

Need another word that means the same as “regress”? Find 21 synonyms and 30 related words for “regress” in this overview.

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**The synonyms of “Regress” are: retrovert, return, revert, turn back, retrograde, retrogress, fall back, lapse, recidivate, relapse, backslide, go backwards, slip back, drift back, subside, sink back, regression, retrogression, retroversion, reversion, reasoning backward**

## Regress as a Noun

### Definitions of "Regress" as a noun

According to the [Oxford Dictionary of English](#), “regress” as a noun can have the following definitions:

- *A series of statements in which a logical procedure is continually reapplied to its own result without approaching a useful conclusion (e.g. defining something in terms of itself).*
- *The action of returning to a former or less developed state.*
- *The reasoning involved when you assume the conclusion is true and reason backward to the evidence.*
- *Returning to a former state.*



## Synonyms of "Regress" as a noun (5 Words)

**reasoning backward** Thinking that is coherent and logical.

**regression** A return to an earlier stage of life or a supposed previous life, especially through hypnosis.  
*There was 46.7 per cent complete **regression** in the placebo group.*

**retrogression** Passing from a more complex to a simpler biological form.  
*A **retrogression** to 19th century attitudes.*

**retroversion** Translation back into the original language.  
***Retroversion** of the uterus.*

**reversion** A property to which someone has the right of reversion.  
*He was given a promise of the **reversion** of Boraston's job.*



## Usage Examples of "Regress" as a noun

- *The regress is a return to Puritan values.*
- *A regress to the nursery.*



## Regress as a Verb

### Definitions of "Regress" as a verb

According to the [Oxford Dictionary of English](#), "regress" as a verb can have the following definitions:

- *Return to a former or less developed state.*
- *Get worse or fall back to a previous condition.*
- *Go back to a statistical means.*
- *Return mentally to a former stage of life or a supposed previous life, especially through hypnosis.*
- *Go back to a previous state.*
- *Move in a retrograde direction.*
- *Go back to bad behavior.*
- *Calculate the coefficient or coefficients of regression of (a variable) against or on another variable.*

## Synonyms of "Regress" as a verb (16 Words)

<b>backslide</b>	Relapse into bad ways or error. <i>There are many things that can cause slimmers to <b>backslide</b>.</i>
<b>drift back</b>	Cause to be carried by a current.
<b>fall back</b>	To be given by right or inheritance.
<b>go backwards</b>	Lead, extend, or afford access.
<b>lapse</b>	(of a right, privilege, or agreement) become invalid because it is not used, claimed, or renewed; expire. <i>The country has <b>lapsed</b> into chaos.</i>
<b>recidivate</b>	Go back to bad behavior. <i>Those who <b>recidivate</b> are often minor criminals.</i>
<b>relapse</b>	Return to (a less active or a worse state). <i>He <b>relapsed</b> into silence.</i>
<b>retrograde</b>	Show retrograde motion. <i>The glacier <b>retrogrades</b>.</i>
<b>retrogress</b>	Go back to bad behavior. <i>She <b>retrogressed</b> to the starting point of her rehabilitation.</i>
<b>retrovert</b>	Go back to a previous state.
<b>return</b>	Return in kind. <i>The land <b>returned</b> to the family.</i>
<b>revert</b>	Return to (a former or ancestral type). <i>It is impossible that a fishlike mammal will actually <b>revert</b> to being a true fish.</i>
<b>sink back</b>	Descend into or as if into some soft substance or place.
<b>slip back</b>	Move smoothly and easily.
<b>subside</b>	(of a building or other structure) sink lower into the ground. <i>Patrick <b>subsided</b> into his seat.</i>
<b>turn back</b>	Have recourse to or make an appeal or request for help or information to.

## Usage Examples of "Regress" as a verb

- A model in which C and Y are regressed on the same variables.
- A planet regularly regresses.
- She claims to be able to regress to the Roman era.
- They would not regress to pre-technological tribalism.
- I regressed Sylvia to early childhood.

