

Need another word that means the same as “rest”? Find 127 synonyms and 30 related words for “rest” in this overview.

Table Of Contents:

- [Rest as a Noun](#)
- [Definitions of "Rest" as a noun](#)
- [Synonyms of "Rest" as a noun \(46 Words\)](#)
- [Usage Examples of "Rest" as a noun](#)
- [Rest as a Verb](#)
- [Definitions of "Rest" as a verb](#)
- [Synonyms of "Rest" as a verb \(81 Words\)](#)
- [Usage Examples of "Rest" as a verb](#)
- [Associations of "Rest" \(30 Words\)](#)

The synonyms of “Rest” are: perch, roost, remain, stay, breathe, catch one's breath, take a breather, pillow, repose, reside, lie, relax, take a rest, ease off, ease up, let up, slow down, pause, have a break, take a break, unbend, laze, idle, loaf, do nothing, take time off, slack off, unwind, recharge one's batteries, be at leisure, take it easy, sit back, sit down, stand down, lounge, luxuriate, loll, slump, flop, put one's feet up, lie down, go to bed, have a nap, take a nap, nap, catnap, doze, have a siesta, take a siesta, drowse, sleep, be laid, recline, be, be placed, be positioned, support, prop, prop up, steady, balance, lean, lay, set, sit, stand, position, place, put, be based on, be grounded in, be founded on, depend on, be dependent on, rely on, hinge on, turn on, hang on, pivot on, be contingent on, revolve around, quietus, ease, relaxation, remainder, residual, residue, residuum, relief, respite, rest period, leisure, inactivity, time off, time out, breathing space, break, interval, interlude, intermission, a standstill, a halt, a stop, base, holder, brace, rack, hook, frame, shelf, bracket, trestle, tripod, plinth, pedestal, foundation, bed, foot, substructure

Rest as a Noun

Definitions of "Rest" as a noun

According to the [Oxford Dictionary of English](#), “rest” as a noun can have the following definitions:

- *An interval of silence of a specified duration.*
- *Freedom from activity (work or strain or responsibility).*
- *A motionless state.*
- *A pause for relaxation.*
- *An instance or period of resting.*
- *The sign denoting a musical rest.*
- *A musical notation indicating a silence of a specified duration.*
- *A support on which things can be put.*
- *A state of inaction.*
- *An object that is used to support something.*
- *A support or hook for a telephone receiver when not in use.*
- *Euphemisms for death (based on an analogy between lying in a bed and in a tomb).*
- *A pause in speech or verse.*
- *A support for a cue in billiards or snooker.*
- *Something left after other parts have been taken away.*

