

Need another word that means the same as “restful”? Find 17 synonyms and 30 related words for “restful” in this overview.

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**The synonyms of “Restful” are: relaxing, reposeful, relaxed, quiet, calm, tranquil, soothing, peaceful, placid, comfortable, leisurely, undisturbed, free from disturbance, free from interference, free from interruption, untroubled, unhurried**

## Restful as an Adjective

### Definitions of "Restful" as an adjective

According to the [Oxford Dictionary of English](#), “restful” as an adjective can have the following definitions:

- *Having a quiet and soothing quality.*
- *Affording physical or mental rest.*



## Synonyms of "Restful" as an adjective (17 Words)

<b>calm</b>	(of the weather) pleasantly free from wind. <i>A dead <b>calm</b> sea.</i>
<b>comfortable</b>	(of a person) physically relaxed and free from constraint. <i>The <b>comfortable</b> thought that nothing could go wrong.</i>
<b>free from disturbance</b>	Not literal.
<b>free from interference</b>	Not taken up by scheduled activities.
<b>free from interruption</b>	Able to act at will; not hampered; not under compulsion or restraint.
<b>leisurely</b>	Not hurried or forced. <i>At a <b>leisurely</b> or easygoing pace.</i>
<b>peaceful</b>	Peacefully resistant in response to injustice. <i>There were no violent incidents reported and it was a <b>peaceful</b> protest.</i>
<b>placid</b>	Calm and peaceful, with little movement or activity. <i>The <b>placid</b> waters of a small lake.</i>

<b>quiet</b>	(of a place, period of time, or situation) without much activity, disturbance, or excitement. <i>A <b>quiet</b> life.</i>
<b>relaxed</b>	Free from tension and anxiety. <i>Gave the impression of being quite <b>relaxed</b>.</i>
<b>relaxing</b>	Reducing tension or anxiety. <i>A <b>relaxing</b> massage with aromatherapy oils.</i>
<b>reposeful</b>	Having a calm and soothing quality; tranquil. <i>A <b>reposeful</b> haven.</i>
<b><u>soothing</u></b>	Having a gently calming effect. <i>Almond oil is renowned for its <b>soothing</b> properties.</i>
<b><u>tranquil</u></b>	Free from disturbance by heavy waves. <i>The sea was <b>tranquil</b>.</i>
<b><u>undisturbed</u></b>	Untroubled by interference or disturbance. <i>A quiet weekend of <b>undisturbed</b> tranquillity.</i>
<b>unhurried</b>	Capable of accepting delay with equanimity. <i>The singing is <b>unhurried</b>.</i>
<b>untroubled</b>	Free from turmoil or worries. <i><b>Untroubled</b> sleep.</i>



## Usage Examples of "Restful" as an adjective

- *The rooms were cool and restful.*
- *She spent a restful night at home.*



## Associations of "Restful" (30 Words)

### ambience

The character and atmosphere of a place.

*The relaxed **ambience** of the cocktail lounge is popular with guests.*

### calm

Make calm or still.

*Spoke in a **calm** voice.*

### calming

The act of appeasing (as by acceding to the demands of).

### calmly

In a sedate manner.

*He spoke slowly and **calmly**.*

### calmness

The state or condition of being free from disturbance or violent activity.

*Those who worked with him refer time and again to his **calmness** under pressure.*

### composed

Serenely self-possessed and free from agitation especially in times of stress.

*I felt calm and more **composed** than I had in a long time.*

<b>equanimity</b>	Steadiness of mind under stress. <i>He accepted their problems with composure and she with <b>equanimity</b>.</i>
<b>halcyon</b>	A woman who was turned into a kingfisher. <i>The <b>halcyon</b> days of the clipper trade.</i>
<b><u>hush</u></b>	Make (someone) be quiet or stop talking. <i>Management took steps to <b>hush</b> up the dangers.</i>
<b><u>idyllic</u></b>	Excellent and delightful in all respects. <i>His <b>idyllic</b> life in Tahiti.</i>
<b><u>imperturbable</u></b>	Not easily perturbed or excited or upset; marked by extreme calm and composure. <i>An <b>imperturbable</b> tranquillity.</i>
<b>noiseless</b>	Accompanied by or introducing no random fluctuations that obscure the real signal or data. <i>The 4000 1 and 4000 2 use an adaptive <b>noiseless</b> data algorithm to compress data in real time.</i>
<b>nonviolence</b>	Peaceful resistance to a government by fasting or refusing to cooperate.
<b>pacific</b>	Promoting peace. <i>The <b>pacific</b> temper seeks to settle disputes on grounds of justice rather than by force.</i>
<b>peaceable</b>	Not disturbed by strife or turmoil or war. <i>In a <b>peaceable</b> and orderly manner.</i>
<b>peaceful</b>	Peacefully resistant in response to injustice. <i><b>Peaceful</b> sleep.</i>
<b>peacetime</b>	A period of time during which there is no war. <i>In <b>peacetime</b> regiments were billeted upon towns and villages.</i>
<b><u>placid</u></b>	Not easily upset or excited. <i>Remained <b>placid</b> despite the repeated delays.</i>
<b>quiescent</b>	(pathology) causing no symptoms. <i>The <b>quiescent</b> melancholy of the town.</i>
<b>quietude</b>	A state of peace and quiet. <i>A moment of <b>quietude</b>.</i>
<b>relaxing</b>	Reducing tension or anxiety. <i>The warm water was very <b>relaxing</b>.</i>
<b>reticence</b>	The trait of being uncommunicative; not volunteering anything more than necessary. <i>The traditional emotional <b>reticence</b> of the British.</i>

<b><u>serene</u></b>	Calm, peaceful, and untroubled; tranquil. <i><b>Serene</b> skies and a bright blue sea.</i>
<b><u>serenity</u></b>	The state of being calm, peaceful, and untroubled. <i>An oasis of <b>serenity</b> amidst the bustling city.</i>
<b><u>stillness</u></b>	(poetic) tranquil silence. <i>An eerie <b>stillness</b> engulfed the camp.</i>
<b><u>tranquil</u></b>	Free from disturbance by heavy waves. <i>The sea was <b>tranquil</b>.</i>
<b><u>tranquility</u></b>	A disposition free from stress or emotion.
<b>tranquelize</b>	Cause to be calm or quiet as by administering a sedative to.
<b>tranquillity</b>	A state of peace and quiet. <i>Passing cars are the only noise that disturbs the <b>tranquillity</b> of rural life.</i>
<b>unflappable</b>	Having or showing calmness in a crisis. <i><b>Unflappable</b> in a crisis.</i>

