

Need another word that means the same as “regress”? Find 21 synonyms and 30 related words for “regress” in this overview.

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The synonyms of “Regress” are: retrovert, return, revert, turn back, retrograde, retrogress, fall back, lapse, recidivate, relapse, backslide, go backwards, slip back, drift back, subside, sink back, regression, retrogression, retroversion, reversion, reasoning backward

Regress as a Noun

Definitions of "Regress" as a noun

According to the [Oxford Dictionary of English](#), “regress” as a noun can have the following definitions:

- *A series of statements in which a logical procedure is continually reapplied to its own result without approaching a useful conclusion (e.g. defining something in terms of itself).*
- *The action of returning to a former or less developed state.*
- *The reasoning involved when you assume the conclusion is true and reason backward to the evidence.*
- *Returning to a former state.*



Synonyms of "Regress" as a noun (5 Words)

reasoning backward Thinking that is coherent and logical.

regression A return to an earlier stage of life or a supposed previous life, especially through hypnosis.
*There was 46.7 per cent complete **regression** in the placebo group.*

retrogression Passing from a more complex to a simpler biological form.
*A **retrogression** to 19th century attitudes.*

retroversion Translation back into the original language.
***Retroversion** of the uterus.*

reversion A property to which someone has the right of reversion.
*He was given a promise of the **reversion** of Boraston's job.*



Usage Examples of "Regress" as a noun

- *The regress is a return to Puritan values.*
- *A regress to the nursery.*



Regress as a Verb

Definitions of "Regress" as a verb

According to the [Oxford Dictionary of English](#), "regress" as a verb can have the following definitions:

- *Return to a former or less developed state.*
- *Get worse or fall back to a previous condition.*
- *Go back to a statistical means.*
- *Return mentally to a former stage of life or a supposed previous life, especially through hypnosis.*
- *Go back to a previous state.*
- *Move in a retrograde direction.*
- *Go back to bad behavior.*
- *Calculate the coefficient or coefficients of regression of (a variable) against or on another variable.*

Synonyms of "Regress" as a verb (16 Words)

backslide	Relapse into bad ways or error. <i>There are many things that can cause slimmers to backslide.</i>
drift back	Cause to be carried by a current.
fall back	To be given by right or inheritance.
go backwards	Lead, extend, or afford access.
lapse	(of a right, privilege, or agreement) become invalid because it is not used, claimed, or renewed; expire. <i>The country has lapsed into chaos.</i>
recidivate	Go back to bad behavior. <i>Those who recidivate are often minor criminals.</i>
relapse	Return to (a less active or a worse state). <i>He relapsed into silence.</i>
retrograde	Show retrograde motion. <i>The glacier retrogrades.</i>
retrogress	Go back to bad behavior. <i>She retrogressed to the starting point of her rehabilitation.</i>
retrovert	Go back to a previous state.
return	Return in kind. <i>The land returned to the family.</i>
revert	Return to (a former or ancestral type). <i>It is impossible that a fishlike mammal will actually revert to being a true fish.</i>
sink back	Descend into or as if into some soft substance or place.
slip back	Move smoothly and easily.
subside	(of a building or other structure) sink lower into the ground. <i>Patrick subsided into his seat.</i>
turn back	Have recourse to or make an appeal or request for help or information to.

Usage Examples of "Regress" as a verb

- *A model in which C and Y are regressed on the same variables.*
- *A planet regularly regresses.*
- *She claims to be able to regress to the Roman era.*
- *They would not regress to pre-technological tribalism.*
- *I regressed Sylvia to early childhood.*

Associations of "Regress" (30 Words)

ago	Before the present; earlier (used with a measurement of time). <i>Agone is an archaic word for ago.</i>
atavism	A tendency to revert to something ancient or ancestral. <i>The more civilized a society seems to be the more susceptible it is to its buried atavism.</i>
<u>back</u>	A person who plays in the backfield. <i>A long back vowel as in dance or bath.</i>
backslide	Relapse into bad ways or error. <i>There are many things that can cause slimmers to backslide.</i>
backward	(used of temperament or behavior) marked by a retiring nature. <i>He was not backward in displaying his talents.</i>
backwards	(of an object's motion) back towards the starting point. <i>Penny glanced backwards.</i>
degeneracy	The state or quality of being degenerate. <i>The degeneracy of later Roman work.</i>
degeneration	Passing from a more complex to a simpler biological form. <i>Degeneration of the muscle fibres.</i>
dilution	A reduction in the value of a shareholding due to the issue of additional shares in a company without an increase in assets. <i>The antibody was applied at a dilution of 1 50.</i>
discontinuity	Lack of connection or continuity. <i>There is no significant discontinuity between modern and primitive societies.</i>
inverse	A reciprocal quantity, mathematical expression, geometric figure, etc. which is the result of inversion. <i>Numerous studies have shown an inverse relationship between exercise and the risk of heart disease.</i>
past	A past tense or form of a verb. <i>A week went past and nothing changed.</i>
posthumous	(of a child) born after the death of its father. <i>Newton was the posthumous son of an illiterate yeoman.</i>
<u>recession</u>	A period of temporary economic decline during which trade and industrial activity are reduced, generally identified by a fall in GDP in two successive quarters. <i>Measures to pull the economy out of recession.</i>

recrudescence	A return of something after a period of abatement. <i>A recrudescence of age old tensions.</i>
regression	A defense mechanism in which you flee from reality by assuming a more infantile state. <i>Regression therapy.</i>
regressive	Adjusted so that the rate decreases as the amount of income increases. <i>Regressive aspects of recent local government reform.</i>
relapse	Deteriorate in health. <i>He relapsed.</i>
restitution	The restoration of something lost or stolen to its proper owner. <i>Upon the restitution of the book to its rightful owner the child was given a tongue lashing.</i>
restoration	The restoration of the Bourbon monarchy in France in 1814 following the fall of Napoleon Louis XVIII was recalled from exile by Talleyrand. <i>The altar paintings seem in need of restoration.</i>
retreat	Make a retreat from an earlier commitment or activity. <i>The French retreated in disarray.</i>
retroactive	(especially of legislation) taking effect from a date in the past. <i>Retroactive tax increase.</i>
retrograde	Show retrograde motion. <i>The outer satellites move in retrograde orbits.</i>
retrogression	The process of returning to an earlier state, typically a worse one. <i>A retrogression to 19th century attitudes.</i>
retrospect	Contemplation of things past. <i>In retrospect.</i>
retrospective	Concerned with or related to the past. <i>Retrospective pay awards.</i>
return	A coming to or returning home. <i>Return her love.</i>
reversion	A property to which someone has the right of reversion. <i>There was some reversion to polytheism.</i>
revert	Turn (one's eyes or steps) back. <i>He ignored her words by reverting to the former subject.</i>
throwback	A person or thing having the characteristics of a former time. <i>A lot of his work is a throwback to the fifties.</i>