

Need another word that means the same as “rest”? Find 127 synonyms and 30 related words for “rest” in this overview.

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**The synonyms of “Rest” are: perch, roost, remain, stay, breathe, catch one's breath, take a breather, pillow, repose, reside, lie, relax, take a rest, ease off, ease up, let up, slow down, pause, have a break, take a break, unbend, laze, idle, loaf, do nothing, take time off, slack off, unwind, recharge one's batteries, be at leisure, take it easy, sit back, sit down, stand down, lounge, luxuriate, loll, slump, flop, put one's feet up, lie down, go to bed, have a nap, take a nap, nap, catnap, doze, have a siesta, take a siesta, drowse, sleep, be laid, recline, be, be placed, be positioned, support, prop, prop up, steady, balance, lean, lay, set, sit, stand, position, place, put, be based on, be grounded in, be founded on, depend on, be dependent on, rely on, hinge on, turn on, hang on, pivot on, be contingent on, revolve around, quietus, ease, relaxation, remainder, residual, residue, residuum, relief, respite, rest period, leisure, inactivity, time off, time out, breathing space, break, interval, interlude, intermission, a standstill, a halt, a stop, base, holder, brace, rack, hook, frame, shelf, bracket, trestle, tripod, plinth, pedestal, foundation, bed, foot, substructure**

## Rest as a Noun

### Definitions of "Rest" as a noun

According to the [Oxford Dictionary of English](#), “rest” as a noun can have the following definitions:

- *An interval of silence of a specified duration.*
- *Freedom from activity (work or strain or responsibility).*
- *A motionless state.*
- *A pause for relaxation.*
- *An instance or period of resting.*
- *The sign denoting a musical rest.*
- *A musical notation indicating a silence of a specified duration.*
- *A support on which things can be put.*
- *A state of inaction.*
- *An object that is used to support something.*
- *A support or hook for a telephone receiver when not in use.*
- *Euphemisms for death (based on an analogy between lying in a bed and in a tomb).*
- *A pause in speech or verse.*
- *A support for a cue in billiards or snooker.*
- *Something left after other parts have been taken away.*



## Synonyms of "Rest" as a noun (46 Words)

<b>a halt</b>	The event of something ending.
<b>a standstill</b>	An interruption of normal activity.
<b>a stop</b>	The state of inactivity following an interruption.
<b>balance</b>	A weight that balances another weight. <i>The <b>balance</b> of opinion was that work was more important than leisure.</i>
<b><u>base</u></b>	A known line used as a geometrical base for trigonometry. <i>Everything she cooked seemed to have rice as the <b>base</b>.</i>
<b>bed</b>	Used with reference to a bed as the typical place for sexual activity. <i>Place each paver on a <b>bed</b> of concrete.</i>
<b><u>brace</u></b>	A rope attached to the yard of a ship for trimming the sail. <i>A neck <b>brace</b>.</i>
<b>bracket</b>	Either of two punctuation marks ([ or ]) used to enclose textual material. <i>Those in a high income <b>bracket</b>.</i>
<b>break</b>	The occurrence of breaking. <i>He stopped to wait for a <b>break</b> in the traffic.</i>
<b>breathing space</b>	The bodily process of inhalation and exhalation; the process of taking in oxygen from inhaled air and releasing carbon dioxide by exhalation.
<b><u>ease</u></b>	A freedom from financial difficulty that promotes a comfortable state. <i>He rose through the ranks with apparent <b>ease</b>.</i>
<b>foot</b>	A person's body below the torso including the entire leg and the foot. <i>He followed on <b>foot</b>.</i>
<b>foundation</b>	An institution supported by an endowment. <i>Apply moisturizer a few minutes before using <b>foundation</b>.</i>
<b><u>frame</u></b>	A structural environment within which a class of words or other linguistic units can be correctly used For example I him is a frame for a large class of transitive verbs. <i>Jones won the first four <b>frames</b>.</i>
<b>holder</b>	A smallholder. <i>A towel <b>holder</b>.</i>
<b>hook</b>	A sharp curve or crook a shape resembling a hook. <i>He took lessons to cure his <b>hooking</b>.</i>
<b>inactivity</b>	Reluctance to take action; apathy. <i>Don't suddenly take up violent exercise after years of <b>inactivity</b>.</i>
<b>interlude</b>	Something performed during a theatre interval. <i>An orchestral <b>interlude</b>.</i>