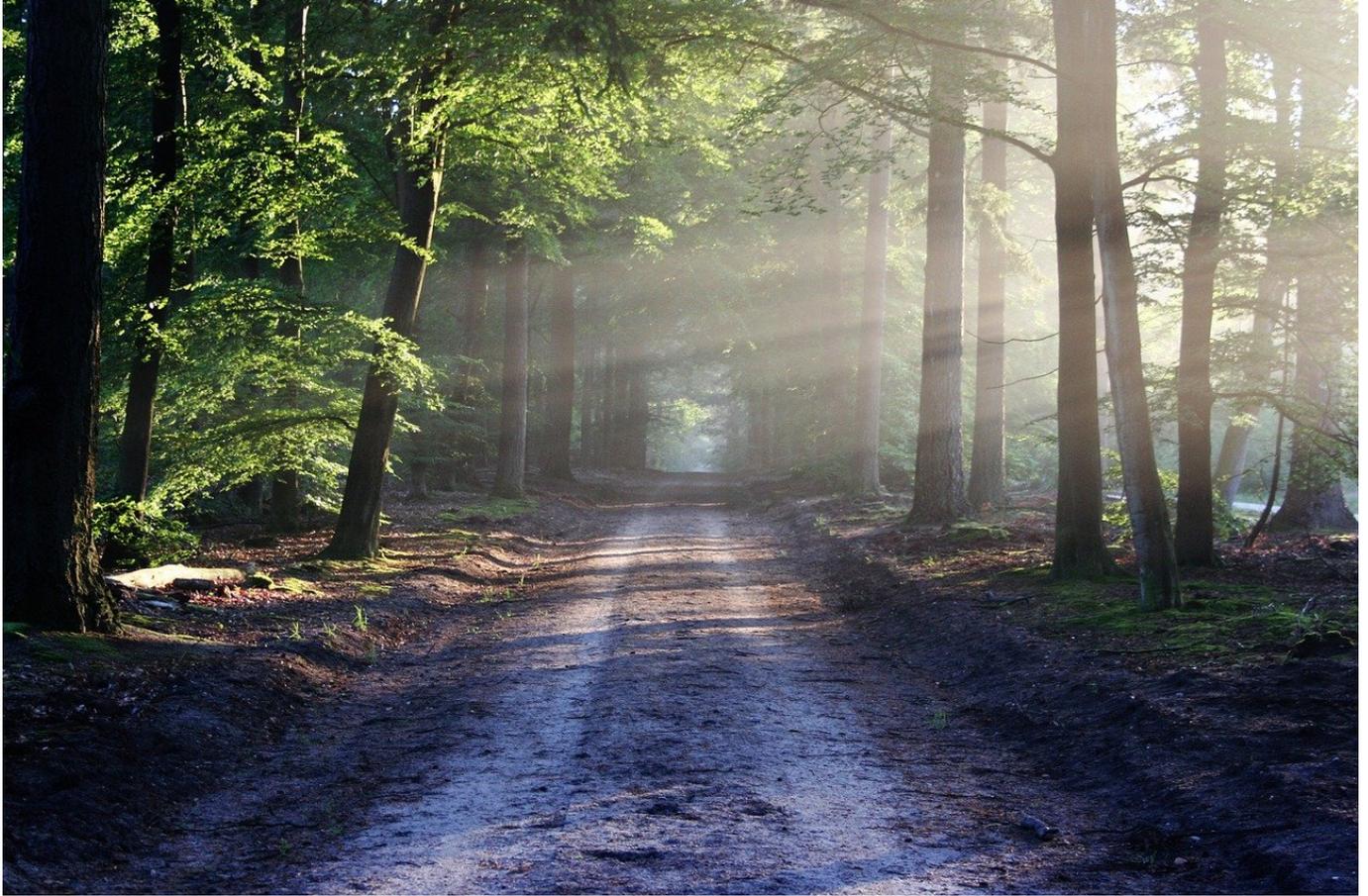


Synonyms of "Rest" as a noun (46 Words)

a halt	The event of something ending.
a standstill	An interruption of normal activity.
a stop	The state of inactivity following an interruption.
balance	A weight that balances another weight. <i>The balance of opinion was that work was more important than leisure.</i>
<u>base</u>	A known line used as a geometrical base for trigonometry. <i>Everything she cooked seemed to have rice as the base.</i>
bed	Used with reference to a bed as the typical place for sexual activity. <i>Place each paver on a bed of concrete.</i>
<u>brace</u>	A rope attached to the yard of a ship for trimming the sail. <i>A neck brace.</i>
bracket	Either of two punctuation marks ([or]) used to enclose textual material. <i>Those in a high income bracket.</i>
break	The occurrence of breaking. <i>He stopped to wait for a break in the traffic.</i>
breathing space	The bodily process of inhalation and exhalation; the process of taking in oxygen from inhaled air and releasing carbon dioxide by exhalation.
<u>ease</u>	A freedom from financial difficulty that promotes a comfortable state. <i>He rose through the ranks with apparent ease.</i>
foot	A person's body below the torso including the entire leg and the foot. <i>He followed on foot.</i>
foundation	An institution supported by an endowment. <i>Apply moisturizer a few minutes before using foundation.</i>
<u>frame</u>	A structural environment within which a class of words or other linguistic units can be correctly used For example I him is a frame for a large class of transitive verbs. <i>Jones won the first four frames.</i>
holder	A smallholder. <i>A towel holder.</i>
hook	A sharp curve or crook a shape resembling a hook. <i>He took lessons to cure his hooking.</i>
inactivity	Reluctance to take action; apathy. <i>Don't suddenly take up violent exercise after years of inactivity.</i>
interlude	Something performed during a theatre interval. <i>An orchestral interlude.</i>

intermission	A time interval during which there is a temporary cessation of something. <i>The daily work goes on without intermission.</i>
interval	A component of activity in interval training. <i>The day should be dry with sunny intervals.</i>
<u>leisure</u>	Time when one is not working or occupied; free time. Leisure activities.
<u>pause</u>	Temporary inactivity. <i>She dropped me outside during a brief pause in the rain.</i>
pedestal	An architectural support or base (as for a column or statue). <i>A bronze bust on a marble pedestal.</i>
plinth	A heavy base supporting a statue or vase. <i>Busts of the King and Queen on marble plinths.</i>
prop	A propeller that rotates to push against air. <i>He looked around for a prop to pin the door open.</i>
quietus	Euphemisms for death (based on an analogy between lying in a bed and in a tomb).
rack	A bed. <i>A spice rack.</i>
relaxation	The act of making less strict. <i>His favourite form of relaxation was reading detective novels.</i>
relief	A representation of relief given by an arrangement of line or colour or shading. <i>He cast them in relief from molten metal.</i>
remainder	A property interest that becomes effective in possession only when a prior interest (created at the same time) ends. <i>23 divided by 3 is 7 remainder 2.</i>
repose	The absence of mental stress or anxiety. <i>He had lost none of his grace or his repose.</i>
<u>residual</u>	A quantity remaining after other things have been subtracted or allowed for. <i>The Keynesian component is clearly a residual which is arrived at by subtracting the natural and classical components from overall unemployment.</i>
<u>residue</u>	A substance that remains after a process such as combustion or evaporation. <i>The ash was a residue from coal fired power stations.</i>

