

Need another word that means the same as “regress”? Find 21 synonyms and 30 related words for “regress” in this overview.

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The synonyms of “Regress” are: retrovert, return, revert, turn back, retrograde, retrogress, fall back, lapse, recidivate, relapse, backslide, go backwards, slip back, drift back, subside, sink back, regression, retrogression, retroversion, reversion, reasoning backward

Regress as a Noun

Definitions of "Regress" as a noun

According to the [Oxford Dictionary of English](#), “regress” as a noun can have the following definitions:

- *A series of statements in which a logical procedure is continually reapplied to its own result without approaching a useful conclusion (e.g. defining something in terms of itself).*
- *The action of returning to a former or less developed state.*
- *The reasoning involved when you assume the conclusion is true and reason backward to the evidence.*
- *Returning to a former state.*



Synonyms of "Regress" as a noun (5 Words)

reasoning backward Thinking that is coherent and logical.

regression A return to an earlier stage of life or a supposed previous life, especially through hypnosis.
*There was 46.7 per cent complete **regression** in the placebo group.*

retrogression Passing from a more complex to a simpler biological form.
*A **retrogression** to 19th century attitudes.*

retroversion Translation back into the original language.
***Retroversion** of the uterus.*

reversion A property to which someone has the right of reversion.
*He was given a promise of the **reversion** of Boraston's job.*



Usage Examples of "Regress" as a noun

- *The regress is a return to Puritan values.*
- *A regress to the nursery.*



Regress as a Verb

Definitions of "Regress" as a verb

According to the [Oxford Dictionary of English](#), "regress" as a verb can have the following definitions:

- *Return to a former or less developed state.*
- *Get worse or fall back to a previous condition.*
- *Go back to a statistical means.*
- *Return mentally to a former stage of life or a supposed previous life, especially through hypnosis.*
- *Go back to a previous state.*
- *Move in a retrograde direction.*
- *Go back to bad behavior.*
- *Calculate the coefficient or coefficients of regression of (a variable) against or on another variable.*

Synonyms of "Regress" as a verb (16 Words)

backslide	Relapse into bad ways or error. <i>There are many things that can cause slimmers to backslide.</i>
drift back	Cause to be carried by a current.
fall back	To be given by right or inheritance.
go backwards	Lead, extend, or afford access.
lapse	(of a right, privilege, or agreement) become invalid because it is not used, claimed, or renewed; expire. <i>The country has lapsed into chaos.</i>
recidivate	Go back to bad behavior. <i>Those who recidivate are often minor criminals.</i>
relapse	Return to (a less active or a worse state). <i>He relapsed into silence.</i>
retrograde	Show retrograde motion. <i>The glacier retrogrades.</i>
retrogress	Go back to bad behavior. <i>She retrogressed to the starting point of her rehabilitation.</i>
retrovert	Go back to a previous state.
return	Return in kind. <i>The land returned to the family.</i>
revert	Return to (a former or ancestral type). <i>It is impossible that a fishlike mammal will actually revert to being a true fish.</i>
sink back	Descend into or as if into some soft substance or place.
slip back	Move smoothly and easily.
subside	(of a building or other structure) sink lower into the ground. <i>Patrick subsided into his seat.</i>
turn back	Have recourse to or make an appeal or request for help or information to.

Usage Examples of "Regress" as a verb

- A model in which C and Y are regressed on the same variables.
- A planet regularly regresses.
- She claims to be able to regress to the Roman era.
- They would not regress to pre-technological tribalism.
- I regressed Sylvia to early childhood.

Associations of "Regress" (30 Words)

ago	Before the present; earlier (used with a measurement of time). <i>Agone is an archaic word for ago.</i>
atavism	A tendency to revert to something ancient or ancestral. <i>The more civilized a society seems to be the more susceptible it is to its buried atavism.</i>
<u>back</u>	A person who plays in the backfield. <i>A long back vowel as in dance or bath.</i>
backslide	Relapse into bad ways or error. <i>There are many things that can cause slimmers to backslide.</i>
backward	(used of temperament or behavior) marked by a retiring nature. <i>He was not backward in displaying his talents.</i>
backwards	(of an object's motion) back towards the starting point. <i>Penny glanced backwards.</i>
degeneracy	The state or quality of being degenerate. <i>The degeneracy of later Roman work.</i>
degeneration	Passing from a more complex to a simpler biological form. <i>Degeneration of the muscle fibres.</i>
dilution	A reduction in the value of a shareholding due to the issue of additional shares in a company without an increase in assets. <i>The antibody was applied at a dilution of 1 50.</i>
discontinuity	Lack of connection or continuity. <i>There is no significant discontinuity between modern and primitive societies.</i>
inverse	A reciprocal quantity, mathematical expression, geometric figure, etc. which is the result of inversion. <i>Numerous studies have shown an inverse relationship between exercise and the risk of heart disease.</i>
past	A past tense or form of a verb. <i>A week went past and nothing changed.</i>
posthumous	(of a child) born after the death of its father. <i>Newton was the posthumous son of an illiterate yeoman.</i>
<u>recession</u>	A period of temporary economic decline during which trade and industrial activity are reduced, generally identified by a fall in GDP in two successive quarters. <i>Measures to pull the economy out of recession.</i>

recrudescence	A return of something after a period of abatement. A recrudescence of age old tensions.
regression	A defense mechanism in which you flee from reality by assuming a more infantile state. Regression therapy.
regressive	Adjusted so that the rate decreases as the amount of income increases. Regressive aspects of recent local government reform.
relapse	Deteriorate in health. He relapsed .
restitution	The restoration of something lost or stolen to its proper owner. Upon the restitution of the book to its rightful owner the child was given a tongue lashing.
restoration	The restoration of the Bourbon monarchy in France in 1814 following the fall of Napoleon Louis XVIII was recalled from exile by Talleyrand. The altar paintings seem in need of restoration .
retreat	Make a retreat from an earlier commitment or activity. The French retreated in disarray.
retroactive	(especially of legislation) taking effect from a date in the past. Retroactive tax increase.
retrograde	Show retrograde motion. The outer satellites move in retrograde orbits.
retrogression	The process of returning to an earlier state, typically a worse one. A retrogression to 19th century attitudes.
retrospect	Contemplation of things past. In retrospect .
retrospective	Concerned with or related to the past. Retrospective pay awards.
return	A coming to or returning home. Return her love.
reversion	A property to which someone has the right of reversion. There was some reversion to polytheism.
revert	Turn (one's eyes or steps) back. He ignored her words by reverting to the former subject.
throwback	A person or thing having the characteristics of a former time. A lot of his work is a throwback to the fifties.