<b>intermission</b>	A time interval during which there is a temporary cessation of something. <i>The daily work goes on without <b>intermission</b>.</i>
<b>interval</b>	A component of activity in interval training. <i>The day should be dry with sunny <b>intervals</b>.</i>
<u>leisure</u>	Time when one is not working or occupied; free time. <b>Leisure</b> activities.
<u>pause</u>	Temporary inactivity. <i>She dropped me outside during a brief <b>pause</b> in the rain.</i>
<b>pedestal</b>	An architectural support or base (as for a column or statue). <i>A bronze bust on a marble <b>pedestal</b>.</i>
<b>plinth</b>	A heavy base supporting a statue or vase. <i>Busts of the King and Queen on marble <b>plinths</b>.</i>
<b>prop</b>	A propeller that rotates to push against air. <i>He looked around for a <b>prop</b> to pin the door open.</i>
<b>quietus</b>	Euphemisms for death (based on an analogy between lying in a bed and in a tomb).
<b>rack</b>	A bed. <i>A spice <b>rack</b>.</i>
<b>relaxation</b>	The act of making less strict. <i>His favourite form of <b>relaxation</b> was reading detective novels.</i>
<b>relief</b>	A representation of relief given by an arrangement of line or colour or shading. <i>He cast them in <b>relief</b> from molten metal.</i>
<b>remainder</b>	A property interest that becomes effective in possession only when a prior interest (created at the same time) ends. <i>23 divided by 3 is 7 <b>remainder</b> 2.</i>
<b>repose</b>	The absence of mental stress or anxiety. <i>He had lost none of his grace or his <b>repose</b>.</i>
<u>residual</u>	A quantity remaining after other things have been subtracted or allowed for. <i>The Keynesian component is clearly a <b>residual</b> which is arrived at by subtracting the natural and classical components from overall unemployment.</i>
<u>residue</u>	A substance that remains after a process such as combustion or evaporation. <i>The ash was a <b>residue</b> from coal fired power stations.</i>

<b>residuum</b>	Something left after other parts have been taken away. <i>The urban <b>residuum</b>.</i>
<b>respite</b>	The act of relieving; postponing or remitting punishment. <i>The refugee encampments will provide some <b>respite</b> from the suffering.</i>
<b>rest period</b>	A pause for relaxation.
<b>shelf</b>	A submarine bank or a part of the continental shelf.
<b>sleep</b>	Typically in the context of anticipating a forthcoming event a night or a night's sleep. <i>He didn't get enough <b>sleep</b> last night.</i>
<b>stand</b>	The position where a thing or person stands. <i>United's manager watched from the <b>stands</b>.</i>
<b>stay</b>	A period of staying somewhere in particular of living somewhere temporarily as a visitor or guest. <i>A <b>stay</b> of prosecution.</i>
<b>substructure</b>	Lowest support of a structure. <i>Tudor princes had little in the way of a bureaucratic <b>substructure</b>.</i>
<b>support</b>	The action of supporting something or someone or the state of being supported. <i>She's been through a bad time and needs our <b>support</b>.</i>
<b>time off</b>	The fourth coordinate that is required (along with three spatial dimensions) to specify a physical event.
<b>time out</b>	A person's experience on a particular occasion.
<b>trestle</b>	Each of a pair of horizontal pieces on a sailing ship's lower mast supporting the topmast.
<b>tripod</b>	A three-legged stand for supporting a camera or other apparatus.



## Usage Examples of "Rest" as a noun

- *The car accelerates rapidly from rest.*
- *People actually accomplish more when they take time for short rests.*
- *A shoulder rest.*
- *A couple of days of complete rest.*
- *Carefully the receiver was replaced on the rest.*
- *A body will continue in a state of rest until acted upon.*
- *The gun was steadied on a special rest.*
- *She was laid to rest beside her husband.*
- *You look as though you need a rest.*
- *He threw away the rest.*



## Rest as a Verb

### Definitions of "Rest" as a verb

According to the [Oxford Dictionary of English](#), "rest" as a verb can have the following definitions:

- *Leave (a player) out of a team temporarily.*
- *Place hope, trust, or confidence on or in.*
- *Put something in a resting position, as for support or steadying.*
- *Allow (land) to lie fallow.*
- *Give a rest to.*
- *Be at rest.*
- *Be inherent or innate in.*
- *Used euphemistically by actors to indicate that they are out of work.*
- *Cease work or movement in order to relax, sleep, or recover strength.*