residuum	Something left after other parts have been taken away. <i>The urban residuum.</i>
respite	The act of relieving; postponing or remitting punishment. <i>The refugee encampments will provide some respite from the suffering.</i>
rest period	A pause for relaxation.
shelf	A submarine bank or a part of the continental shelf.
sleep	Typically in the context of anticipating a forthcoming event a night or a night's sleep. <i>He didn't get enough sleep last night.</i>
stand	The position where a thing or person stands. <i>United's manager watched from the stands.</i>
stay	A period of staying somewhere in particular of living somewhere temporarily as a visitor or guest. <i>A stay of prosecution.</i>
substructure	Lowest support of a structure. <i>Tudor princes had little in the way of a bureaucratic substructure.</i>
support	The action of supporting something or someone or the state of being supported. <i>She's been through a bad time and needs our support.</i>
time off	The fourth coordinate that is required (along with three spatial dimensions) to specify a physical event.
time out	A person's experience on a particular occasion.
trestle	Each of a pair of horizontal pieces on a sailing ship's lower mast supporting the topmast.
tripod	A three-legged stand for supporting a camera or other apparatus.



Usage Examples of "Rest" as a noun

- *The car accelerates rapidly from rest.*
- *People actually accomplish more when they take time for short rests.*
- *A shoulder rest.*
- *A couple of days of complete rest.*
- *Carefully the receiver was replaced on the rest.*
- *A body will continue in a state of rest until acted upon.*
- *The gun was steadied on a special rest.*
- *She was laid to rest beside her husband.*
- *You look as though you need a rest.*
- *He threw away the rest.*



Rest as a Verb

Definitions of "Rest" as a verb

According to the [Oxford Dictionary of English](#), "rest" as a verb can have the following definitions:

- *Leave (a player) out of a team temporarily.*
- *Place hope, trust, or confidence on or in.*
- *Put something in a resting position, as for support or steadying.*
- *Allow (land) to lie fallow.*
- *Give a rest to.*
- *Be at rest.*
- *Be inherent or innate in.*
- *Used euphemistically by actors to indicate that they are out of work.*
- *Cease work or movement in order to relax, sleep, or recover strength.*

- *Place (something) so that it is supported in a specified position.*
- *Be inherent or innate in.*
- *Stay the same; remain in a certain state.*
- *Not move; be in a resting position.*
- *Rest on or as if on a pillow.*
- *Be based on; depend on.*
- *(of a body) lie buried.*
- *Allow to be inactive in order to regain strength or health.*
- *Be inactive, refrain from acting.*
- *Sit, as on a branch.*
- *Be the responsibility of or belong to a specified person.*
- *(of a problem or subject) be left without further investigation or discussion.*
- *Conclude presentation of either party's case in a suit or prosecution.*
- *Have a place in relation to something else.*
- *(of a look) alight or be steadily directed on.*
- *Be placed or supported so as to stay in a specified position.*
- *Take a short break from one's activities in order to relax.*



Synonyms of "Rest" as a verb (81 Words)

balance	Bring into balance or equilibrium. <i>The law requires the council to balance its books each year.</i>
be	Be identical or equivalent to. <i>I want to be a teacher.</i>
be at leisure	Happen, occur, take place.
be based on	Be priced at.
be contingent on	Work in a specific place, with a specific subject, or in a specific function.
be dependent on	Have an existence, be extant.
be founded on	To remain unmolested, undisturbed, or uninterrupted — used only in infinitive form.

