

rested

The past tense of rest is rested

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The Forms of Rest

Infinitive	to rest
Present Tense	rest / rests
Past Tense	rested
Present Participle	resting
Past Participle	rested

Conjugate Rest

Rest in Present Simple (Indefinite) Tense

Singular Plural

I **rest** We **rest**
You **rest** You **rest**
He/She/It **rests** They **rest**

Rest in Present Continuous (Progressive) Tense

Singular Plural

I **am resting** We **are resting**
You **are resting** You **are resting**
He/She/It **is resting** They **are resting**

Rest in Present Perfect Tense

Singular Plural

I **have rested** We **have rested**
You **have rested** You **have rested**
He/She/It **has rested** They **have rested**

Rest in Present Perfect Continuous Tense

Singular Plural

I **have been resting** We **have been resting**
You **have been resting** You **have been resting**
He/She/It **has been resting** They **have been resting**

Rest in Past Simple (Indefinite) Tense

Singular Plural

I **rested** We **rested**
You **rested** You **rested**
He/She/It **rested** They **rested**

Rest in Past Continuous (Progressive) Tense

Singular

Plural

I was resting We were resting
You were resting You were resting
He/She/It was resting They were resting

Rest in Past Perfect Tense

Singular

Plural

I had rested We had rested
You had rested You had rested
He/She/It had rested They had rested

Rest in Past Perfect Continuous Tense

Singular

Plural

I had been resting We had been resting
You had been resting You had been resting
He/She/It had been resting They had been resting

Rest in Future Simple (Indefinite) Tense

Singular

Plural

I will rest We will rest
You will rest You will rest
He/She/It will rest They will rest

Rest in Future Continuous (Progressive) Tense

Singular

Plural

I will be resting We will be resting
You will be resting You will be resting
He/She/It will be resting They will be resting

Rest in Future Perfect Tense

Singular

Plural

I will have rested

We will have rested

You will have rested

You will have rested

He/She/It will have rested

They will have rested

Rest in Future Perfect Continuous Tense

Singular

Plural

I will have been resting

We will have been resting

You will have been resting

You will have been resting

He/She/It will have been resting

They will have been resting