## Associations of "Regress" (30 Words)

<b>ago</b>	Before the present; earlier (used with a measurement of time). <i>Agone is an archaic word for <b>ago</b>.</i>
<b>atavism</b>	A tendency to revert to something ancient or ancestral. <i>The more civilized a society seems to be the more susceptible it is to its buried <b>atavism</b>.</i>
<b><u>back</u></b>	A person who plays in the backfield. <i>A long <b>back</b> vowel as in dance or bath.</i>
<b>backslide</b>	Relapse into bad ways or error. <i>There are many things that can cause slimmers to <b>backslide</b>.</i>
<b>backward</b>	(used of temperament or behavior) marked by a retiring nature. <i>He was not <b>backward</b> in displaying his talents.</i>
<b>backwards</b>	(of an object's motion) back towards the starting point. <i>Penny glanced <b>backwards</b>.</i>
<b>degeneracy</b>	The state or quality of being degenerate. <i>The <b>degeneracy</b> of later Roman work.</i>
<b>degeneration</b>	Passing from a more complex to a simpler biological form. <i><b>Degeneration</b> of the muscle fibres.</i>
<b>dilution</b>	A reduction in the value of a shareholding due to the issue of additional shares in a company without an increase in assets. <i>The antibody was applied at a <b>dilution</b> of 1 50.</i>
<b>discontinuity</b>	Lack of connection or continuity. <i>There is no significant <b>discontinuity</b> between modern and primitive societies.</i>
<b>inverse</b>	A reciprocal quantity, mathematical expression, geometric figure, etc. which is the result of inversion. <i>Numerous studies have shown an <b>inverse</b> relationship between exercise and the risk of heart disease.</i>
<b>past</b>	A past tense or form of a verb. <i>A week went <b>past</b> and nothing changed.</i>
<b>posthumous</b>	(of a child) born after the death of its father. <i>Newton was the <b>posthumous</b> son of an illiterate yeoman.</i>
<b><u>recession</u></b>	A period of temporary economic decline during which trade and industrial activity are reduced, generally identified by a fall in GDP in two successive quarters. <i>Measures to pull the economy out of <b>recession</b>.</i>

<b>recrudescence</b>	A return of something after a period of abatement. <i>A <b>recrudescence</b> of age old tensions.</i>
<b>regression</b>	A defense mechanism in which you flee from reality by assuming a more infantile state. <i><b>Regression</b> therapy.</i>
<b>regressive</b>	Adjusted so that the rate decreases as the amount of income increases. <i><b>Regressive</b> aspects of recent local government reform.</i>
<b>relapse</b>	Deteriorate in health. <i>He <b>relapsed</b>.</i>
<b>restitution</b>	The restoration of something lost or stolen to its proper owner. <i>Upon the <b>restitution</b> of the book to its rightful owner the child was given a tongue lashing.</i>
<b>restoration</b>	The restoration of the Bourbon monarchy in France in 1814 following the fall of Napoleon Louis XVIII was recalled from exile by Talleyrand. <i>The altar paintings seem in need of <b>restoration</b>.</i>
<b>retreat</b>	Make a retreat from an earlier commitment or activity. <i>The French <b>retreated</b> in disarray.</i>
<b>retroactive</b>	(especially of legislation) taking effect from a date in the past. <i><b>Retroactive</b> tax increase.</i>
<b>retrograde</b>	Show retrograde motion. <i>The outer satellites move in <b>retrograde</b> orbits.</i>
<b>retrogression</b>	The process of returning to an earlier state, typically a worse one. <i>A <b>retrogression</b> to 19th century attitudes.</i>
<b>retrospect</b>	Contemplation of things past. <i>In <b>retrospect</b>.</i>
<b>retrospective</b>	Concerned with or related to the past. <i><b>Retrospective</b> pay awards.</i>
<b>return</b>	A coming to or returning home. <i><b>Return</b> her love.</i>
<b>reversion</b>	A property to which someone has the right of reversion. <i>There was some <b>reversion</b> to polytheism.</i>
<b>revert</b>	Turn (one's eyes or steps) back. <i>He ignored her words by <b>reverting</b> to the former subject.</i>
<b>throwback</b>	A person or thing having the characteristics of a former time. <i>A lot of his work is a <b>throwback</b> to the fifties.</i>