be grounded in	Happen, occur, take place.
be laid	Have the quality of being; (copula, used with an adjective or a predicate noun.
be placed	To remain unmolested, undisturbed, or uninterrupted — used only in infinitive form.
be positioned	Be priced at.
<u>breathe</u>	(of wind) blow softly. <i>The whole room breathed an air of hygienic efficiency.</i>
catch one's breath	Apprehend and reproduce accurately.
catnap	Have a short sleep during the day. <i>Carradine catnapped in a hammock between two chairs.</i>
depend on	Be contingent upon (something that is elided.
do nothing	Carry on or function.
doze	Fall lightly asleep. <i>I dozed off for a few seconds.</i>
drowse	Be half asleep; doze intermittently. <i>He was beginning to drowse in his chair.</i>
ease off	Lessen the intensity of or calm.
ease up	Move gently or carefully.
flop	Sit or lie down heavily and suddenly, especially when very tired. <i>Liz flopped down into the armchair.</i>
go to bed	Be ranked or compare.
hang on	Be exhibited.
have a break	Get something; come into possession of.
have a nap	Go through (mental or physical states or experiences.
have a siesta	Have sex with; archaic use.
hinge on	Attach with a hinge.
idle	Run disconnected or idle. <i>Robert idled along the pavement.</i>
<u>lay</u>	Used with an abstract noun so that the phrase formed has the same meaning as the verb related to the noun used e g lay the blame on means to blame. <i>There may have been the odd light shower just to lay the dust.</i>
laze	Be idle; exist in a changeless situation. <i>Laze away a long summer day.</i>

lean	Cause to lean or incline. <i>She leaned over the banister.</i>
let up	Make it possible through a specific action or lack of action for something to happen.
lie	(of a thing) rest flat on a surface. <i>The responsibility rests with the Allies.</i>
lie down	Assume a reclining position.
loaf	Be about.
loll	Hang loosely or laxly. <i>He slumped against a tree trunk his head lolling back.</i>
lounge	Be about. <i>Several students were lounging about reading papers.</i>
luxuriate	Enjoy (something) as a luxury; take self-indulgent delight in. <i>She was luxuriating in a long bath.</i>
nap	Take a siesta. <i>She took to napping on the beach in the afternoons.</i>
pause	Temporarily interrupt the operation of (a process or device). <i>She paused at a loss for words.</i>
perch	Cause to perch or sit. <i>The fortress is perched on a crag in the mountains.</i>
pillow	Rest one's head as if on a pillow. <i>Her transparent cheek all pale and warm pillowd his deathlike forehead.</i>
pivot on	Turn on a pivot.
place	Put into a certain place or abstract location. <i>The children were placed with foster parents.</i>
position	Put or arrange (someone or something) in a particular place or way. <i>I had positioned her as my antagonist.</i>
prop	Support by placing against something solid or rigid. <i>I propped the door with my foot.</i>
prop up	Support by placing against something solid or rigid.
put	Put into a certain place or abstract location. <i>India has put three experimental satellites into space.</i>
put one's feet up	Cause (someone) to undergo something.
recharge one's batteries	Charge anew.

recline	Cause to recline. <i>She reclined her head on the pillow.</i>
relax	Cause to feel relaxed. <i>A hot bath always relaxes me.</i>
rely on	Have confidence or faith in.
remain	Stay the same remain in a certain state. <i>He remained unmoved by her tears.</i>
repose	Put in a horizontal position. <i>How sweetly he would repose in the four poster bed.</i>
reside	Be inherent or innate in. <i>People who work in the city actually reside in neighbouring towns.</i>
revolve around	Move in an orbit.
roost	Settle down or stay as if on a roost. <i>Migrating martins and swallows were settling to roost.</i>
set	Put or set seeds seedlings or plants into the ground. <i>I usually set my alarm clock for eight.</i>
sit	Adopt or be in a position in which one's weight is supported by one's buttocks rather than one's feet and one's back is upright. <i>The White House sits on Pennsylvania Avenue.</i>
sit back	Be located or situated somewhere.
sit down	Show to a seat; assign a seat for.
slack off	Make less active or fast.
sleep	Be able to accommodate for sleeping. <i>Copenhagen likes to be known as the city that never sleeps.</i>
slow down	Become slow or slower.
slump	Fall or sink heavily. <i>United slumped to another one nil defeat.</i>
stand	Withstand the force of something. <i>Soil where water stands in winter.</i>
stand down	Be in some specified state or condition.
stay	Stay the same remain in a certain state. <i>Where do you stay.</i>
steady	Support or hold steady and make steadfast with or as if with a brace. <i>Steady yourself.</i>

support	Give moral or psychological support aid or courage to. <i>The evidence supports the defendant.</i>
take a break	Be seized or affected in a specified way.
take a breather	Travel or go by means of a certain kind of transportation, or a certain route.
take a nap	Engage for service under a term of contract.
take a rest	Be a student of a certain subject.
take a siesta	To get into a position of having, e.g., safety, comfort.
take it easy	Experience or feel or submit to.
take time off	Occupy or take on.
turn on	Pass to the other side of.
unbend	Make less taut. <i>Unbend a bow.</i>
unwind	Become less tense, rest, or take one's ease. <i>The net unwinds from the reel.</i>