- *Place (something) so that it is supported in a specified position.*
- *Be inherent or innate in.*
- *Stay the same; remain in a certain state.*
- *Not move; be in a resting position.*
- *Rest on or as if on a pillow.*
- *Be based on; depend on.*
- *(of a body) lie buried.*
- *Allow to be inactive in order to regain strength or health.*
- *Be inactive, refrain from acting.*
- *Sit, as on a branch.*
- *Be the responsibility of or belong to a specified person.*
- *(of a problem or subject) be left without further investigation or discussion.*
- *Conclude presentation of either party's case in a suit or prosecution.*
- *Have a place in relation to something else.*
- *(of a look) alight or be steadily directed on.*
- *Be placed or supported so as to stay in a specified position.*
- *Take a short break from one's activities in order to relax.*





## Synonyms of "Rest" as a verb (81 Words)

<b>balance</b>	Bring into balance or equilibrium. <i>The law requires the council to <b>balance</b> its books each year.</i>
<b>be</b>	Be identical or equivalent to. <i>I want to <b>be</b> a teacher.</i>
<b>be at leisure</b>	Happen, occur, take place.
<b>be based on</b>	Be priced at.
<b>be contingent on</b>	Work in a specific place, with a specific subject, or in a specific function.
<b>be dependent on</b>	Have an existence, be extant.
<b>be founded on</b>	To remain unmolested, undisturbed, or uninterrupted — used only in infinitive form.

<b>be grounded in</b>	Happen, occur, take place.
<b>be laid</b>	Have the quality of being; (copula, used with an adjective or a predicate noun.
<b>be placed</b>	To remain unmolested, undisturbed, or uninterrupted — used only in infinitive form.
<b>be positioned</b>	Be priced at.
<b><u>breathe</u></b>	(of wind) blow softly. <i>The whole room <b>breathed</b> an air of hygienic efficiency.</i>
<b>catch one's breath</b>	Apprehend and reproduce accurately.
<b>catnap</b>	Have a short sleep during the day. <i>Carradine <b>catnapped</b> in a hammock between two chairs.</i>
<b>depend on</b>	Be contingent upon (something that is elided.
<b>do nothing</b>	Carry on or function.
<b>doze</b>	Fall lightly asleep. <i>I <b>dozed</b> off for a few seconds.</i>
<b>drowse</b>	Be half asleep; doze intermittently. <i>He was beginning to <b>drowse</b> in his chair.</i>
<b>ease off</b>	Lessen the intensity of or calm.
<b>ease up</b>	Move gently or carefully.
<b>flop</b>	Sit or lie down heavily and suddenly, especially when very tired. <i>Liz <b>flopped</b> down into the armchair.</i>
<b>go to bed</b>	Be ranked or compare.
<b>hang on</b>	Be exhibited.
<b>have a break</b>	Get something; come into possession of.
<b>have a nap</b>	Go through (mental or physical states or experiences.
<b>have a siesta</b>	Have sex with; archaic use.
<b>hinge on</b>	Attach with a hinge.
<b>idle</b>	Run disconnected or idle. <i>Robert <b>idled</b> along the pavement.</i>
<b><u>lay</u></b>	Used with an abstract noun so that the phrase formed has the same meaning as the verb related to the noun used e g lay the blame on means to blame. <i>There may have been the odd light shower just to <b>lay</b> the dust.</i>
<b>laze</b>	Be idle; exist in a changeless situation. <i><b>Laze</b> away a long summer day.</i>

