing**
He/She/It **had been regressing** They **had been regressing**

Regress in Future Simple (Indefinite) Tense

Singular

Plural

I **will regress** We **will regress**
You **will regress** You **will regress**
He/She/It **will regress** They **will regress**

Regress in Future Continuous (Progressive) Tense

Singular

Plural

I **will be regressing** We **will be regressing**
You **will be regressing** You **will be regressing**
He/She/It **will be regressing** They **will be regressing**

Regress in Future Perfect Tense

Singular

Plural

I will have regressed

We will have regressed

You will have regressed

You will have regressed

He/She/It will have regressed

They will have regressed

Regress in Future Perfect Continuous Tense

Singular

Plural

I will have been regressing

We will have been regressing

You will have been regressing

You will have been regressing

He/She/It will have been regressing

They will have been regressing