Usage Examples of "Rest" as a verb

- *She rested her hopes in her attorney.*

- *The prosecution rests.*
- *He rested a hand on her shoulder.*
- *The committee is resting over the summer.*
- *He rested his bad leg.*
- *He needed to rest after the feverish activity.*
- *The king's body rested in his tomb.*
- *Rest assured.*
- *Both men were rested for the cup final.*
- *I'm going to rest up before travelling to England.*
- *The final say rests with the regional assemblies.*
- *The council has urged the planning committee not to allow the matter to rest.*
- *She was an actress but doing domestic work while she was resting.*
- *The field should be grazed or rested.*
- *The responsibility rests with the Allies.*
- *His eyes rested briefly on the boy.*
- *Her elbow was resting on the arm of the sofa.*
- *Her friend read to her while she rested her eyes.*
- *The country's security rested on its alliances.*



Associations of "Rest" (30 Words)

- armchair** Lacking or not involving practical or direct experience of a particular subject or activity.
*An **armchair** traveller.*
- asleep** (of a limb) having no feeling; numb.
*She had been **asleep** for over three hours.*
- cradle** Place a phone receiver in its cradle.
*She **cradled** his head in her arms.*
- debris** The remains of something that has been destroyed or broken up.
*Workmen were clearing the roads of the **debris** from shattered buildings.*
- dormancy** Temporary inactivity in a volcano.
*Some large volcanoes spend thousands of years in a state of **dormancy**.*
- doze** A short, light sleep.
*I **dozed** off for a few seconds.*

<u>drowsy</u>	Showing lack of attention or boredom. <i>A drowsy suburb called Surrey Hills.</i>
exhausted	Drained of energy or effectiveness extremely tired completely exhausted. <i>The day s shopping left her exhausted.</i>
fallow	A piece of fallow land. <i>Long fallow periods when nothing seems to happen.</i>
hibernation	An extended period of remaining inactive or indoors. <i>The fair weather cyclists are emerging from winter hibernation.</i>
leftover	Something, especially food, remaining after the rest has been used. <i>He s just a leftover from another age.</i>
<u>pause</u>	Interrupt temporarily an activity before continuing. <i>She had paused a tape on the VCR.</i>
pillow	Rest one s head as if on a pillow. <i>His head was pillowed on his arm.</i>
relaxation	(physiology) the gradual lengthening of inactive muscle or muscle fibers. <i>His favourite form of relaxation was reading detective novels.</i>
remainder	Sell cheaply as remainders. <i>Titles are being remaindered increasingly quickly to save on overheads.</i>
<u>remaining</u>	Still existing, present, or in use; surviving. <i>They advertised for any remaining creditors to come forward.</i>
remains	The parts left over after other parts have been removed, used, or destroyed. <i>Roman remains.</i>
<u>remnant</u>	A small part or portion that remains after the main part no longer exists. <i>He sat sewing patchwork cushions with all the remnants.</i>
<u>residual</u>	Something left after other parts have been taken away. <i>The eroded residuals of reefs built in relation to earlier higher sea levels.</i>
<u>residue</u>	The part of an estate that is left after the payment of charges, debts, and bequests. <i>The residue of the country s colonial past.</i>
<u>respite</u>	Grant a respite to someone especially a person condemned to death. <i>The refugee encampments will provide some respite from the suffering.</i>
sleep	Be asleep. <i>A good night s sleep.</i>
<u>sleepy</u>	Ready to fall asleep. <i>A sleepy eyed child with drooping eyelids.</i>
<u>slumber</u>	A sleep. <i>Scaring folk from their slumbers.</i>

- somnolent** Causing or suggestive of drowsiness.
*The sound had a **somnolent** effect.*
- spare** Refrain from inflicting (something unpleasant) on (someone).
*A **spare** bearded figure.*
- survivor** The remainder of a group of people or things.
*A **survivor** from last year's team.*
- suspension** Temporary cessation or suspension.
*The investigation led to the **suspension** of several officers.*
- vestigial** Forming a very small remnant of something that was once greater or more noticeable.
*The **vestigial** wings of kiwis are entirely hidden.*
- wreckage** The remains of something that has been badly damaged or destroyed.
*They searched the **wreckage** for signs of survivors.*