<b>lean</b>	Cause to lean or incline. <i>She <b>leaned</b> over the banister.</i>
<b>let up</b>	Make it possible through a specific action or lack of action for something to happen.
<b>lie</b>	(of a thing) rest flat on a surface. <i>The responsibility rests with the <b>Allies</b>.</i>
<b>lie down</b>	Assume a reclining position.
<b>loaf</b>	Be about.
<b>loll</b>	Hang loosely or laxly. <i>He slumped against a tree trunk his head <b>lolling</b> back.</i>
<b>lounge</b>	Be about. <i>Several students were lounging about reading papers.</i>
<b>luxuriate</b>	Enjoy (something) as a luxury; take self-indulgent delight in. <i>She was luxuriating in a long bath.</i>
<b>nap</b>	Take a siesta. <i>She took to <b>napping</b> on the beach in the afternoons.</i>
<b>pause</b>	Temporarily interrupt the operation of (a process or device). <i>She <b>paused</b> at a loss for words.</i>
<b>perch</b>	Cause to perch or sit. <i>The fortress is <b>perched</b> on a crag in the mountains.</i>
<b>pillow</b>	Rest one's head as if on a pillow. <i>Her transparent cheek all pale and warm <b>pillow</b>d his deathlike forehead.</i>
<b>pivot on</b>	Turn on a pivot.
<b>place</b>	Put into a certain place or abstract location. <i>The children were <b>placed</b> with foster parents.</i>
<b>position</b>	Put or arrange (someone or something) in a particular place or way. <i>I had <b>positioned</b> her as my antagonist.</i>
<b>prop</b>	Support by placing against something solid or rigid. <i>I <b>propped</b> the door with my foot.</i>
<b>prop up</b>	Support by placing against something solid or rigid.
<b>put</b>	Put into a certain place or abstract location. <i>India has <b>put</b> three experimental satellites into space.</i>
<b>put one's feet up</b>	Cause (someone) to undergo something.
<b>recharge one's batteries</b>	Charge anew.

<b>recline</b>	Cause to recline. <i>She <b>reclined</b> her head on the pillow.</i>
<b>relax</b>	Cause to feel relaxed. <i>A hot bath always <b>relaxes</b> me.</i>
<b>rely on</b>	Have confidence or faith in.
<b>remain</b>	Stay the same remain in a certain state. <i>He <b>remained</b> unmoved by her tears.</i>
<b>repose</b>	Put in a horizontal position. <i>How sweetly he would <b>repose</b> in the four poster bed.</i>
<b>reside</b>	Be inherent or innate in. <i>People who work in the city actually <b>reside</b> in neighbouring towns.</i>
<b>revolve around</b>	Move in an orbit.
<b>roost</b>	Settle down or stay as if on a roost. <i>Migrating martins and swallows were settling to <b>roost</b>.</i>
<b>set</b>	Put or set seeds seedlings or plants into the ground. <i>I usually <b>set</b> my alarm clock for eight.</i>
<b>sit</b>	Adopt or be in a position in which one's weight is supported by one's buttocks rather than one's feet and one's back is upright. <i>The White House <b>sits</b> on Pennsylvania Avenue.</i>
<b>sit back</b>	Be located or situated somewhere.
<b>sit down</b>	Show to a seat; assign a seat for.
<b>slack off</b>	Make less active or fast.
<b>sleep</b>	Be able to accommodate for sleeping. <i>Copenhagen likes to be known as the city that never <b>sleeps</b>.</i>
<b>slow down</b>	Become slow or slower.
<b>slump</b>	Fall or sink heavily. <i>United <b>slumped</b> to another one nil defeat.</i>
<b>stand</b>	Withstand the force of something. <i>Soil where water <b>stands</b> in winter.</i>
<b>stand down</b>	Be in some specified state or condition.
<b>stay</b>	Stay the same remain in a certain state. <i>Where do you <b>stay</b>.</i>
<b>steady</b>	Support or hold steady and make steadfast with or as if with a brace. <i><b>Steady</b> yourself.</i>

<b>support</b>	Give moral or psychological support aid or courage to. <i>The evidence <b>supports</b> the defendant.</i>
<b>take a break</b>	Be seized or affected in a specified way.
<b>take a breather</b>	Travel or go by means of a certain kind of transportation, or a certain route.
<b>take a nap</b>	Engage for service under a term of contract.
<b>take a rest</b>	Be a student of a certain subject.
<b>take a siesta</b>	To get into a position of having, e.g., safety, comfort.
<b>take it easy</b>	Experience or feel or submit to.
<b>take time off</b>	Occupy or take on.
<b>turn on</b>	Pass to the other side of.
<b>unbend</b>	Make less taut. <i><b>Unbend</b> a bow.</i>
<b>unwind</b>	Become less tense, rest, or take one's ease. <i>The net <b>unwinds</b> from the reel.</i>



## Usage Examples of "Rest" as a verb

- *She rested her hopes in her attorney.*

- *The prosecution rests.*
- *He rested a hand on her shoulder.*
- *The committee is resting over the summer.*
- *He rested his bad leg.*
- *He needed to rest after the feverish activity.*
- *The king's body rested in his tomb.*
- *Rest assured.*
- *Both men were rested for the cup final.*
- *I'm going to rest up before travelling to England.*
- *The final say rests with the regional assemblies.*
- *The council has urged the planning committee not to allow the matter to rest.*
- *She was an actress but doing domestic work while she was resting.*
- *The field should be grazed or rested.*
- *The responsibility rests with the Allies.*
- *His eyes rested briefly on the boy.*
- *Her elbow was resting on the arm of the sofa.*
- *Her friend read to her while she rested her eyes.*
- *The country's security rested on its alliances.*



## Associations of "Rest" (30 Words)

- armchair** Lacking or not involving practical or direct experience of a particular subject or activity.  
*An **armchair** traveller.*
- asleep** (of a limb) having no feeling; numb.  
*She had been **asleep** for over three hours.*
- cradle** Place a phone receiver in its cradle.  
*She **cradled** his head in her arms.*
- debris** The remains of something that has been destroyed or broken up.  
*Workmen were clearing the roads of the **debris** from shattered buildings.*
- dormancy** Temporary inactivity in a volcano.  
*Some large volcanoes spend thousands of years in a state of **dormancy**.*
- doze** A short, light sleep.  
*I **dozed** off for a few seconds.*

<b><u>drowsy</u></b>	Showing lack of attention or boredom. <i>A <b>drowsy</b> suburb called Surrey Hills.</i>
<b>exhausted</b>	Drained of energy or effectiveness extremely tired completely exhausted. <i>The day s shopping left her <b>exhausted</b>.</i>
<b>fallow</b>	A piece of fallow land. <i>Long <b>fallow</b> periods when nothing seems to happen.</i>
<b>hibernation</b>	An extended period of remaining inactive or indoors. <i>The fair weather cyclists are emerging from winter <b>hibernation</b>.</i>
<b>leftover</b>	Something, especially food, remaining after the rest has been used. <i>He s just a <b>leftover</b> from another age.</i>
<b><u>pause</u></b>	Interrupt temporarily an activity before continuing. <i>She had <b>paused</b> a tape on the VCR.</i>
<b>pillow</b>	Rest one s head as if on a pillow. <i>His head was <b>pillowed</b> on his arm.</i>
<b>relaxation</b>	(physiology) the gradual lengthening of inactive muscle or muscle fibers. <i>His favourite form of <b>relaxation</b> was reading detective novels.</i>
<b>remainder</b>	Sell cheaply as remainders. <i>Titles are being <b>remaindered</b> increasingly quickly to save on overheads.</i>
<b><u>remaining</u></b>	Still existing, present, or in use; surviving. <i>They advertised for any <b>remaining</b> creditors to come forward.</i>
<b>remains</b>	The parts left over after other parts have been removed, used, or destroyed. <i>Roman <b>remains</b>.</i>
<b><u>remnant</u></b>	A small part or portion that remains after the main part no longer exists. <i>He sat sewing patchwork cushions with all the <b>remnants</b>.</i>
<b><u>residual</u></b>	Something left after other parts have been taken away. <i>The eroded <b>residuals</b> of reefs built in relation to earlier higher sea levels.</i>
<b><u>residue</u></b>	The part of an estate that is left after the payment of charges, debts, and bequests. <i>The <b>residue</b> of the country s colonial past.</i>
<b><u>respite</u></b>	Grant a respite to someone especially a person condemned to death. <i>The refugee encampments will provide some <b>respite</b> from the suffering.</i>
<b>sleep</b>	Be asleep. <i>A good night s <b>sleep</b>.</i>
<b><u>sleepy</u></b>	Ready to fall asleep. <i>A <b>sleepy</b> eyed child with drooping eyelids.</i>
<b><u>slumber</u></b>	A sleep. <i>Scaring folk from their <b>slumbers</b>.</i>



- somnolent** Causing or suggestive of drowsiness.  
*The sound had a **somnolent** effect.*
- spare** Refrain from inflicting (something unpleasant) on (someone).  
*A **spare** bearded figure.*
- survivor** The remainder of a group of people or things.  
*A **survivor** from last year's team.*
- suspension** Temporary cessation or suspension.  
*The investigation led to the **suspension** of several officers.*
- vestigial** Forming a very small remnant of something that was once greater or more noticeable.  
*The **vestigial** wings of kiwis are entirely hidden.*
- wreckage** The remains of something that has been badly damaged or destroyed.  
*They searched the **wreckage** for signs of survivors.*

